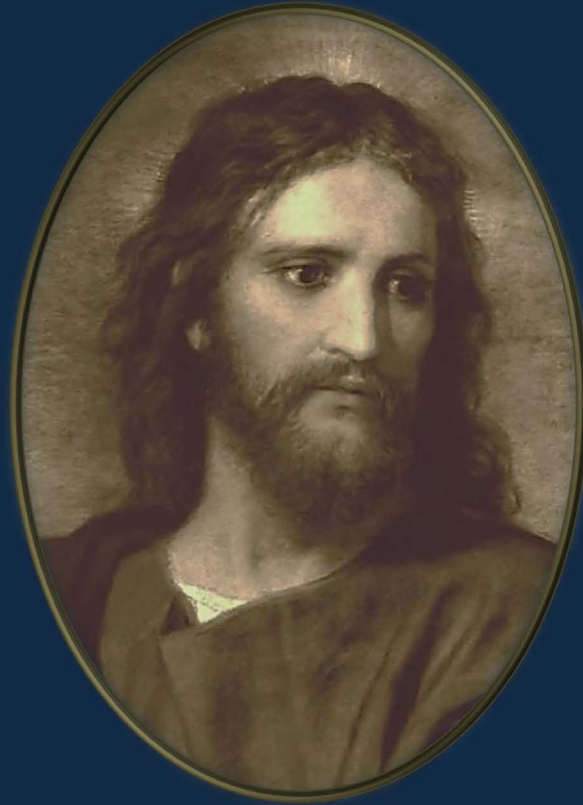




The Christian Academy of Truth



*"And ye shall know the truth, and the
truth shall make you free"*

John 8:32

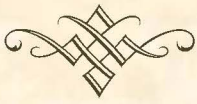
Chapter 3: The Spiritual Descent of Man



Published by the International Publications
Board of The Christian Academy of Truth

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Chapter 3: The Spiritual Descent of Man. First Edition.

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Important Reminder

As mentioned in the Introduction to these teachings, the eight chapters of The Christian Academy of Truth have been compiled in a very specific sequence and need to therefore be studied in none other than that particular sequence. That is, from the beginning of Chapter 1 all the way through to the end of Chapter 8. Lest one will become confused and thusly unable to correctly understand all of the information conveyed.

To read the Introduction, go to:

<https://www.thechristianacademyoftruth.org>



*“The only real difference between oneself and God is the extent
whereto one is no longer experiencing the infinitude of God”*





Foreword to the Chapters 3 to 5 of these Teachings

These three chapters serve to convey all of the correlations between the principles of Truth (the science of Life) and the methods of Truth (the art of living). That these correlations are but very seldom correctly understood is evidenced by the fact that by far the greatest majority of all religionists are only talking about the Truth and that they are, as such, only imagining themselves to practice the Truth instead of them to actually practice the Truth. As furthermore evidenced by the fact that nearly all of them are still living a materialistic / ungodly lifestyle instead of a spiritual / godly lifestyle. Wherefrom can be surmised that the biblical saying “The [spiritual] harvest truly is plenteous, but the [spiritual] labourers are few” (Matt. 9:37) is just as valid in these modern-day times as it was in the olden-day biblical times.

So, how does one ascertain oneself of all the relevant facts wherewith to properly motivate oneself to always righteously practice the Truth? Well, the threefold means thereto are for one to learn to understand:

1) the true reasons for one's spiritual downfall from God

To which purpose this third chapter (The Spiritual Descent of Man) is at first conveying the true-to-Life significance of every verse of the first three Genesis chapters and then the manner wherein the various processes of natural evolution need to be correctly understood within the context of the verity of spiritual creation.

2) the current extent of one's spiritual downfall from God

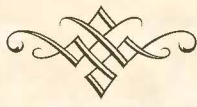
To which purpose Chapter 4 (The Current Status of Man) will at first be conveying how to restore the remembrance of one's divine status and then the true-to-Life significances of all the parables of the Lord Jesus and, lastly, the true modi operandi of all spiritual miracles.

3) how to spiritually re-ascend to God

To which purpose Chapter 5 (The Spiritual Ascent of Man) will at first be conveying the various aspects of one's spiritual re-awakening and then the true-to-Life significance of every verse of the Book of Revelation.

So, provided that all of the contents of these three chapters be clearly understood, then one will find oneself to be more than sufficiently motivated to keep on re-spiritualizing each and every aspect of one's everyday lifestyle.





The Contents of this Third Chapter

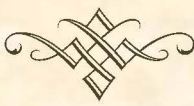
As heretofore mentioned, this third chapter serves to at first convey the necessary understandings of how one occasioned oneself to fall from the grace of God and then how all of the various theories of natural evolution need to be correctly understood within the context of the verity of spiritual creation.

Part I: The True-to-Life Significance of the First Three Genesis Chapters

- 1. The First Genesis Chapter: The Biblical Story of Creation*
 - 1.1. The Story of Creation as Narrated by Moses from a Cosmological Perspective*
 - 1.2. The Sequel to the Story of Creation as Narrated by Moses from a Terrestrial Perspective*
 - 1.3. The Realistic Meaning of the Six Days of Creation*
 - 1.4. The Cosmological Significance of God's Holy Trinity*
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Part II: How to Understand the Various Processes of Natural Evolution within the Context of the Verity of Spiritual Creation

- 4. Introduction to the Subject of Natural Evolution*
- 5. The Researches Already Conducted by a Variety of Different Scientists*
 - 5.1. The Research Conducted by Charles Darwin*
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- 6. The Theories and Verities of Natural Evolution*
 - 6.1. The Theory of Abiogenesis*
 - 6.1.1. The Assumptions Underlying that Theory*
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 - 6.2.1. The True Meaning of 'The Advent of Life'*
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6.2.3. The Astonishing Complexity of the DNA Molecules

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To Conclude this Third Chapter

Addendum: The True Meaning of the Biblical References to the Holy Trinity of God

An Overview of the Contents of the Fourth Chapter



Part I

The True-to-Life Significance of the First Three Genesis Chapters

The importance of one learning to understand the true-to-Life significance of the first three Genesis chapters cannot be overemphasized. For it is due to the lack of such understandings that one is all too often misinterpreting the meaning of many other biblical verses and that one is thusly, because of one then not living the right kind of lifestyle, actually preventing oneself from making any significant spiritual progress.

1. The First Genesis Chapter: The Biblical Story of Creation

1.1. The Story of Creation as Narrated by Moses from a Cosmological Perspective

The first ten verses of Genesis are conveying the true Origin and the true Nature of creation from a cosmological perspective. In this regard, let it be specifically noted that because of the lack of scientific knowledge amongst the general population in biblical times Moses had no alternative but to use all kinds of allegorical terms, such as the word 'waters' to denote all wavelike energies.

The Verse by Verse Explanations

"In the beginning God created the heaven and the earth" (Gen. 1:1)

In the beginning God created the heaven and the earth in thought form only. This practically means that He at first created (made to appear) all of His thought energies (relatively-long radiowave energies). Many of which He intended to strengthen into all of His intermediate energies and many of which intermediate energies He then intended to, within the human region of creation, gather together into the spherical forms of all His primordial subatomic particles. That is, into all of the electrons and all of the quarks that He knew would then naturally configure themselves into all of the required hydrogen atoms.

Note that in this verse, Moses did not pluralize the term 'heaven' to convey the notion that God intended to establish the [heavenly] archangelic region and the [heavenly] angelic region as two spatially adjoined regions. As opposed to the [earthly] human region, which He intended to establish as a spatially separate region.

Status report

At this earliest stage of creation, the whole of creation consisted of His uniformly dispersed thought energies.



“And the earth was without form, and void; and darkness was upon the face of the deep” (Gen. 1:2 – part 1)

As God had only created (made to appear) all of His thought energies, there were as yet no earthly appearances (the earth was without form) and no earthly substances (the earth was void).

As such, the phrase ‘darkness was upon the face of the deep’ serves to convey the notion that God had not yet strengthened any of these thought energies to such an extent that they would be invoking in His spiritual awareness the sensation of light.

Status report

No energetic changes

“And the Spirit of God moved upon the face of the waters” (Gen. 1:2 – part 2)

In this verse, the term ‘the Spirit of God’ is actually referring to ‘the willpowers of God’ or more precisely to ‘the mindpowers of God’. Thusly rendering the meaning of the term ‘moved upon’ as ‘manipulated’ while the term ‘the face of the waters’ is clearly referring to the wavelike thought energies.

Status report

At this stage of creation, God started to strengthen a large portion of His thought energies into what were to become all of His intermediate energies whilst leaving the remainder of such thought energies as they were.

“And God said, Let there be light: and there was light” (Gen. 1:3)

God continued to mentally strengthen that large apportionment of thought energies until they became all of His intermediate energies but not yet His X-ray energies and gamma ray energies. Moses chose to refer to all of these intermediate energies as ‘light’ by reason that they can or will – i.e. depending on the extent of one’s spiritual sensitivities – invoke in one’s spiritual awareness the impressions / sensations of light. That is:

- *as a human being, one can perceive only all ‘visible’ light energies as light*
- *as an angelic being, one can perceive all infrared energies and all ‘visible’ light energies and all ultraviolet light energies as light*
- *as an archangelic being, one is capable of perceiving every kind of intermediate energy as light*

Special notes

- *It will soon be explained that the angelic region of creation is a holographically structured region and that, as such, all heavenly substances are actually not consisting of subatomic particles but of all kinds of globular pulse waves. Thusly substantiating the fact that, in the spiritual awareness of all angelic beings, every kind of heavenly substance is bound to have a luminous appearance. Yet all of which luminous appearances are then in effect still belying as well the true invisible nature as the true invisible spirit of God. Wherefrom can be surmised that all angelic beings are even so still living under the spell of cosmic delusion but much less so than all human beings.*
- *That every human being is capable of restoring the fullest extent of his / her spiritual eyesight is*



biblically endorsed by the verses:

- ✓ *“The light of the body is the eye: therefore when thine eye is single, thy whole body also is full of light” (Luke 11:34)*

In this regard, note that – in order to maintain the logical sequencing of the explanations in this chapter – the conceptual difference between one’s single eye (as referred to by the Lord Jesus in this verse) and one’s spiritual eye (as often referred to in Eastern writings) will only be later explained. So, until then, the student is to temporarily understand both of them to mean one’s third eye.

- ✓ *“And [he] was transfigured before them: and his face did shine as the sun, and his raiment was white as the light” (Matt. 17:2)*

That transfiguration was not due to the Lord Jesus changing his outer appearance but was due to his disciples temporarily heightening their spiritual sensitivities.

- ✓ *“And, behold, the angel of the Lord came upon him, and a light shined in the prison” (Acts 12:7)*

In this verse, the terms ‘the angel of the Lord’ and ‘the prison’ are having as well a historical meaning as a metaphorical meaning, i.e. which metaphorical meaning needs to be correctly understood within the context of one’s own spiritual re-awakening. As will be duly explained in the fifth chapter of these teachings (The Spiritual Ascent of Man).

Status report

The whole of creation is now consisting of:

- i) *God’s uniformly dispersed thought energies*
- ii) *His uniformly dispersed intermediate energies but still to the exclusion of all X-ray energies and all gamma ray energies*

“And God saw the light, that it was good” (Gen. 1:4 – part 1)

God deemed the way wherein His intermediate energies were invoking the sensations of light in His spiritual awareness absolutely perfect (good) for the implementation of His grand scheme of cosmic delusion in as well the angelic region as the human region of creation.

Status report

No energetic changes

“And God divided the light from the darkness” (Gen. 1:4 – part 2)

By means of His mindpowers, God ‘relocated’ all of the intermediate energies towards the centre of His creation so as to establish what can be referred to as ‘the initial angelic region’. That effectively resulted in that initial angelic region then being the ‘light’ region of creation (full of light) and the archangelic region then being the ‘dark’ region of creation (devoid of light).

Status report

- *The archangelic region is now consisting of naught but thought energies.*



- The initial angelic region is now consisting of intermediate energies (excluding X-ray and gamma ray energies) and of thought energies.
- All of which energies remained, at this particular stage of creation, still uniformly dispersed throughout each region.

“And God called the light Day, and the darkness he called Night” (Gen. 1:5 – part 1)

Moses then equated the word ‘light’ to the word ‘day’ and the word ‘darkness’ to the word ‘night’ as per the colloquial expressions ‘the light of day’ and ‘the darkness of night’. Yet note that he also capitalized these words to draw one’s attention to the fact that all of such energies are in reality the mental powers of God.

Status report

No energetic changes

“And the evening and the morning were the first day” (Gen. 1:5 – part 2)

The significance of this verse will be explained in subsection 1.3 entitled ‘The Realistic Meaning of the Six Days of Creation’.

“And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters” (Gen. 1:6). “And God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament: and it was so” (Gen. 1:7)

Gen. 1:6 serves to convey the notion that God intended there to be a clear demarcation (macroscopic spherical radius / boundary / firmament) within that initial angelic region that would then be separating the final angelic region of creation from the human region of creation. That is, whose conceptual positioning would then be separating (dividing) all of the energywaves (waters) that He required to structurally configure the final angelic region of creation from all of the energywaves (waters) that He required to structurally configure the human region of creation.

Gen. 1:7 serves to convey the notion that God then established (i.e. conceptualized) the exact positioning of that macroscopic spherical radius / boundary / firmament. Whereafter He ‘relocated’, as depicted by the following before and after scenarios, all of the electromagnetic energies below that firmament towards the centre of creation (i.e. so as to start finalizing the formation of the human region). Thusly resulting in there then being a vast band of so-called empty space between the angelic region of creation and the human region of creation.

[View Figure 1](#)

“And God called the firmament Heaven” (Gen. 1:8 – part 1)

Moses chose to equate the word ‘firmament’ to the word ‘heaven’ to convey the notion that as well the heavenly archangelic region as the heavenly angelic region are spatially positioned beyond that firmament. And he capitalized the word ‘Heaven’ to draw one’s attention to the fact that absolutely nothing, not even the concept of that firmament, can ever be excluded from God.



Status report

No energetic changes

“And the evening and the morning were the second day” (Gen. 1:8 – part 2)

The significance of this verse will be explained in subsection 1.3 entitled ‘The Realistic Meaning of the Six Days of Creation’.

“And God said, Let the waters under the heaven be gathered together unto one place, and let the dry land appear: and it was so. And God called the dry land Earth; and the gathering together of the waters called he Seas: and God saw that it was good” (Gen. 1:9-10)

Let it first be re-iterated that, in this instance, the non-capitalized word ‘heaven’ is still collectively referring to as well the archangelic region of creation as the angelic region of creation.

The phrase ‘Let the waters under the heaven be gathered together unto one place and let the dry land appear’ practically means that, within the human region of creation, God:

- i) at first strengthened a large portion of His infrared and ‘visible’ light and ultraviolet light energies into a perfect ratio of X-ray energies and gamma ray energies*
- ii) then ‘gathered together’ all of such X-ray and gamma ray energies into the spherical forms of, respectively, all primordial electrons and all primordial quarks; all of which then became all of His primordial hydrogen atoms*

As such, the word ‘earth’ serves to collectively refer to each and every microcosmic spherical radius that appears to be dividing the outer environment from the inner environment of every spherical subatomic particle. While the word ‘seas’ then serves to collectively refer to all of the wavelike electromagnetic energies that all of such spherical subatomic particles are consisting of. Both of which terms, Moses again capitalized so as to convey the notion that the intrinsic liveliness of all such subatomic particles and of all such electromagnetic energies is in fact the liveliness of God Himself in His capacity as all of such objectified subatomic particles and electromagnetic energies.

Note that only thereafter – specifically so from Gen. 1:14 onwards – Moses changed the significance of the word ‘firmament’ from ‘the firmament as the Heaven’ to ‘the firmament of the heaven’.

Status report

At this particular stage of creation:

- *The archangelic region is consisting – even as it is today – of naught but thought energies.*
- *The angelic region is consisting of intermediate energies (excluding all X-ray and gamma ray energies) and of thought energies.*
- *The so-called vast band of empty space in between the interim angelic region and the human region is devoid – even as it is today – of all electromagnetic energies.*
- *The human region is consisting of all the different kinds of intermediate energies (including all X-ray and gamma ray energies) and of thought energies.*

A Compendium of Affiliated Notions that the Student Should be Aware of

The above ten verses of the story of creation as narrated by Moses from a cosmological perspective are



rendering no account of how the billions and billions of galaxies were formed in the human region of creation. And are neither rendering an account of how God energetically structured all of the galaxies in the angelic region of creation. And are neither rendering an account of all the so-called purgatory sub-regions in creation. As such, it is important for the student to also thoughtfully consider all of the following notions:

❖ ***How the Billions and Billions of Galaxies Were Formed in the Human Region of Creation***

In this regard, let the student be reminded of the following extracts from subsection 44.2 of Chapter 2 (The Principles of Truth):

7) Whereafter He allowed the natural processes within the human region of His creation to run their evolutionary course. That is, He allowed the gravitational forces to congregate most of His primordial hydrogen atoms into billions and billions of massive so-called first-generation suns. Whose interior layers then soon attained the necessary pressures and temperatures to support the thermonuclear fusion of their hydrogen atoms at first into helium atoms and then into heavier types of atoms.

8) At the end of the lifespan of such a first-generation sun, it is known to at first collapse unto itself and to then undergo what is scientifically known as **a supernova explosion**. During that explosion, most of its atoms are being widely dispersed throughout space but then start to coalesce into many so-called **second-generation galaxies**. Each of which is then at first consisting of a gigantic cloud of hydrogen atoms and heavier atoms but which are then reconfiguring themselves into a large number of so-called **third-generation solar systems**. Each of which solar systems is then consisting of a relatively much smaller sun and a variety of planets and moons and asteroids and comets.

In fact, it is not uncommon for astrophysicists to occasionally witness the occurrence of such a supernova explosion, which practically means that these kinds of evolutionary processes are even now still naturally occurring throughout the observable cosmos.

❖ ***How God Energetically Structured the Galaxies in the Angelic Region of Creation***

To energetically construct all of the galaxies in the angelic region of creation, God decided to use globular pulse waves instead of subatomic particles. Every which globular pulse wave He made to consist of but a few quantum lengths of 'visible' light energies and ultraviolet light energies but in such a way that such pulse waves would, in combination with one another, behave themselves as if they were subatomic particles:

[View Figure 2](#)

From this can be surmised that:

- It would be futile to try to technologically construct such a heavenly pulse wave. By reason that one would have to first somehow isolate the right kinds of energies (i.e. but a few quantum lengths of them) and one would then have to somehow superimpose them upon one another so as for them to then interactively form that spherical pulse wave.
- Because of there being no nuclear forces in the angelic region, all angelic beings can at will – i.e. by means of their heightened telekinetic powers – metamorphose any whichever smallish



heavenly object into any other smallish heavenly object.

- The following comparison is further substantiating the fact that all angelic beings are even so still subject to the spell of cosmic delusion, albeit to a lesser extent than all human beings:
 - in the human region of creation, the visual appearances of all earthly things are being dreamlike invoked in the spiritual awareness of all human beings due to their exposure to the light energies being emitted by or reflected from such earthly things
 - in the angelic region of creation, the visual appearances of all heavenly things are being dreamlike invoked in the spiritual awareness of all angelic beings due to their exposure to the various energies being emitted by or reflected from such heavenly things

❖ **The Purgatory Sub-Regions in Creation**

The word 'purgatory' is to not only be semantically understood¹ but also scientifically understood:

- As mentioned in section 8 of Chapter 1 (One's Spiritual Initiation), every major region in creation can be considered to consist of seven adjoined sub-regions. That is, of an outermost sub-region (its relatively most heavenly sub-region) and of an innermost sub-region (its relatively most hellish sub-region) and of five in-between sub-regions. It is such five in-between sub-regions in every major region that are altogether comprising the purgatory of that major region. There thusly existing in creation not just one but three purgatories, which practically means that:

If one is to follow the very long evolutionary road back to God (i.e. over the course of many millions of years) instead of the much shorter direct road back to God (i.e. over the course of but a few years), then one will have to do so via these three purgatories. That is, until such time that one has 'naturally' freed / purged oneself of all sins.

In this regard, note that the reason why, at the Second Council of Constantinople in A.D. 553, the church authorities decided to remove all of the references to the concept of reincarnation from the Holy Bible will be duly conveyed in the fourth chapter of these teachings (The Current Status of Man).

- When taking due cognizance of the above notions, then it should come as no surprise that at this particular stage of creation the archangelic region of creation is the most sparsely populated region, the angelic region of creation a more densely populated region, and the human region of creation by far the most heavily populated region. That is, by reason that most 'people' are only imagining themselves to practice the Truth instead of them to actually practice the Truth. As biblically endorsed by the verse "The harvest truly is plenteous, but the labourers are few" (Matt. 9:37).

This first subsection has clearly shown the first ten verses of the Holy Bible, as narrated by Moses from a cosmological perspective, to be perfectly reconcilable with as well the basic as the advanced principles of Truth in Chapter 2. As such, it is strongly suggested that the student henceforth keeps on daily

¹ That is, within the context of the verse "Help us, O God of our salvation [referring to God in His capacity as one's spiritual soul], for the glory of thy name: and deliver us, and purge away our sins, for thy name's sake" (Psalms 79:9).



reminding himself/herself that the whole of creation is actually a cosmological expression of God in His capacity as the Creator. As biblically endorsed by the verses:

- “All things [all electromagnetic energies] were made by him; and without him [without His mental powers] was not any thing made that was made” (John 1:3)
- “For by him were all things created, that are in heaven, and that are in earth, visible and invisible [respectively referring to all visible delusive appearances and all of His invisible electromagnetic energies], whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him: and he is before all things [He is the Originator of all things], and by him all things consist [He is the Sustainer of all things]” (Col. 1:16-17)
- “For there is no power but of God: the powers that be are ordained of God” (Rom. 13:1)

This verse serves to once again convey the notion that each and every force / energy / power in creation is actually a lively expression of God in His capacity as the all-powerful Creator.

1.2. The Sequel to the Story of Creation as Narrated by Moses from a Terrestrial Perspective

In the remainder of the first Genesis chapter, Moses continued to narrate the story of creation but now only from a terrestrial perspective. Which is why he no longer capitalized the words ‘heaven’ and ‘earth’, so as to convey the notion that these should now be understood to respectively refer to ‘the expanse / firmament of the sky surrounding the planet Earth’ and ‘the planet Earth itself’.

The Verse by Verse Explanations

“And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so. And the earth brought forth grass, and herb yielding seed after his kind, and the tree yielding fruit, whose seed was in itself, after his kind: and God saw that it was good” (Gen. 1:11-12)

Shortly after its formation, the planet Earth was still extremely hot and thusly incapable of supporting any organic life form. In due time, however, the planet started to cool down but was still featuring many volcanoes that were not only spewing out massive amounts of lava but also numerous particles of dust that were completely blocking out the light of the sun.

It is only after such volcanoes started to subside and the atmospheric dust began to settle that God, Who is present absolutely everywhere, decided to manifest Himself:

- i) at first in the form of the most rudimentary vegetal organisms (mosses and liverworts and hornworts and algae) that only required the faintest sunlight to photosynthetically release the oxygen from the carbon dioxide gases in the atmosphere
- ii) then in the form of somewhat more evolved vegetals (the primordial kinds of grasses and herbs and trees) that only required some diffused sunlight

All of which vegetals (vegetal life forms) were capable of reproducing themselves not because of one or



other chance-like event in Nature but because of God having endowed each and every one of them with such reproductive capabilities (i.e. in His lively capacity as such vegetals).

Hence that, with respect to all of the organic life forms on planet Earth, God at first manifested Himself as 'the vegetals whose seed was in itself, after his kind'.

“And the evening and the morning were the third day” (Gen. 1:13)

The significance of this verse will be explained in subsection 1.3 entitled ‘The Realistic Meaning of the Six Days of Creation’.

“And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years: and let them be for lights in the firmament of the heaven to give light upon the earth: and it was so. And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: he made the stars also. And God set them in the firmament of the heaven to give light upon the earth, and to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good” (Gen. 1:14-18)

Before rendering the true-to-Life significance of these verses, let the student first take note of the following facts:

- 1) the sun and the moon and the stars were already cosmologically existing by reason that – to mention but one indisputable fact – the aforementioned vegetal life forms could never have survived on the surface of the Earth without them having been exposed to at least some of the vitalizing energies of the sun*
- 2) from here onwards Moses changed the meaning of the firmament as the Heaven to the firmament of the heaven, so as to henceforth refer only to ‘the vast expanse of space surrounding planet Earth’*

The correct interpretation of these five verses can now be relayed as follows:

Up until the end of the third cosmic day, the heavy cloud coverings occasioned the surface of the planet Earth to receive only some faint / diffused sunlight. Hence that, from a terrestrial perspective, it would have appeared as if the sun and the moon and the stars ‘had not yet been made’. Yet, all of which then started to become all the more visible as the planet continued to cool down and the volcanoes to subside and the atmospheric dust to settle. Biblically referred to as “And God made [to appear] two great lights; the greater light to rule the day, and the lesser light to rule the night: he made [to appear] the stars also” (Gen. 1:16).

With respect to these verses, furthermore specifically note that:

As will be duly explained in Chapter 4 (The Current Status of Man), the subphrase ‘and let them be for signs’ is to be understood from an astrological perspective. And that the subphrase ‘and [let them be] for seasons, and for days, and for years’ is to be understood from a terrestrial perspective by reason that such cyclical events are being occasioned by, respectively, the tilt of the Earth and the everyday rotation of the Earth around its axis and the annual orbit of the Earth around the sun.



“And the evening and the morning were the fourth day” (Gen. 1:19)

The significance of this verse will be explained in subsection 1.3 entitled ‘The Realistic Meaning of the Six Days of Creation’.

“And God said, Let the waters bring forth abundantly the moving creature that hath life, and fowl that may fly above the earth in the open firmament of heaven. And God created great whales, and every living creature that moveth, which the waters brought forth abundantly, after their kind, and every winged fowl after his kind: and God saw that it was good. And God blessed them, saying, Be fruitful, and multiply, and fill the waters in the seas, and let fowl multiply in the earth” (Gen. 1:20-22)

These verses serve to endorse the fact that God – Who is the essence of all Life and Who is thusly present absolutely everywhere – then decided to manifest Himself as a wide variety of progressively more complicated life forms in the sea and in the air.

In this regard, note that the original Hebrew words ‘gādōl tanniyn’ ought to not have been translated as ‘great whales’ but as ‘many sea creatures’. And furthermore specifically note that Moses correctly predated the emergence of all birds (winged fowl) to the emergence of all reptiles (creeping things). Which is of course directly opposed to the belief of so many evolutionary theorists that all avian life forms (birds) must have somehow evolved from the reptilian life forms (reptiles) yet whose faulty reasonings will be duly exposed in the second Part of this third Chapter.

“And the evening and the morning were the fifth day” (Gen. 1:23)

The significance of this verse will be explained in subsection 1.3 entitled ‘The Realistic Meaning of the Six Days of Creation’.

“And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so. And God made the beast of the earth after his kind, and cattle after their kind, and every thing that creepeth upon the earth after his kind: and God saw that it was good” (Gen. 1:24-25)

It was during the so-called Cambrian period (spanning the first 100 million years of the Paleozoic era) that God decided to manifest Himself as a wide variety of amphibian and reptilian and mammalian animals. Many of which prehistoric animals did become extinct due to their failure to adapt themselves to their ever-changing environments. While others did become so resilient that they eventually evolved into all modern-day amphibian and reptilian and mammalian animals.

“And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth” (Gen. 1:26)



As indicated by the word 'them' in 'and let them have dominion', the word 'man' in the phrase 'And God said, Let us make man in our image, after our likeness' serves to denote 'mankind'. In other words, that phrase is to be understood to mean that God then manifested Himself as a multitude of male and female human beings. While the words 'us' and 'our' serve to denote the three aspects of His Holy Trinity.

The phrase 'And let [each of] them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth' serves to convey the notion that every such first human being was initially endowed with global mental powers. But which they all too soon deprived themselves of because of their insistence to live a materialistic lifestyle instead of a spiritual lifestyle (as so conveyed by Moses in the third Genesis chapter).

“So God created man [mankind] in his own image, in the image of God created he him [mankind]; male and female created he them” (Gen. 1:27)

The first portion of this verse, which effectively means that God made to appear every first human being in His own [energetic] image and after His own [operational] likeness', serves to convey the notion that every such first human being was an individualized expression of God. As can also be surmised from the fact that absolutely nothing can ever be excluded from the infinitude of God.

The last portion of that verse 'male and female created He them' serves to convey the notion that, from a worldly / exoteric perspective, every such first human being had to be either male or female so as to ensure the propagation of the human race. Yet let it be duly noted that, from a spiritual / esoteric perspective, every human being is actually a pure spirit and thusly neither male nor female. As biblically endorsed by the verse “There is ... neither male nor female: for ye are all one in Christ Jesus” (Gal. 3:28).

“And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth” (Gen. 1:28)

The phrase 'And God blessed them' serves to convey the notion that, at that particular stage, all of such first human beings were still fully aware of their inner blissful feelings.

The next phrase 'and God said unto them, Be fruitful and multiply and replenish the earth' serves to convey the notion that God expected them to righteously pro-create themselves.

The last phrase 'And subdue it [the Earth]: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth' serves to convey the notion that it is mankind's responsibility to take due care of the Earth and of all its living creatures.

“And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat” (Gen. 1:29)

This verse serves to unambiguously declare the natural diet of man to consist of all kinds of raw vegetables and herbs (every herb bearing seed) and of all kinds of fresh fruits and nuts and seeds (the fruit of a tree



yielding seed)². Wherefrom can be surmised that:

- i) the original Hebrew word 'ôklâh' in that verse ought to not have been translated as 'meat' but as 'food'
- ii) it is unnatural for man to consume any kind of meat (the flesh of animal corpses) and it is also unnatural for man to consume any kind of denaturalized food (highly refined foods, junk foods)³

“And to every beast of the earth, and to every fowl of the air, and to every thing that creepeth upon the earth, wherein there is life, I have given every green herb for meat [food]: and it was so” (Gen. 1:30)

This verse serves to convey the notion that the original diet of all other land creatures even so consisted of all kinds of plant foods.

As such, let it be duly acknowledged that the subsequent emergence of the predatory instincts within many animal species was actually due to the telepathically transmitted suggestions of all kinds of demonically-minded beings and satanically-minded beings⁴. Thusly explaining why, over the course of millions of years, many such animals changed their biological make-up and their physiological make-up to that of a predator.

“And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day” (Gen. 1:31)

The phrase 'And God saw every thing that he had made, and, behold, it was very good' serves to convey the notion that God was satisfied with how He transcendently manifested Himself as all of the objectified and all of the subjectified aspects of creation.

The true-to-Life significance of 'and the evening and the morning were the sixth day' is now explained in subsection 1.3.

1.3. The Realistic Meaning of the Six Days of Creation

The Hebrew word 'yôm', which the erstwhile biblical scholars translated as 'day', can actually refer to any period of time that is spanning the passage of a cyclical event or the transition from one milestone event to another milestone event. And can thusly also refer to, for instance, a season or a lifetime or a millennium or an eon. As Peter tried to explain by way of saying "But, beloved, be not ignorant of this one thing, that one [cosmic] day is with the Lord as a thousand [terrestrial] years, and a thousand [terrestrial] years as one [cosmic] day" (2 Peter 3:8). As such, wherever Moses used the Hebrew word 'yôm' in the first Genesis chapter, then such is referring to 'the timespan that God required to complete a specific phase of His creation'. Which, in some cases, was a period of several billions of terrestrial years and, in other cases, several millions of terrestrial years.

² The only exception thereto are all human babies, which need to of course be fed with their mother's milk until such time that they are capable of appropriately chewing solid foods.

³ The scientific reasons thereto will be duly conveyed in the sixth chapter of these teachings (The Basic Methods of Truth)

⁴ In somewhat the same way that one, as a human being, is bound to be negatively affected by the 'bad vibes' of another human being.



That the 'six days of creation' were not terrestrial days can also be surmised from the repeated use of the words 'evening' and 'morning'. That is:

The word 'evening' is traditionally referring to the latter part of the day (from late afternoon until sunset) and the word 'morning' to the first part of the day (from sunrise until noon). Thusly leaving the periods from midnight until sunrise and from noon until late afternoon and from sunset until midnight unaccounted for in the biblical story of creation. Wherefrom can be surmised that Moses used the words 'evening' and 'morning' not in a literal sense but in a metaphorical sense. That is, their use was meant to convey the notion that the passage of every major stage of creation was metaphorically bringing to light (heralding) the next major stage of creation even as it can be said that the passage of the olden-day dark ages brought to light (heralded) the advent of the modern-day supposedly more enlightened ages. Hence that Moses referred to every preceding (metaphorically darker) period as 'the evening' and every subsequent (metaphorically lighter) period as 'the morning'.

So, if one is prepared to acknowledge the fact that the six days of creation were not six terrestrial days but six cosmic days, then the many billions of years over which God made His entire creation to appear can be realistically understood as follows:

✓ *As narrated by Moses from a cosmological perspective:*

- 1) *During the first part of the first stage of His creation, God made to appear all of His thought energies.*

During the second part of the first stage of His creation, God strengthened a large portion of all such thought energies into His intermediate energies (but not yet into His X-ray energies and gamma ray energies).

During the third part of the first stage of His creation, God 'relocated' all of such intermediate energies towards the centre of His creation so as to establish the initial angelic region.

- 2) *During the second stage of His creation, God at first decided upon the positioning of the firmament and then selectively 'relocated' to the would-be human region all of the energies that He required to configure that human region.*

- 3) *During the first part of the third stage of creation, God finalized the structural configuration of the human region by way of:*

- i) *strengthening a large portion of its infrared and 'visible' light and ultraviolet light energies into a perfect ratio of X-ray energies and gamma ray energies*
- ii) *then 'gathering together' all of such X-ray energies and gamma ray energies into the spherical forms of all the primordial electrons and all the primordial quarks of all the primordial hydrogen atoms*

Special note

Although not so narrated by Moses, during that first part of the third stage of creation, God also finalized the structural configuration of all the holographic galaxies in the angelic region. And He allowed the evolutionary processes in the human region to follow their



natural course, i.e. to occasion the formation of the first-generation suns and of the second-generation galaxies and of the third-generation solar systems.

✓ *As narrated by Moses from a terrestrial perspective:*

During the second part of the third stage of creation, God transcendently manifested Himself as the planet's earliest vegetal life forms (growing in faint / diffused sunlight).

4) During the fourth stage of creation, God allowed the evolutionary processes to clear the Earth's atmosphere, which resulted in the then distinct appearances of the sun and the moon and the stars and thusly also in a greater proliferation of all vegetal life forms.

5) During the fifth stage of creation, God transcendently manifested Himself as the planet's aquatic and avian life forms.

6) During the sixth stage of creation, God transcendently manifested Himself as the planet's amphibian and reptilian and mammalian animals and as all first human beings.

1.4. The Cosmological Significance of God's Holy Trinity

The fact that God is an infinite spirit practically means that He is present absolutely everywhere and thusly not only absolutely everywhere above His creation (past the spatial boundaries of creation) and beyond His creation (underlying all creation) but also absolutely everywhere as His creation (throughout all creation). Well, it is in His capacity as all creation that the three correlated aspects of His Holy Trinity need to be correctly understood.

1.4.1. The Energetic Constituents of God's Holy Trinity

That God's Holy Trinity is actually comprising the whole of creation can be rather easily surmised from the following reasoning:

If one is to all the more actualize one's spiritual growth within the ambit of creation, then one will have to at first regain one's Holy Ghost awareness and then one's Christ awareness and then one's Cosmic awareness. Yet, this also practically means that one will have to then at first become at one with all of the subatomic energies in creation and then with all of the intermediate energies in creation and then with all of the thought energies in creation. Which is why from a biblical perspective:

- i) the term 'God the Father' is actually referring to God in His capacity as all of the thought energies in creation*
- ii) the term 'God the Son' is actually referring to God in His capacity as all of the intermediate energies in creation*
- iii) the term 'God the Holy Ghost' is actually referring to God in His capacity as all of the subatomic energies in creation*

The perfect 'at oneness of that Holy trinity' thusly being substantiated by the fact that the subatomic energies of God are actually the strengthened versions of many of His intermediate energies, which intermediate energies are in turn the strengthened versions of many of His thought energies.



1.4.2. How to Esoterically Reunite Oneself with God's Holy Trinity

When now duly acknowledging the term 'God the Son awareness' to be synonymous with the term 'Christ awareness'⁵ and the term 'God the Father awareness' to be synonymous with the term 'Cosmic awareness', then the three consecutive ways wherein to esoterically re-identify oneself with the Holy Trinity of God can be relayed as follows:

- ✓ to regain one's Holy Ghost awareness, one will have to learn how to esoterically re-experience all of the subatomic particles of God at first within one's human body and then throughout the entire human region of creation.

The need thereto being explicitly relayed by the verse, "What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?" (1 Cor. 6:19).

- ✓ to thereafter regain one's Christ awareness, one will have to learn how to esoterically re-experience all of the intermediate energies of God at first within one's human body and then throughout as well the entire human region of creation as the entire angelic region of creation. The need thereto being implicitly relayed by the verse "Ye are the light of the world [i.e. all of the intermediate energies in the world]" (Matt. 5:14).

- ✓ to thereafter regain one's Cosmic awareness, one will have to learn how to esoterically re-experience all of the thought energies of God again at first within one's human body and then throughout as well the entire human region of creation as the entire angelic region of creation as the entire archangelic region of creation.

The need thereto being implicitly relayed by the verse, "Be ye therefore perfect, even as your Father which is in heaven is perfect" (Matt. 5:48).

To Conclude this First Section

As can be surmised from the above explanations, all of the verses in the first Genesis chapter are perfectly reconcilable with the science of Life as conveyed in the second chapter of these teachings (The Principles of Truth).

What the Holy Trinity of God is concerned, the addendum to this third chapter serves to convey the true-to-Life significances of all other verses in the Holy Bible that are specifically referring to either one or two or all three aspects of that Holy Trinity. However, by reason that some of the affiliated notions thereto are only being conveyed in the remainder of this chapter, the student is to only study that addendum after having completed the study of this entire chapter.

⁵ As biblically endorsed by the verse "But Jesus held his peace. And the high priest answered and said unto him, I adjure thee by the living God, that thou tell us whether thou be [re-expanded thine awareness to] the Christ, the Son of God" (Matt. 26:63).



2. *The Second Genesis Chapter: The Physiological Make-Up of Man*

The second Genesis chapter is metaphorically conveying how God constructed the physiological body of every first human being with a special emphasis on how He endowed every such first human being with seven cerebrospinal centres of awareness.

In this regard, note that the term 'the physiological body of man' is meant to be inclusive of as well the genetic make-up of man as the biological make-up of man as all of the other physical characteristics of man.

Some Preliminary Concepts and Notions

Concerning the metaphorical contents of the second Genesis chapter

That the contents of the second Genesis chapter are to be differently understood than the contents of the first Genesis chapter can be surmised not only from the use of certain metaphorical terms such as 'the tree of knowledge of good and evil' but also from the following two seemingly irreconcilable differences:

- *in Gen. 2:1-2, Moses declared the creation of the heavens and the earth and all the host of them (all living creatures including all first human beings) to be finished yet he again narrated the advent of man from Gen. 2:7 onwards*
- *unlike in the first Genesis chapter, Moses sequenced the emergence of all earthly creatures in the second Genesis chapter from all vegetals to human life (Adam) to all animals to human life (Eve)*

Both of which seemingly irreconcilable differences will continue to confound biblical scholars until they are prepared to acknowledge the true-to-Life significances of all the verses in that second Genesis chapter.

Concerning the physiological make-up of man

The student is no doubt aware of the fact that the genetic and the biological make-up of all human beings is not all that different from the genetic and the biological make-up of all other vertebrates (i.e. in terms of the DNA structures and skeletal formations and nervous systems and visceral organs and muscular tissues, and so on). This does not mean, however, that man somehow naturally evolved from such animals but it does mean that God had to necessarily incorporate into the body of man many of the genetic and biological features that He theretofore incorporated into the bodies of such animals. In much the same way that a painter is known to use the same basic colours to paint a wide variety of different portraits and an architect is known to use the same basic blueprints to design a wide variety of different buildings.

Concerning the seven cerebrospinal centres of awareness in man

Every human being is living the kind of lifestyle that is commensurate with his / her predominant level of awareness. As such, it can be unequivocally stated that the more spiritually elevated (less spiritually elevated) one's predominant level of awareness, the more righteous (less righteous) will be one's everyday attitudes and one's everyday behaviours. Every which predominant level of awareness is the result of how one is occasioning one's cerebrospinal energies to flow through one's cerebrospinal centres of awareness. All seven of which God had to necessarily incorporate into the physiological make-up of man, so as to



ensure that all human beings would be subject to the spell of cosmic delusion ⁶.

Special notes

- A distinction needs to be maintained between the two particular ways wherein God had to impose the spell of cosmic delusion upon all of His earthly creatures. The following explanations will however, because of them pertaining only to the second Genesis chapter, only convey the manner wherein He imposed that spell of cosmic delusion upon all human beings.
- The explanations in Chapter 5 of these teachings (*The Spiritual Ascent of Man*) will clearly show that, throughout the twenty-two chapters of his Book of Revelation, St John is again and again referring to the different aspects of these seven cerebrospinal centres of awareness as:
 - the seven churches
 - the seven spirits
 - the seven golden candlesticks
 - the seven stars
 - the seven angels
 - the seven lamps of fire
 - the seven seals
 - the seven eyes
 - the seven trumpets
 - the seven thunders
 - the seven heads
 - the seven crowns
 - the seven golden vials full of the seven last plagues
 - the seven mountains
 - and the seven kings

Now, the way wherein one needs to re-acknowledge the actual existence of these seven cerebrospinal centres of awareness can be relayed as follows:

- One's **nervous system** can be defined as 'that part of one's biological make-up that is enabling one to dynamically interface and interact with as well one's inner environment as one's outer environment'.
- That entire nervous system is consisting of several hundreds of billions of nerve cells known as **neurons**, all of which are communicating with one another by means of their **neurotransmitters**, i.e. by way of them exchanging with one another certain chemical substances and electrical impulses.
- From a structural perspective, one's nervous system is consisting of:
 - i) the **central nervous system**: the brain and the spinal cord
 - ii) the **peripheral nervous system**: the cranial nerves (the nerves branching out from the brain) and the spinal nerves (the nerves branching out from the spinal cord)

Which is in turn consisting of:

- the **involuntary nervous system**: that part of the peripheral nervous system that is ordinarily

⁶ As biblically endorsed by the verse, "And for this cause God shall send them strong delusion, that they should believe a lie: that they all might be damned who believed not the truth, but had pleasure in unrighteousness" (2 Thess. 2:11-12).



beyond one's control, regulating the workings of the internal organs (heart, stomach, intestines, blood vessels, and so on) and of the glands (such as the salivary glands and the sweat glands)

- the **voluntary nervous system**: that part of the peripheral nervous system that is ordinarily within one's control, wherewith to control all of one's bodily movements and one's facial expressions

In this regard, note that:

- the nerves (nerve wires) that are carrying the signals from the brain and from the spinal cord to the peripheral parts of the body are known as the **efferent nerves**
- the nerves (nerve wires) that are carrying the signals from the peripheral parts of the body to the spinal cord and to the brain are known as the **afferent nerves**

As such, from a functional perspective, the **sensory nervous system** (mainly consisting of afferent nerves) is an integral part of the involuntary nervous system. While the **motor nervous system** (mainly consisting of efferent nerves) is an integral part of the voluntary nervous system.

Wherefrom can be surmised that one's entire nervous system can actually be likened unto a very sophisticated telephone system that is consisting of:

- a central exchange (the white and grey brain cells)

In this regard, duly note that it was medically verified that not only one's brain and spinal cord but also, to a lesser extent, one's every major organ and every major nerve plexus (as hereafter defined) is actually containing white and grey brain cells.

- many kilometres of telephone wires (all of the efferent and afferent nerves)
- In many locations throughout the body, the neurons are grouped together into **nerve plexuses**. Most of these are minor ones but seven of them are much larger ones, including the cranial brain (the largest one) and the solar plexus (the second largest one).

Unlike all of the smaller ones, these seven large nerve plexuses are directly deriving their vitalities / energies from what is metaphysically known as the seven centres of awareness in the cerebrospinal axis, i.e. whose energetic operations are being conditioned by the kind of awareness that one chooses to uphold.

When now considering the energy flows from these seven cerebrospinal centres of awareness into the seven major nerve plexuses, then every such cerebrospinal centre is fulfilling the role of an energy distribution centre and every such major nerve plexus is fulfilling the role of an energy container / vessel (somewhat comparable to a battery).

Special note

The Lord Jesus emphasized the relevance of one's solar plexus to one's spiritual growth when he declared, "He that believeth on me [my universal Christ awareness], as the Scripture hath said, out of his belly [the solar plexus] shall flow [an abundance of] rivers of living water [energies]" (John 7:38).

- From a metaphysical perspective, the vertical alignment of the seven cerebrospinal centres of awareness along one's cerebrospinal axis can be portrayed as follows:

View Figure 3



The explanations pertaining to that Figure 3:

- These seven major centres of awareness (marked as ✨) are being referred to in the Hindu scriptures as the seven **chakras**⁷.
- The medulla oblongata serves to fulfil a dual purpose:

- i) As an energy production centre in that it is the only location in the body wherein one can willfully generate a flow of heavenly energies. Which is why the medulla oblongata is being referred to in the Holy Bible as 'the mouth of God [in man]', such as in the verse:

“Man shall not live by bread alone [earthly energies], but by every word [heavenly energy] that proceedeth out of the mouth of God [one's medulla oblongata]” (Matt. 4:4).

Yet bear in mind that the way wherein one is willfully generating such heavenly energies in one's medulla oblongata is always in exact accordance with as well one's righteous desires as one's unrighteous desires (thusly resulting in an either more harmonious or a more chaotic flow of such heavenly energies).

- ii) As an energy distribution centre in that it is also one's principal chakra, i.e. whence all of such heavenly energies are being distributed to and through the six lower chakras.

As such, to assist the student to maintain a clear distinction between these two functionalities, the medulla oblongata will be henceforth referred to as:

- i) the **medulla oblongata** when the explanations thereof are pertaining to its role as an energy production centre (i.e. as the mouth of God in man)
- ii) the **medulla chakra** when the explanations thereof are pertaining to its role as an energy distribution centre (i.e. as the principal chakra)

Special note

From a biological perspective, the structural composition of the medulla oblongata can be portrayed as follows:

[View Figure 4](#)

- The conceptual difference between the single eye and the spiritual eye can now be explained as follows:
 - ❑ the term 'the single eye'⁸ is referring to the way wherein all of the intermediate energies in one's human body can be introspectively perceived as light.
 - ❑ the term 'the spiritual eye' is a much more specific term in that it is also referring to the way wherein one can perceive the actual flow of such energies from one's medulla oblongata to and through one's seven cerebrospinal chakras into all of one's bodily cells. It is that inner vision – which will appear to be suspended in front of one's forehead but which one is actually experiencing only in one's spiritual awareness – that is being

⁷ The Sanskrit word 'chakra' literally means 'a wheel made of spokes' and can thusly also be used to refer to 'something that is radiating spokes of energies'.

⁸ As distinctly mentioned in the verse, “The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light” (Matt. 6:22).



altogether referred to by all Hindu followers as 'the spiritual eye'. The practicalities whereof can be relayed as follows:

The more profoundly one meditates, the sooner that spiritual eye will begin to manifest itself in the form of a tiny white star surrounded by an opal-blue disk that is in turn surrounded by a golden halo. The overall semblance whereof can be portrayed as follows:

View Figure 5

In this regard, note that the golden halo serves to draw one's attention to one's Holy Ghost awareness, the opal-blue disk to one's Christ awareness, and the tiny white star to one's Cosmic awareness.

Provided that one continues to profoundly meditate on an everyday basis, then that tiny white star will eventually reveal itself to actually consist of a telescopic succession of seven stars (the same seven stars that St John is referring to in his Book of Revelation). These are the seven stars (chakras) wherethrough one is to superconsciously project one's awareness if one is to regain at first one's Holy Ghost awareness and then one's Christ awareness and then one's Cosmic awareness. As such, it is important for the student to understand that the clarity or the lack of clarity of that spiritual eye is a clear indication of the current extent of one's spiritual growth. That is, of the extent whereto one already raised or not yet raised one's predominant awareness in one's cerebrospinal axis towards the medulla oblongata (the mouth of God in man).

Note that the verity of these statements is being substantiated by the fact that those having had a near-death experience often reported to have passed through a dark tunnel (the cerebrospinal axis) towards a bright light (the medulla oblongata). Where they then felt the presence of a divine being and / or of deceased family members and / or of deceased friends. The vivid experiences whereof at times triggered in such clinically revived patients the very strong desire to thenceforth live a much more spiritual lifestyle.

Lastly note that in the Holy Bible the central star of that spiritual eye is also variedly referred to as 'the star of the East' and 'the star of Bethlehem'. While, in other sacred scriptures, the spiritual eye itself is also being variedly referred to as, for instance, 'the third eye' and 'the inner eye' and 'the eye of intuition' and 'the eye of Shiva'.

➤ *During the course of one's daily meditations, it is suggested that one envisions the following spatial positionings of one's seven chakras along the cerebrospinal axis:*

- ❖ *the medulla chakra: at the juncture of the brain and the spinal cord*
- ❖ *the cranial chakra: just below the top of the skull*
- ❖ *the throat chakra: in the spine across the base of the neck*
- ❖ *the heart chakra: in the spine at about the same height as the biological heart*
- ❖ *the lumbar chakra: in the spine at about the same height as the navel*
- ❖ *the sacral chakra: about 5 cm above the base of the spine*

❖ *the coccygeal chakra: just above the base of the spine*

As portrayed by the following picture:

[View Figure 6](#)

As such, let it be duly acknowledged that the spiritual eye is not a chakra but only a visual representation in one's spiritual awareness of how God's heavenly energies are flowing from one's medulla oblongata to and through one's seven chakras into all of one's bodily cells. Thusly allowing one to steer one's awareness all the way back to God in His capacity as one's spiritual soul.

- *From a visual perspective, every chakra will appear to be pristinely white at its core but to outwardly radiate its own characteristic rainbow colour (collectively referred to by St John in his Book of Revelation as 'a rainbow round about the throne'). Every which different rainbow colour is due to every chakra energetically operating at its own range of frequencies, as will be duly explained in Chapter 5 (The Spiritual Ascent of Man).*
- *Most people are still unaware of the fact that the kind of lifestyle that they are currently pursuing is actually due to them having subconsciously affixed their predominant awareness almost exclusively to one of the seven chakras. The materialistically-minded person to one of the three lower chakras below the heart chakra and the spiritually-much-more-advanced person to one of the three higher chakras above the heart chakra.*

To conclude these preliminary concepts and notions, it is important for one to duly acknowledge the true purpose of all one's meditation sessions, which is:

- ✓ *to withdraw / disentangle the mind from the drama of cosmic delusion*
- ✓ *to thusly restore one's peace of mind*
- ✓ *to thusly become all the more aware of the heavenly energies flowing through one's seven chakras*
- ✓ *to thusly spiritually raise one's predominant awareness in the cerebrospinal axis, allowing one to regain at first one's Holy Ghost awareness and then one's Christ awareness and then one's Cosmic awareness and finally one's Infinite awareness*

As biblically endorsed by the verse, "Be still [within yourself], and know that I am God [your true Self]" (Psalms 46:10)

The Verse by Verse Explanations

"Thus the heavens and the earth were finished, and all the host of them" (Gen. 2:1)

This verse serves to confirm that God had finished creating the heavens and the earth and all of the host of them (i.e. including all living creatures), which practically means that all of the verses pertaining to the advent of man in this Genesis chapter are to be differently understood than those in the first Genesis chapter.

"And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it:



because that in it he had rested from all his work which God created and made” (Gen. 2:2-3)

God declared that seventh [cosmic] day holy not for His own benefit but for the benefit of all mankind. That is, He inspired Moses to institute the tradition of the sabbath day as a constant reminder that one is to dedicate no less than the entire duration of every seventh [terrestrial] day to as well one's own spiritual growth as the spiritual growth of others.

Furthermore note that in the subphrase 'because that in it he had rested from all his work which God created and made', the word 'created' is meant to refer to God in His capacity as an infinite spirit and the word 'made' is meant to refer to God in His capacity as the Holy Trinity.

“These are the generations of the heavens and of the earth when they were created, in the day [during the period] that the LORD God made [conceptually designed] the earth and the heavens, and every plant of the field before it was in the earth, and every herb of the field before it grew: for the LORD God had [during that design stage] not [yet] caused it to rain upon the earth, and there was not a man to till the ground” (Gen. 2:4-5)

Before explaining how God energetically configured the physiological make-up of every first human being (but there was not a man to till the ground), Moses chose to draw one's attention to the fact that God had to necessarily first plan His creation before He could actualize it. Wherefrom can be surmised that, from an overall perspective, there had to be three consecutive stages (generations) to creation:

1) the first stage (the conceptualization of creation)

God at first conceptually designed His entire creation, which practically means that He at first envisaged all of the different kinds of electromagnetic energies and subatomic particles that He would require to energetically structure and configure His entire creation. Which is why Moses specifically included the subphrase 'and every plant of the field before it was in the earth, and every herb of the field before it grew'.

2) the second stage (the objectification of creation)

God then actually manifested Himself as all of the 'objective' energywaves (electromagnetic energies) of the three habitable regions of creation.

3) the third stage (the subjectification of creation)

God then actually manifested Himself as all of the 'subjective' life forms within the three habitable regions of creation.

As such, it is important for one to maintain a clear distinction between that initial planning 'day' of creation (i.e. during which God conceptually designed His creation) and the subsequent six operational 'days' of creation (i.e. during which He energetically actualized His creation).

The last portion of Gen. 2:5 – which is clearly referring to the human region of creation only – needs to therefore be understood as follows:

i) 'for the LORD God had not caused it to rain upon the earth'

Straightway after God objectified Himself as the human region of creation, He had not yet subjectified Himself as any of its life forms. That is, He had not yet begun to pour out (rain) those particular



aspects of His spirit upon those earthly atoms (the earth) wherewith He intended to form their earthly bodies.

ii) 'and there was not a man to till the ground'

Although not directly obvious, this subphrase serves to convey the notion that the true meaning of the forthcoming verses will have to be primarily understood within the context of the physiological make-up of man.

“But there went up a mist from the earth, and watered the whole face of the ground. And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul” (Gen. 2:6-7)

The true meaning of these verses can be relayed as follows:

- The subphrase 'But there went up a mist from the earth' is meant to convey the notion that God poured / rained His spirit (i.e. His mindpowers) upon those atoms of the soil (earth) that He required to genetically and biologically configure into the first unicellular human embryos (God formed man from the dust of the ground). And such not only at one location but at various locations in the erstwhile warm and moist top layer of the earth (the whole face of the ground), which top layer thusly served to fulfil the role of a natural incubator at that time. Even as, in the present day, a living cell can be kept alive and can be cultivated and grown in a so-called Petri dish.
- The subphrase 'And breathed into his nostrils the breath of life; and man became a living soul' practically means that God then occasioned every such unicellular human embryo to replicate itself. To divide itself at first into two cells (breathed into its nostrils the breath of Life) and then into a multiplicity of many other human cells (and man became a living soul). In this respect, note that the scientific details pertaining to the genetic aspects thereof (i.e. in terms of the human DNA and RNA structures) will be at length explained in Part II of this Chapter.

Wherefrom can be surmised that:

- One is in reality never ever separate from God, by reason that:
 - ✓ what one believes to be one's own spirit is actually an integral part of God's infinite spirit
 - ✓ what one believes to be one's own mind is actually an integral part of God's infinite mind
 - ✓ what one believes to be one's own body is actually an integral part of God's cosmic body
- Whether one chooses to live the right kind of lifestyle or to live the wrong kind of lifestyle does not invalidate the fact that one is bound to remain an integral part of God until such time that one has successfully regained the utmost God-realization. Yet bear in mind that, if one should keep on living the wrong kind of lifestyle, then the process of one's spiritual re-awakening will most certainly be not only a very long-winded one but also a very troublesome one. That is, because of one then continuing to unknowingly inflict upon oneself, again and again and again, all kinds of bodily hardships and mental hardships and spiritual hardships.

“And the LORD God planted a garden eastward in Eden; and there he put the man whom he had formed” (Gen. 2:8)

In this verse, the term 'the garden of Eden' serves to metaphorically represent the entire nervous system of



man, i.e. which has its origin in the medulla oblongata (Eden).

As such, the subphrase 'God planted a garden eastward in Eden' serves to convey the notion that God started to form, in His capacity as every first human being, the medulla oblongata (and there He put the man whom He had formed). The reason why Moses included the word 'eastward' in that subphrase is that one's medulla oblongata can be regarded as the spiritual east of one's entire nervous system, i.e. whence will be dawning as it were one's spiritual enlightenment.

"And out of the ground made the LORD God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and [which is] the tree of knowledge of good and evil" (Gen. 2:9)

"And a river went out of Eden to water the garden; and from thence it was parted, and became into four heads. The name of the first is Pison: that is it which compasseth the whole land of Havilah, where there is gold; and the gold of that land is good: there is bdellium and the onyx stone. And the name of the second river is Gihon: the same is it that compasseth the whole land of Ethiopia. And the name of the third river is Hiddekel: that is it which goeth toward the east of Assyria. And the fourth river is Euphrates" (Gen. 2:10-14)

"And the LORD God took the man, and put him into the garden of Eden to dress it and to keep it" (Gen. 2:15)

These verses serve to relay the manner wherein God constructed the nervous system of all first human beings:

[View Figure 7](#)

- The phrase 'And out of the ground made the LORD God to grow every tree that is pleasant to the sight, and good for food' practically means that God grew every tree-like configuration of their nervous system from the atoms in the soil (out of the ground), so as to allow them:

- i) to pursue the right kinds of sensorial experiences (that is pleasant to the sight)
- ii) to appropriately keep their bodies vitalized from the inside out (that is good for food)

Wherefrom can be surmised that, during the growth of that nervous system (i.e. by way of the extremely fast ongoing replication of the DNA molecules), it could not have been otherwise than that all of the other biological systems (such as the skeletal system and muscular system and digestive system) were also grown. Much like the growth of an infant in the womb of the mother.

- When so understood within the context of the physiological make-up of man, then 'the tree of life in the midst of the garden' is clearly referring to that portion of one's spinal column whose spinal nerves are directly connected to the procreative organs. Which are thusly deriving their vitalities from the coccygeal chakra at the base of the spine. The reason why Moses also referred to that particular tree-like configuration of nerves as 'the tree of knowledge of good and evil' needs to be acknowledged as follows:

- i) those who are foolishly wasting their procreative energies are occasioning their predominant awareness to remain at the lowest chakra (the coccygeal chakra), which practically means that



they are then bound to remain subject to the spell of cosmic delusion and thusly also to all of the worldly relativities of good and evil

- ii) *those who are wisely preserving their procreative energies are occasioning their predominant awareness to steadily rise above that coccygeal chakra, which is why it is so important for one to practice the virtue of chastity, to abstain – even in a marital relationship – from all sexual activities excepting for those necessary to beget children (i.e. as per the divinely intended purpose of procreation)*

Let it therefore be clearly understood that any misuse or abuse of one's procreative organs will most definitely result in a worsening of 'one's fall from the grace of God' and thusly in a worsening of one's everyday attitudes and one's everyday behaviours. And that is why Moses chose to straightly equate that tree in the midst of the garden of Eden to the tree of knowledge of good and evil.

- *The phrase 'and a river went out of Eden to water the garden; and from thence it was parted, and became into four heads' practically means that God divided (parted) the energies that were flowing out of the medulla oblongata (out of Eden) into four very distinct streams (it became into four heads). Each of which streams was to fulfil a very particular purpose in terms of the energetic operations of one's seven chakras:*
 - *The energies that one is willfully generating in the medulla oblongata are consisting of two energy streams whose frequencies are opposed to one another and which can therefore be referred to as a **stream of conventional energies** and a **stream of unconventional energies***
 - *These two streams are flowing from the medulla chakra through the cranial chakra into the brain. Thusly explaining why the brain is consisting of as well a **right cerebral hemisphere** as a **left cerebral hemisphere** that are interconnected with one another via the **corpus callosum** (a bundle of nerve fibers between the two hemispheres).*
 - *From these two brain hemispheres, the same two streams of energies are then flowing downwards mainly into the **two partitioned halves of the spinal cord** yet also to a lesser extent into the two nerve trunk ganglions, thusly resulting in there in total being four energy streams:*

View Figure 8

- *The manner wherein such energies are flowing out of (into) each partitioned half of the cerebrospinal cord into (out of) the efferent (afferent) nerves can be portrayed as follows:*

View Figure 9

- *The phrase 'and a river went out of Eden to water the garden' therefore practically means that God, in His capacity as the spiritual soul of every first human being, occasioned such energies (living waters) to flow from the medulla oblongata (out of Eden) to the surrounding atoms of the earth, so as to configure them into:*
 - i) *all of the tree-like neural configurations of the physiological brain and spinal column*
 - ii) *all of the afferent and efferent nerves*
 - iii) *all of the other bodily constituents (bones, organs, muscular tissues, and so on)*



At present, there is still much debate amongst biblical scholars as to why Moses used the terms 'Pison' and 'Gihon' and 'Hiddekel' and 'Euphrates' to refer to these four rivers of Life and why he used the terms 'Havilah' and 'Ethiopia' and 'Assyria' for the lands that are being watered by them. Especially in view of the fact that some of these rivers and lands are either geographically non-existent or cannot be geographically correlated with one another. In this regard, let it furthermore be duly noted that Moses specifically stated that the river Pison (*Gihon*) compasseth the whole land of Havilah (*Ethiopia*) instead of runneth through Havilah (*Ethiopia*). All of which seeming inaccuracies and incongruities, written by a spiritual master, are clearly suggesting that the contents of these particular verses are to not be geographically but metaphorically understood, i.e. within the context of one's physiological make-up:

- The terms 'Pison' and 'Gihon' and 'Hiddekel' and 'Euphrates' serve to metaphorically represent the four abovementioned rivers of Life. Duly note however that this is the only instance in the Holy Bible that the word 'Euphrates', which literally means 'river rushing from the East', is specifically being used to refer to only one of the four rivers of Life. For in all other instances throughout the rest of the Holy Bible the word 'Euphrates' is much more generally being used to refer to all four such rivers of Life (such as in the Jeremiah chapters and in the Book of Revelation).
- The terms 'Havilah' and 'Ethiopia' and 'Assyria' serve to metaphorically represent the three energetic domains (realms, lands) of the human body that are being watered / nourished / vitalized / energized by these four rivers of Life. Thusly respectively referring to all of the thought energies and all of the intermediate energies and all of the subatomic energies that one's body is consisting of.
- The mentioning that there is gold in Havilah (the land / domain of one's thought energies) is meant to convey the notion that it is only by way of one's spiritual re-awakening that one can reclaim the true understandings of the operational nature of God and the true experiences of the feelings of God (the true gold / treasure of God). Which will require one to at first pursue the right kinds of reasoning (the so-called 'lines of reasoning' thereof being likened unto the strata of the onyx stone) and to then pursue the right kinds of feelings (the delights thereof being likened unto the fragrance of bdellium).
- The last phrase 'And the LORD God took the man, and put him into the garden of Eden to dress it and to keep it' serves to convey the notion that, in His capacity as every first human being, God then continued to ensure the structural integrity and the operational viability of that entire nervous system (the garden of Eden) and thusly also of that entire human body (man).

Now, from the above can be surmised that the pace at which God spiritually (extraordinarily) occasioned the advent of the first human beings was extremely fast (i.e. over the course of but a few minutes⁹) and

⁹ Even as, on two occasions, the Lord Jesus required no more than a few seconds to teleplasmically reconfigure the atoms of the soil into the atoms of the fishes that he required to feed the multitudes (as recorded in Matt. 14:16-21 and Matt. 15:32-38).



thusly unlike the nine months required for a baby to naturally (ordinarily) grow in the womb of a mother. Yet note that the intrinsic processes thereof are actually not all that different by reason that:

At the instant of a human conception, i.e. when a human ovum is being fertilized by a human spermatozoon, then one or other angelic being will feel compelled to inhabit that fertilized ovum so as for it (that angelic being) to then in due course try to fulfil all of its unfulfilled earthly desires. The spiritual soul of that angelic being (i.e. God in His capacity as that spiritual soul) will then start to grow (to genetically divide and multiply that fertilized cell again and again and again) so as to eventually complete the physiological construct of that baby body (over a period of about 9 months). Yet, let it be specifically noted that, while the construct of that physiological body is primarily being orchestrated by the spiritual soul of that infant, the human ego of that infant will often try to modify and in some cases even thwart such divine efforts. Thusly explaining why, in some cases, a foetus can occasion itself to be prematurely aborted or to inflict upon itself one or other disability / impairment.

“And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die” (Gen. 2:16-17)

The true-to-Life significance of these verses can be relayed as follows:

The soul of man impressed upon the ego of man (the LORD God commanded the man) that it is allowed to pursue every kind of sensorial experience excepting for all sexually promiscuous experiences (of every tree of the garden thou mayest freely eat but of the tree of the knowledge of good and evil in the midst of the garden, thou shalt not eat of it). By reason that one's indulgence in such sexually promiscuous activities will occasion one to become all the more forgetful of one's innate spirituality and thusly also of one's innate immortality (thou shalt surely die).

In this regard, note that the sexual fluids of both men and women are consisting of very vital energies in that they are destined to facilitate the emergence of a new life. After every sexual encounter, such vital energies will have to be replenished from the medulla oblongata yet which can, because of the divinely imposed restrictions thereto, only happen over the period of about one lunar month. This practically means that, if one should be sexually active for more than only once every month, then Nature will extract such superfluous energies at first from one's heart and then from one's brain (the two most vital organs). Thusly resulting in one's predominant awareness then remaining firmly affixed to the lowest chakra (the coccygeal chakra), which practically means that one will then be spiritually defunct / spiritually dead as it were (thou shalt surely die).

Hence that, as will later be explained by Moses in the third Genesis chapter, the more such procreative energies be promiscuously wasted, the more one's human attitudes and behaviours will change into animalistic attitudes and behaviours (i.e. the more one will feel compelled to live an instinctively-driven animalistic lifestyle instead of an intuitively-driven spiritual lifestyle).

“And the LORD God said, It is not good that the man should be alone; I will make him a help meet for him” (Gen. 2:18)

At this particular stage, the predominant awareness of every first human being – i.e. of God in His capacity



as every first human being – had only descended from the medulla chakra [the so-called seat of one's Cosmic awareness] to the cranial chakra [the so-called seat of one's Christ awareness]. Thusly rendering it still impossible for such first human beings to perceive themselves as separate entities (i.e. they were still perceiving all things to be energetically interconnected without there being any clear / distinctive boundaries). As such, God decided to then impose two more limitations upon Himself in His capacity as all such first human beings so that, instead of Him perceiving Himself to be the only entity (to be alone), He could perceive Himself as if He were so many seemingly separate entities (I will make him a help meet for him). Hence that, within the context of this verse and the next set of verses, the term 'a help meet' is meant to signify 'worldly companionship'.

“And out of the ground the LORD God formed every beast of the field, and every fowl of the air; and brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof. And Adam gave names to all cattle, and to the fowl of the air, and to every beast of the field” (Gen. 2:19 and the first portion of Gen. 2:20)

The first of such two limitations that God imposed upon Himself in His capacity as all first human beings was to lower their predominant awareness from the cranial chakra to the throat chakra so that they could no longer perceive in their spiritual awareness the brilliancy of all intermediate energies but only all 'visible' light energies. That is, so that every such first human being could thenceforth only perceive in its spiritual awareness the delusive outer appearances of all worldly things. The most notable whereof were the dynamically moving bodies of all nearby animals (all cattle, and the fowl of the air, and every beast of the field). Every which animal body then seemed to have been made from the dust of the earth (and out of the ground the LORD God formed every beast of the field and every fowl of the air).

As such, from as soon as the first human beings began to perceive the delusive appearances of such animals, they decided to give each kind of them its own name (and God brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof). In this regard, let it be duly acknowledged that the biblical word 'Adam' is not referring to any one human being but to each and every human being. As biblically endorsed by the verses:

- “This is the book of the generations of Adam. In the day that God created man [humankind], in the likeness of God made he him [humankind]; male and female created he them [humankind]; and blessed them, and called their name Adam, in the day when they were created” (Gen. 5:1-2)
- “The first man Adam [before one's spiritual downfall from God] was made a living soul; the last Adam [after one's spiritual downfall from God] was made a quickening spirit” (1 Cor. 15:45)

This practically means that, if one is to expeditiously regain the utmost God-realization, then one will have to as expeditiously re-spiritualize each and every aspect of one's everyday lifestyle.

“But for Adam there was not found a help meet for him. And the LORD God caused a deep sleep to fall upon Adam, and he slept: and he took one of his ribs, and closed up the flesh instead thereof; and the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man” (the second portion of Gen. 2:20, and Gen. 2:21-22)

The second of such limitations that God imposed upon Himself in His capacity as all first human beings



was to further lower their predominant awareness from the throat chakra to below the heart chakra so that the heartfelt feelings that they were then experiencing appeared to emerge from somewhere outside themselves. As such:

- The phrase 'But for Adam there was not found a help meet for him' serves to convey the notion that the further lowering of that predominant awareness in the cerebrospinal axis of every first human being (the first Adam) would provide every one of them with another help meet. Which is now meant to signify 'spiritual companionship' because of it referring to the spiritual feelings that one has to fully re-familiarize oneself with and to then intimately espouse oneself to.
- The phrase 'And the LORD God caused a deep sleep to fall upon Adam' serves to convey the notion that, by way of lowering the predominant awareness of all such first human beings to below their heart chakra, God thereby significantly lessened their spiritual wakefulness. The subphrase 'and he slept' is to therefore be understood to mean that, as a direct result of that significant reduction of their spiritual wakefulness, all of such first human beings then became fully exposed to the deceptiveness of cosmic delusion (occasioning them to 'spiritually fall asleep').
- The subphrase 'And he took one of his ribs' is to accordingly be understood to mean that God took away the spiritually-fortifying support of the heart chakra.

In this regard note that, besides its common meaning as a ribcage bone, the word 'rib' also means 'spoke' and 'spine' and can therefore also be used to refer to 'the energy-radiating (spoke-like) heart chakra in the cerebrospinal axis (spine)'.

Special notes

- Until such time that all of the functionalities of one's chakras be at length explained in the fifth chapter of these teachings (The Spiritual Ascent of Man), the student is to only maintain a distinction between the human heart (the biological organ in the cavity of the chest) and the spiritual heart (the heart chakra in the cerebrospinal axis).
- As previously explained, the human heart is not only consisting of muscular tissues but also of brain cells. As biblically endorsed by the verses, "For as he thinketh in his heart, so is he" (Prov. 23:7) and "And immediately when Jesus perceived in his spirit that they so reasoned within themselves, he said unto them, Why reason ye these things in your hearts?" (Mark 2:8). Wherefrom can be surmised that it is the emotional blockages in one's human heart, i.e. due to one harbouring and nurturing the wrong kinds of desires and thusly also the wrong kinds of emotions, that are preventing one from accessing the spiritual feelings in one's spiritual heart (the heart chakra).
- The subphrase 'And closed up the flesh instead thereof' serves to convey the notion that, because of God having lowered the predominant awareness of all such first human beings to below their heart chakra, He thereby significantly sealed off their access to the spiritual feelings in their spiritual heart (the heart chakra). Thusly occasioning them to believe that their heart was nothing more than a biological organ (and closed up the flesh instead thereof).
- The next subphrase 'And the rib, which the LORD God had taken from man, made he a woman' practically means that the now greatly diminished spiritual feelings of man had, in effect, become the



feminine part of man.

- *The last subphrase ‘And brought her [the woman] unto the man [Adam]’ serves to convey the notion that God then drew the attention of all such first human beings away from the drama of cosmic delusion to such residual spiritual feelings within themselves (the woman in them, soon referred to by Moses in the third Genesis chapter as ‘Eve’).*

“And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man” (Gen. 2:23)

Needless to say that this verse is to not be literally understood as if Adam and the woman were two different persons but metaphorically understood to actually refer only to oneself. Wherefrom can be surmised the true meaning of the last portion of that verse ‘because she was taken out of Man’, i.e. that the spiritual feelings of Man (the Woman) now appeared to be an extrinsic (external) part of Man instead of an intrinsic (internal) part of Man. As evidenced by the fact that the average kind of person is no longer even in touch with his / her spiritual feelings (the Woman).

“Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh” (Gen. 2:24)

The words ‘father’ and ‘mother’ and ‘wife’ in this verse need to again be metaphorically understood. By reason that the words ‘father’ and ‘mother’ were meant to respectively refer to one’s human reasonings and one’s human emotions, which are all too often – much like the wrong parents – occasioning one to pursue the wrong kind of lifestyle. While the word ‘wife’ was meant to refer to one’s spiritual feelings, which can never be wrong. Wherefrom can be surmised that, if one is to make any significant spiritual progress in Life, then one will have to learn to:

- forsake all of the wrong kinds of reasonings (shall a man leave ‘his father’)*
- forsake all of the wrong kinds of emotions (shall a man leave ‘his mother’)*
- firmly hold unto all of one’s spiritual feelings (shall cleave unto ‘his wife’)*

The last phrase ‘and they shall be one flesh’ therefore practically means that one is to wholistically re-identify oneself with (espouse oneself to) all of one’s spiritual feelings (‘wife’).

“And they were both naked, the man and his wife, and were not ashamed” (Gen. 2:25)

This verse serves to implicitly convey the notion that, if one is to nevermore feel ashamed to show / bare unto others one’s ‘manly’ sympathies and one’s ‘womanly’ empathies, then one will have to henceforth always remain intimately aware of one’s spiritual feelings (the man and his wife have become as one). Yet which most people are no longer capable of doing so because of them, as will be explained in the next Genesis chapter, having psychologically divorced themselves from their spiritual feelings (from their spiritual wife).

To Conclude this Second Section

If one is to realize oneself to be an individualized expression of God, then one will have to meditatively elevate one's predominant awareness in the cerebrospinal axis all the way through to the medulla oblongata (the mouth of God in man).

All of the practicalities thereto are, from a biblical perspective, being relayed by St John throughout the 22 chapters of his Book of Revelation. Each and every verse whereof will be duly explained in the second part of the fifth chapter of these teachings (The Spiritual Ascent of Man).

3. The Third Genesis Chapter: The Psychological Make-Up of Man

The key to understand the true-to-Life significance of all the verses in the third Genesis chapter is to acknowledge the fact that one is bound to remain a desire-driven creature until such time that one has regained the utmost God-realization. And that, as such, one's every human desire is at its very core actually a spiritual desire to try to re-experience one or other aspect of one's divine nature.

Some Preliminary Concepts and Notions

- *From a transcendental perspective, the higher the positioning of one's predominant awareness in the cerebrospinal axis, the more spiritual one's desires will be. The lower that positioning, the less spiritual (i.e. the more materialistic) one's desires will be.*
- *The third Genesis chapter will show the root of all evil to actually be the misuse and the abuse of one's procreative powers. By reason that every such misuse and abuse is occasioning one's predominant awareness to somewhat further descend in the cerebrospinal axis towards the coccygeal chakra, thusly predisposing one to live an all the more unspiritual / materialistic lifestyle.*

In this regard, note that one's ego is always carrying forward from every previous lifetime to every next lifetime all of its attitudinal inclinations and all of its behavioural tendencies. That is, the ego's desire to fixate its predominant awareness to a particular cerebrospinal chakra does not change from every previous lifetime to every next lifetime. As biblically endorsed by the verses, "The soul [ego] that sinneth, it shall die [spiritually regress]. The son shall not bear the iniquity of the father, neither shall the father bear the iniquity of the son [confirming the fact that every ego is responsible and accountable for all of its own actions]: the righteousness of the righteous shall be upon him, and the wickedness of the wicked shall be upon him. But if the wicked [ego] will turn from all his sins that he hath committed, and keep all my statutes, and do that which is lawful and right, he shall surely live, he shall not die [will no longer spiritually regress]" (Eze. 18:20-21).

- *The main characters, as narrated by Moses in the third Genesis chapter, are:*
 - *Adam and Eve, respectively referring to oneself and one's human feelings (with the term 'human feelings' now being defined as the heretofore mentioned 'residual spiritual feelings')*
 - *the LORD God, in His capacity as one's spiritual soul*



- *the serpent which, depending on the intended meaning of the relevant verses, serves to metaphorically represent either:*
 - i) *the phenomenon of cosmic delusion, as experienced by one's human ego*
 - ii) *one's human ego itself*

While the portrayed environment is still the garden of Eden, consisting of all the tree-like structures of the nervous system that are enabling one to experience and to express oneself as a human being.

- *The reasons why Moses chose the serpent to be representative of as well the phenomenon of cosmic delusion as the human ego can be relayed as follows:*

- *from a metaphorical perspective:*

- *the mesmerizing slyness / cunningness of cosmic delusion is somewhat comparable to the mesmerizing slyness / cunningness of a serpent*

In this regard, note that in his Book of Revelation St John is similarly referring to the phenomenon of cosmic delusion as a serpent. Such as in the verse "And the great dragon was cast out, that old serpent, called the Devil, and Satan, which deceiveth the whole world: he was cast out into the earth, and his angels were cast out with him" (Rev. 12:9).

- *the sly / cunning behaviour of a devious human ego is often being likened unto the sly / cunning behaviour of a serpent, i.e. as per the colloquial saying that 'he / she is a snake'*

- *from a metaphysical perspective:*

The energies of the coccygeal chakra are flowing either from the spine into the body (when living a materialistic lifestyle) or from the body into the spine (when living a spiritual lifestyle) through a microscopically narrow passageway whose overall shape is resembling a coiled-up serpent.

In this regard, note that Moses intimated the true-to-Life significance of that particular 'serpent' later on in his Pentateuch by way of writing, "And the LORD said unto him [to Moses], What is that in thine hand? And he said, A rod [staff]. And he [the LORD] said, Cast it on the ground. And he [Moses] cast it on the ground, and it became a serpent; and Moses fled from before it" (Exod. 4:2-3) wherein:

- *the term 'the LORD' serves to again refer to God in His capacity as one's spiritual soul*
- *the 'staff' serves to represent one's cerebrospinal axis*
- *the phrase 'and he [Moses] cast it on the ground, and it became a serpent' is meant to convey the notion that, if a re-awakening ego should allow its predominant awareness to fall back to the coccygeal chakra (to the ground), then its attitudes and its behaviours will again be primarily conditioned by the downward flow of the serpentine energies through that coccygeal chakra (and it became a serpent)*

Thusly rendering that ego much more susceptible to all of the wiles and guiles of cosmic delusion

- *the phrase 'and Moses fled from before it' is meant to convey the notion that such a re-awakening ego will then be horrified by the resultant materialistic urges and will thusly*



immediately distance itself (flee) from them by way of re-uplifting its predominant awareness in the cerebrospinal axis

Lastly note that, from a Hindu perspective, such serpentine energies are being referred to as the kundalini energies¹⁰ and that, as such, the Hindu term 'kundalini awakening' is actually referring to the reversal of the downward flow of such serpentine energies.

- *The third Genesis chapter will render it evidently clear that, if one is to reverse one's spiritual downfall from the grace of God, then one will have to become a spiritual warrior. This practically means that one will then have to keep on fighting an inner battle for spiritual supremacy, which in turn practically means that one will then have to keep on fiercely opposing / combating all of the forces of evil within oneself (all kinds of worldly temptations) with all of the forces of good within oneself (one's spiritual conscience). As biblically relayed by the verse "Watch and pray [without ceasing], that ye enter not into temptation [for] the spirit indeed is willing but the flesh is weak" (Matt. 26:41), which verse – if each day properly contemplated upon – will make one all the more aware of the fact that:*
 - *the right approach to happiness is to live a spiritual lifestyle, during which one will be able to regain at first one's Holy Ghost awareness and then one's Christ awareness and then one's Cosmic awareness and finally one's Infinite awareness (thusly resulting in one's then complete re-unification / re-identification with God)*
 - *the wrong approach to happiness is to live a materialistic lifestyle, during which one is bound to often misuse and even grossly abuse one's five human senses (thusly resulting in one then falling even further from the grace of God)*

The Verse by Verse Explanations

"Now the serpent was more subtle than any beast of the field which the LORD God had made [to appear]. And he [the serpent] said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden?" (Gen. 3:1)

In this verse, the serpent serves to represent the phenomenon of cosmic delusion, which is in its totality far more subtle (sly / cunning) than any living creature (any beast of the field) and which is thusly much more appealing to the feminine side of man (the woman, soon referred to as 'Eve') than to the masculine side of man (Adam).

The true meaning of the question posed by that serpent to that woman can be relayed as 'Is it not true that your soul (the LORD God) told you that you are to not pursue every kind of sensorial experience (ye shall not eat of every tree of the garden)?'

"And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die" (Gen. 3:2-3)

¹⁰ The Sanskrit word 'kundala' literally means 'coiled, like a snake'.



And the woman (the feminine side of man) replied 'We are allowed to pursue every kind of sensorial experience excepting for the wrong kinds of sexual experiences (promiscuous sex, the fruit of the tree in the midst of the garden). Lest we will spiritually regress / perish (lest ye die) '.

“And the serpent said unto the woman, Ye shall not surely die: for God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil” (Gen. 3:4-5)

That phenomenon of cosmic delusion (the serpent) then deceitfully suggested to the feminine feelings of man, 'How is it that you will die? For surely, if you use your pro-creative powers often enough, then you will become as creative as God is creative. And you will become as knowledgeable as God is knowledgeable (your eyes shall be opened and you shall be as God knowing good and evil) '.

“And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat” (Gen. 3:6)

The woman (the feminine feelings of man), now all the more being deceived by the serpent (subjected to the spell of cosmic delusion), deemed that tree to be good for food (desire fulfilling) and pleasant to the eyes (pleasurable) and to be desired to make one wise (that it would make one smart). And thusly chose to ignore the stark warning to never ever misuse / abuse one's procreative powers.

Well, every psychologist will readily agree to the fact that, when 'the feelings of man' are succumbing to a temptation, then 'the entire man' will succumb to that temptation (and gave also unto her husband with her; and he did eat).

Special notes

- *The relevance of this verse to one's spiritual growth will become evidently clear whilst studying the commentaries on the parable of the ten virgins in the next chapter of these teachings (The Current Status of Man).*

- *The Gen. 3:6 verse serves to also implicitly relay the following notions:*

Before engaging in any kind of activity, one is to always first assess all of the consequences of that activity in terms of the ever-righteous operation of the cosmic law of cause and effect. This practically means that one is to always first 'calmly think before one acts' instead of to 'recklessly act before one thinks'. For whenever one becomes too excited about an activity, then one will – to the same extent of that excitement – be stifling one's discriminative faculties, i.e. without which discriminative faculties one cannot impartially assess the righteousness or the unrighteousness of an intended activity.

As such, if one is not yet spiritually strong enough, then one is to stay away from all tempting environments. Lest one will become emotionally excited and thusly stifle one's discriminative faculties and thusly succumb to the temptations in that environment.

- *At this point, let the student acknowledge the true significance of the Caduceus Emblem, which serves to symbolically portray the inner battle that one is to all times wage against all of the forces of evil*



(i.e. against every kind of worldly temptation).

[View Figure 10](#)

“And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons” (Gen. 3:7)

The lower one's predominant awareness in the cerebrospinal axis, the more one is preventing oneself from perceiving this world as it is spiritually existing with one's single / spiritual eye and thusly the more one will be perceiving this world as it is delusively existing with one's two human eyes (and the eyes of them both were opened).

The phrase 'And they knew that they were naked; and they sewed fig leaves together, and made themselves aprons' serves to convey the notion that a still ordinary human being, if not covering up his / her flaws with an alter-ego (protective covering, apron), will feel as if fully exposed to the hostilities and the mockeries of others. As such, 'the apron sewed together from fig leaves' serves to metaphorically represent a protective covering that is consisting of many tightly-knit psychological layers of ego-boasting sentiments.

“And they heard the voice of the LORD God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the LORD God amongst the trees of the garden” (Gen. 3:8)

This verse serves to convey two important psychological facts:

- i) After a wrongdoing, when the emotions have subsided (cooled down), the wrongdoer will be inwardly confronted with his / her spiritual conscience (they heard the voice of the LORD God walking in the garden in the cool of the day).
- ii) Most people are then however immediately trying to shy away (hide) from that spiritual conscience by way of them then re-focusing their attention to some totally unrelated sensorial experience (and Adam and his wife hid themselves from the presence of the LORD God amongst the trees of the garden).

“And the LORD God called unto Adam, and said unto him, Where art thou?” (Gen. 3:9)

It is also an undeniable fact that – excepting in the case of the most hardened criminals – such trying to shy away (hide) from one's spiritual conscience typically turns out to be an impossible feat. By reason that that inner voice will keep on re-emerging and it will keep on asking the question, Wheresoever are you trying to hide from me? (Where art thou?).

“And he [Adam] said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself. And he [the Lord God] said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat? And the man said, The woman whom thou gavest to be with me, she gave me of the tree, and I did eat. And the



LORD God said unto the woman, What is this that thou hast done? And the woman said, The serpent beguiled me, and I did eat” (Gen. 3:10-13)

These verses serve to relay the truth that the still ordinary kind of person will always try to shift the blame for his / her wrongdoing on something else or somebody else. Such being true not only in an esoteric sense (e.g. ‘I gave it no thought because my gut feeling – the woman – told me to do it’) but also in an exoteric sense (e.g. ‘he made me do it’ or ‘she made me do it’ or ‘they made me do it’ or ‘the circumstances forced me to do it’).

In stark contrast thereto, a bona fide practitioner of Truth will never even try to put the blame for his / her own mistakes on anything or anybody else. Because he / she will always accept, without any reservations whatsoever, the full accountability for every inadvertently made mistake and will therefore always rectify it or remedy it ... so as to learn the lessons of Life from it.

“And the LORD God said unto the serpent, Because thou hast done this, thou art cursed above all cattle, and above every beast of the field; upon thy belly shalt thou go, and dust shalt thou eat all the days of thy life; and I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel” (Gen. 3:14-15)

In these verses, Moses changed the metaphorical significance of the serpent from ‘the phenomenon of cosmic delusion as experienced by the human ego’ to ‘the human ego itself’. So as to implicitly relay the following truths:

The more one abuses one’s procreative powers (because thou hast done this), the more one’s behaviours will be instinctively driven instead of intuitively driven and thusly the more one will be behaving oneself as an animal and even worse than an animal (thou art cursed above all cattle, and above every beast of the field). That is, by reason that one’s predominant awareness will then have descended in the cerebrospinal axis to the lowest coccygeal chakra (upon thy belly shalt thou go), which will occasion one’s mind to be severely corrupted / perverted / soiled (and dust shalt thou eat all the days of thy life). This being the true reason why one might often be experiencing all kinds of inner conflicts between:

- i) the ‘masculine’ reasonings of one’s human ego and the ‘feminine’ feelings of one’s human heart (I will put enmity between thee and the woman)*
- ii) one’s emerging / budding notions and one’s emerging / budding feelings (between thy seed and her seed)*

Every which inner conflict will then be experienced as:

- a mental distress (it shall bruise thy head)*
- a lack of human feelings, which are in effect the hind part (heel) of one’s spiritual feelings (thou shalt bruise his heel)*

“Unto the woman he said, I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children; and thy desire shall be to thy husband, and he shall rule over thee” (Gen. 3:16)



Needless to say that this is one of the most misunderstood verses in the third Genesis chapter in that its true-to-Life significance needs to be correctly understood as follows:

If one allows one's predominant awareness to descend in the cerebrospinal axis to the coccygeal chakra, then one will become increasingly cold-hearted. That practically means that one will then be severely restricting (numbing) all of one's human feelings. To such an extent that it will then be very difficult / problematic for one to try to conceive any spiritual notions, which can – because of them being conceived – then also be referred to as one's spiritual children (I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children). While the phrase 'and thy desire shall be to thy husband, and he shall rule over thee' is meant to convey the notion that there is but one way to restore the capability to conceive the right kinds of notions (spiritual children) and that is for one to righteously recultivate one's 'feminine' feelings (woman) under the unerring leadership of one's 'masculine' reasonings (husband). As can also be surmised from the verse "Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding" (Prov. 4:7).

"And unto Adam he said, Because thou hast hearkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it: cursed is the ground for thy sake; in sorrow shalt thou eat of it all the days of thy life; thorns also and thistles shall it bring forth to thee; and thou shalt eat the herb of the field; in the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return" (Gen. 3:17-19)

The true-to-Life significance of these verses, wherein the spiritual soul of man (the LORD God) continued to rebuke the human ego of man, can be easily understood if they be re-phrased as follows:

- 1. Because of you having yielded to the temptation of sex (promiscuous sex), as instigated by your misconstrued human feelings (thou hast hearkened unto the voice of thy wife), your cerebrospinal energies are now grossly flowing downwards from your coccygeal chakra into the earth. Instead of them to subtly flow upwards from the earth at first into your coccygeal chakra and thence further upwards towards your medulla chakra. As such, it is because of you occasioning such gross energies to flow downwards and outwards into the earth that you are adversely affecting your surrounding environment (cursed is the ground for thy sake).*

Special note

The true meaning thereof is perfectly reconcilable with the previously explained concept of the downward and the upward flow of one's kundalini (serpentine) energies through the coccygeal chakra.

- 2. It is because of that corrupted lifestyle that you can then no longer revitalize your bodily cells with the heavenly energies of God and that you are thusly bound to experience all kinds of bodily diseases and mental illnesses (thorns also and thistles shall it bring forth to thee).*
- 3. Therefore, for as long as you are refusing to appropriately nourish yourself with God's heavenly energies, you will have to depend for your daily sustenance on all kinds of earthly energies (thou shalt eat the herb / yield of the field, biblically referred to as 'bread'). All of which you will have*



to laboriously extract from the earth (in the sweat of thy face shalt thou eat bread). And that until the time of your mortal death when your human body will be returned to the soil from whence it came (till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return).

Special note

The way wherein Moses phrased the last portion of that verse is meant to make one acutely aware of the fact that, as a spiritual being, one is to never falsely identify oneself with one's human body. For one's human body is merely an energetically-structured instrument through which one is capable of transcendently expressing oneself as if one were a human being.

“And Adam called his wife's name Eve; because she was the mother of all living” (Gen. 3:20)

The original Hebrew word ‘chavvâh’, which biblical scholars translated as ‘Eve’, literally means ‘life’ or ‘lifegiver’. The mentioning that ‘she was the mother of all living’ needs to be correctly understood from a spiritual perspective. For it is the expression of one's spiritual feelings (Eve) that is occasioning one to feel spiritually alive instead of spiritually dead.

“Unto Adam also and to his wife did the LORD God make coats of skins, and clothed them” (Gen. 3:21)

The term ‘coats of skin’ is metaphorically referring to all of the psychological defence mechanisms that one adorned (clothed) oneself with so as to try to avoid feeling hurt by others. Yet most of which psychological defence mechanisms are quite naturally also preventing one from remaining in touch with one's inner spiritual feelings. Which is why those who are still materialistically-minded are often said to be ‘thick-skinned’, to uphold many such psychological defence mechanisms, to thusly remain insensitive to the needs of others. While those who are spiritually-minded are often said to be ‘thin-skinned’, to uphold but very few such psychological defence mechanisms, to thusly remain sensitive to the needs of others.

The entire phrase ‘the LORD God made coats of skin and clothed them’ is therefore meant to convey the notion that, in His capacity as all first human beings, God endowed them with only the right kinds of psychological defence mechanisms so that they would not feel too overwhelmed by any adverse situations or circumstances. But whereto they soon added a plethora of many wrong kinds of psychological defence mechanisms so as to enable themselves to continue living their materialistic / unwholesome lifestyle.

As such, it needs to be duly acknowledged that it is the proliferation of the egotistically-upheld psychological defence mechanisms that is preventing one from re-experiencing the Truth. As can also be surmised from the verse:

“Verily, verily, I [Jesus] say unto thee, Except a man be born of water and of the Spirit [starts to realize that his body is consisting of God's electromagnetic energywaves and that his spirit is an integral part of God's infinite spirit], he cannot enter into [cannot superconsciously re-experience] the kingdom of God” (John 3:5).

“And the LORD God said, Behold, the man is become as one of us, to know good and evil: and now, lest he put forth his hand, and take also of the tree of life, and eat, and live forever:



therefore the LORD God sent him forth from the garden of Eden, to till the ground from whence he was taken. So he drove out the man; and he placed at the east of the garden of Eden Cherubims, and a flaming sword which turned every way, to keep the way of the tree of life” (Gen. 3:22-24)

These verses serve to at first convey the notion that the spiritual soul of man (the LORD God) could now clearly discern its incumbent ego to no longer be spiritually-minded, that it was now delusively experiencing the world as if it were a perpetual kaleidoscope of good and evil (the man is become as one of us, to know good and evil). In this regard, specifically note that the term ‘as one of us’ is not referring to God in His capacity as an infinite spirit and neither in His capacity as the Holy Trinity but in His capacity as all first human beings.

The phrase ‘and now, lest he put forth his hand, and take also of the tree of life, and eat, and live forever’ serves to convey the notion that, if one is to reverse one’s spiritual downfall from the grace of God, then one will have to make the necessary efforts to actualize one’s spiritual growth.

The phrases ‘Therefore the LORD God sent him forth from the garden of Eden, to till the ground from whence he was taken. So he drove out the man’ are to not be misconstrued to mean that the spiritual soul (the LORD God) then dictatorially interfered with the freedom of choice of its incumbent ego. Instead, it means that the human ego of man then chose to no longer introspectively (meditatively) focus its attention within the body – which Moses now equated to the garden of Eden – but to focus its attention on the delusive appearance of that body and, consequently also, on all of the other delusive appearances surrounding that body. Thusly resulting in that human ego then seemingly living a separate existence from its spiritual soul. Excepting of course for its spiritual conscience, which is the so-called umbilical cord or lifeline that is transcendently linking the human ego to its spiritual soul. As biblically endorsed by the verses:

“Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, For thy sake [referring to one’s innate Christ awareness] we [collectively referring to all true devotees of God] are killed [mentally butchered] all the day long; we are accounted [by the spiritually ignorant] as sheep for the slaughter. Nay, in all these things we are more than conquerors through him [again referring to one’s innate Christ awareness] that loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord [in one’s innate Christ awareness]” (Rom. 8:35-39).

The phrase ‘And he placed at the east of the garden of Eden Cherubims, and a flaming sword which turned every way, to keep the way of the tree of life’ practically means that the spiritual soul of man (the LORD God) will always try to inspire the human ego of man to:

- i) change its materialistic attitudes and behaviours to spiritual attitudes and behaviours*
- ii) re-acknowledge the actual existence of its seven chakras and of the heavenly energies (angels, cherubims) flowing through them*



iii) *re-ignite the inner vision of the spiritual eye, whose all-round brilliancy will then cut asunder all of the deceptions of cosmic delusion (the flaming / brilliant sword which turned every way)*

As such, that particular phrase is meant to convey the notion that one's spiritual soul (the LORD God) is always prepared to assist one's human ego to reconnect itself with the true Source of Life (will keep the way of the tree of life).

The Lessons of Life that are Being Conveyed by the Third Genesis Chapter

Contrary to what most Christians tend to believe, the biblical story of Adam and Eve is actually the story of oneself (Adam) and one's human feelings (Eve), of how one's allegiance to the spell of cosmic delusion (the serpent, the Devil) occasioned one to fall from the grace of God. Its true purpose thusly being for one to at first re-acknowledge and to then apply all of the following life strategies wherewith to reverse one's spiritual downfall from the grace of God, wherewith to all the more re-identify oneself with God:

✓ ***Learn to understand the true nature and the true Essence of creation***

Keep on studying the principles of Truth (the science of Life) until you are utterly convinced of the fact that the whole of creation is a cosmological expression of God.

✓ ***Abstain from every form of promiscuous sex***

The divinely ordained purpose of one's procreative organs is to beget children within the context of a happy marital relationship. Every other kind of sexual activity – irrespective of whether such be within the context of a marital relationship or an extramarital relationship or a premarital relationship – is a sinful activity that will occasion one to spiritually regress (to fall even further from the grace of God).

✓ ***Righteously manage and control all of your desires***

Categorize them into those that are conducive to your spiritual growth and those that are counterproductive to your spiritual growth. Resolutely discard all of the wrong ones and harbour and nurture and fulfil only the right ones.

✓ ***Carefully scrutinize all of your emotions***

Are such energetic emotions prompting you to engage in the right kinds of activities or are they prompting you to engage in the wrong kinds of activities?

In this regard, it is strongly suggested to often remind oneself of the fact that every kind of excessive excitement is bound to cloud one's discriminative faculties and thusly also one's spiritual conscience (i.e. without which one cannot maintain a clear distinction between that what is right and that what is wrong).

✓ ***Discard your alter-ego and every other wrong kind of psychological defence mechanism***

Portray towards others only those kinds of attitudes and behaviours that are truthful yet tactful and diplomatic. So that you may come to re-spiritualize all of your personal interrelationships and to accordingly re-acknowledge every other person to actually be an integral part of your own higher Self. As biblically endorsed by the verse, "Thou shalt love thy neighbour as thyself [as an integral part of thine own higher Self]" (Matt. 22:39).



✓ ***Greatly simplify your entire lifestyle***

Focus all of your efforts only on what is really important to your own spiritual growth and to the spiritual growth of others. Rid yourself of the materialistic baggage that is slowing you down on as well the way of Truth to God as the road of Truth to God.

✓ ***Re-acknowledge the divinity of your body and your mind***

In this regard, let it be specifically noted that:

- i) For as long as one is still living under the spell of cosmic delusion, then it is wrong to claim one's body to be one's own. By reason that one's human body is actually consisting of God's subatomic particles and is thusly belonging to God in His capacity as the Holy Ghost. As biblically endorsed by the verse "What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?" (1 Cor. 6:19).*
- ii) One's mind is the operational capability to energetically express oneself. Either righteously so in a soulful / godly manner or unrighteously so in an egotistical / ungodly manner.*

Wherefrom can be surmised that one's awareness and one's feelings are not of one's mind and neither of one's body but of one's soul, which is God in His capacity as one's spiritual soul.

To Conclude this Third Section

The main intent of the third Genesis chapter is to starkly warn one not to abuse one's procreative powers (metaphorically referred to as 'the eating of the apple in the midst of the garden', the original sin). Because it is the indulgence in such sexual promiscuities that is occasioning one to remain spiritually ignorant, to remain excluded – in awareness only – from the kingdom of God, which will in turn occasion one to commit all kinds of other sins (false pride, greed, envy, gluttony, wrath, sloth). As will become evidently clear during one's study of the true-to-Life significance of the parable of the ten virgins in the next chapter of these teachings.





Part II

How to Understand the Processes of Natural Evolution within the Context of the Verity of Spiritual Creation

4. Introduction to the Subject of Natural Evolution

Similar to the Big Bang Theory and the General Theory of Relativity, every theory of natural evolution – such as the theory of abiogenesis and every paleontological theory – is an intricate combination of but a few proven facts and many unproven assumptions.

The proliferation of all such evolutionary theories is the result of hundreds of years of research conducted by a wide variety of scientists such as by, amongst others, naturalists and paleontologists and paleoclimatologists and geologists and ecologists and archaeologists and botanists and zoologists and anthropologists and radiologists and microbiologists and geneticists and astrophysicists. Every which scientist can be regarded as a true expert in his / her own particular field of expertise but not in any other scientific field of expertise. Which is why there are nearly as many nuances to the evolutionary theories as there are different kinds of scientists.

In this regard, let it be duly acknowledged that many such scientists are also religionists yet who committed themselves to maintain a strictly scientific approach during all of their professional endeavours. Which they are, at this point in time, only trying to do from a physical perspective but which they will in the future no doubt also try to do from as well a mental as a spiritual perspective. As such, it is important that they not be regarded as ‘the enemies of religion’ but as ‘the allies of religion’. By reason that they are bound to eventually prove, in widespread collaboration with one another, the verity / truthfulness of every quantum physical (energetic) fact of Life and every mental fact of Life and every spiritual fact of Life.

This second Part then, which is to first be read in its entirety and only then meticulously studied, serves to at first convey how the different kinds of scientists are currently understanding the various aspects of natural evolution and then how all of such aspects need to be correctly understood within the context of the verity of spiritual creation.

5. The Researches Already Conducted by a Variety of Different Scientists

All of the knowledge gained from such researches can be broadly categorized into:



- the knowledge of the natural features and the behavioural tendencies of some life forms as publicized by Charles Darwin in, for instance, his 'On the Origin of Species'¹¹
- the knowledge of the natural features and the behavioural tendencies and the genetic make-ups of a much larger variety of life forms, collectively referred to as 'the modern evolutionary synthesis'
- the knowledge of the paleontological record, often also referred to as the fossil record and at times also as the geological record

5.1. The Research Conducted by Charles Darwin

Charles Darwin was a naturalist who meticulously observed the physiological characteristics and the behavioural modalities of a few different kinds of vegetal and animal life forms. All of which observations led him to publish his controversial book 'On the Origin of Species' in 1859 wherein:

- i) he **explained** that the diversification of the subspecies of a major species can be primarily attributed to a variety of processes that he collectively referred to as 'the means of natural selection'
- ii) he **postulated** that all extinct and contemporary life forms could possibly have evolved from but one primordial life form

As such, whoever reads his 'On the Origin of Species' ought to at all times maintain a clear distinction between the **facts** that he therein conveyed and the **theories** that he therein suggested. By reason that:

- ✓ The facts are pertaining to the various means of natural selection, which he ascribed to the prevalence of all kinds of natural instincts but whose true origin he was unable to explain. As evidenced by his assertion, "I must premise that I have nothing to do with the origin of the primary mental powers, any more than I have with that of life itself" (page 207).

Special note

One of the conclusions that can be drawn from such facts is that a subspecies of life will either flourish and at times diversify into a different subspecies (if continuing to adapt itself to its outer environment) or degenerate and at times perish (if failing to adapt itself to its outer environment).

- ✓ The theories, on the other hand, are merely a collection of his own assumptions with respect to the possible interrelationships between all of such facts. Which led him to believe that "probably all the organic beings which have ever lived on this earth have descended from some one primordial form" (page 484).

In this regard, let it be duly noted that in his 504-page book 'On the Origin of Species' Charles Darwin intentionally used the words 'probably' and 'likely' and 'perhaps' and 'maybe' and 'possibly' and the like more than 450 times. So as to clearly indicate that he was merely conveying what he personally believed to have been the course of natural evolution. But all of which assumptions he was unable to either prove or disprove by reason that:

- i) he was not an expert paleontologist
- ii) as mentioned on page 341, the geological record was at that time still extremely imperfect (i.e. extremely incomplete)

¹¹ Darwin, C. 1859. *On the Origin of Species by means of Natural Selection, or the Preservation of Favoured Races in the Struggle for Life*. London: John Murray, Albemarle Street



It can therefore be concluded that, excepting for the aforementioned facts pertaining to the various means of natural selection, the Darwinian theory of natural evolution is almost entirely based on not just one or two but hundreds of assumptions, which he himself humbly conceded to in his 'On the Origin of Species':

- *"Why does not every collection of fossil remains afford plain evidence of the gradation and mutation of the forms of life? We meet with no such evidence, and this is the most obvious and forcible of the many objections which may be urged against my theory" (page 463).*
- *"I have felt these difficulties [referring to the complexities of Life] far too heavily during many years to doubt their weight. But it deserves especial notice that the more important objections relate to questions on which we are confessedly ignorant; nor do we know how ignorant we are" (page 465 – with emphasis).*
- *"In the distant future I see open fields for far more important researches. Psychology will be based on a new foundation, that of the necessary acquirement of each mental power and capacity by gradation. Light will be thrown on the origin of man and his history" (page 488).*

As a whole then, it can be stated that Charles Darwin did indeed make a major contribution towards the correct understanding of the various means of natural selection but that he could not provide any factual proof wherewith to substantiate his personal opinions with respect to as well the true origin of Life as the advent of all human beings.

Special note

Contrary to how he was at the time often viciously portrayed in the press, Charles Darwin was most definitely not an atheist but a religionist. As evidenced by the fact that, on several occasions in his 'On the Origin of Species', he either directly or indirectly referred to his belief in the existence of a Creator, such as when he wrote:

"There is grandeur in this view of life, with its several powers, having been originally breathed into a few forms or into one" (page 490).

Wherein the term 'originally breathed into' is clearly referring not to the effectual outcome of one or other series of chance-like events but to the deliberate infusion of life into a life form by a Creator. As such, Charles Darwin was most certainly not the devil that some ignoramuses portrayed him to be but he was, on the contrary, a devout religionist who was trying to scientifically (i.e. factually) understand as well all of the natural processes of Life as the true origin of Life.

5.2. The Modern Evolutionary Synthesis

The Modern Evolutionary Synthesis is 'a union of the ideas of those microbiologists and geneticists who are trying to disseminate and to popularize what they believe to be the true account of evolution'. That synthesis is still primarily based on the Darwinian premise of 'the means of natural selection' yet also includes all kinds of microbiological and genetic findings.

The most important facts and assumptions of that modern evolutionary synthesis are:

- *All but the 'simplest' life forms are storing their genetic information, also known as their **genetic blueprint**, in the form of their **DNA molecules**. Every one of such DNA molecules, usually but not*



always configured in the form of a double helix, is consisting of thousands and thousands of smaller segments. Each of which is in turn consisting of millions and millions of atoms.

Some of these segments, known as the **genes**, serve to 'orchestrate' the production of those **RNA molecules** that are capable of synthesizing certain types of **amino acids** into certain types of **proteins**. Other such segments serve to 'regulate' a wide variety of other genetic processes. And still other such segments are believed to have no other purpose than to structurally ensure the integrity of the entire DNA molecule.

- All of the different life forms on planet Earth can be categorized in terms of the so-called **three-domain system**:
 - ❖ all **bacteria**: cellular organisms that have no cell nucleus and no distinctly noticeable organelles (an organelle is defined as 'a most rudimentary organ')
 - ❖ all **archaea**: cellular organisms that also do not have a cell nucleus but that do have distinctly noticeable organelles
 - ❖ all **eukaryotes**: cellular organisms having a cell nucleus and distinctly noticeable organelles

Special notes

- All vegetal and animal and human bodies are known to consist of eukaryotic cells. Yet many of which eukaryotic cells are also the habitat of many different kinds of bacteria. So, while the average human body is consisting of about 100 trillion eukaryotic cells, it also serves as a host for about 10 times as many mainly intestinal and dermatological bacteria.
- Bacteria and archaea are known to live in every environment that is suitable for their natural growth. On planet Earth, their combined biomass by far exceeds the combined biomass of all other life forms. There are for instance about 1 billion bacteria in every litre of fresh water, about 50 billion bacteria in every kilogram of surface soil. While every form of oceanic plankton is also an archaean life form.

In this regard, specifically note that some of these bacteria and archaea are also known as **extremophiles** by reason that they are capable of surviving and even thriving in some of the harshest environments, such as close to a hydrothermal vent or in a highly acidic pool. One of these extremophiles, the bacteria 'paracoccus denitrificans', is known to profusely multiply when being artificially subjected to 400,000 times the strength of the gravitational forces of the Earth, which appears to indicate that they can survive the shockwaves of a supernova explosion.

- Although all **fungi** (such as yeasts and moulds and mushrooms) have been scientifically classified as a separate vegetable kingdom of Life, they are nevertheless still vegetal life forms.
- A **virus** is a self-replicating non-cellular micro-organism whose size is on average about one hundred times smaller than the size of a bacterium. It is currently assumed that every such virus is a tiny fragment of a DNA molecule and / or RNA molecule. Hence that the exchange of such viruses between the bacteria serves to increase the genetic diversity of such bacteria. In this regard, let it furthermore be noted that, when so considered not in terms of their biomass but in terms of their numbers, then the viruses are by far the most prevalent micro-organisms on planet Earth. Of the relatively few so-called harmful viruses, most are known to infect only plants or



only animals or only human beings but some of them are known to infect, for instance, both animals and human beings (such as the rabies virus).

- A so-called **prion** is an infectious protein molecule that is known to progressively destroy the healthy proteins of a life form, such as in the case of 'the mad cow disease'.
- The Darwinian means of natural selection are not the only means whereby Nature is effecting the evolutionary changes:
 - All of the Darwinian means of natural selection can be broadly categorized into:
 - the **sexual selections** that are known to ensure the preservation of the strongest gene pools and the demise of the weakest gene pools and which are thusly ensuring 'the long term survival of the fittest'
 - the **ecological selections** that are known to result in tiny variations in the gene pool of the relevant species / subspecies

Special note

In the case of all larger relatively 'more complex' life forms, the accumulative effect of such tiny genetic variations becomes noticeable only after many generations. In the case of all much smaller relatively 'less complex' life forms, such changes can already become noticeable in the next generation or even in the same generation. Such as, for instance, the influenza virus, which is known to very quickly develop an immunity against the pharmaceutical antibiotics that it is being exposed to.

- the **communal selections** that are known to result in as well all kinds of co-operative (social) behaviours as all kinds of competitive (asocial) behaviours
- Apart from such everyday kinds of selections, there are two other kinds of evolutionary mechanisms that are known to occur in Nature:
 - A so-called **genetic drift** is being defined as 'a change in the frequency of alleles from one generation to the next', wherein 'an allele' is being defined as 'a set of two or more genes that are capable of occasioning a noticeable change to a physiological characteristic' such as a different eye pigmentation or a different skin pigmentation. Depending on the circumstances, such a genetic drift will eventually result in either the fixation or the disappearance of a specific allele amongst a divergent population.
 - A so-called **gene flow** is being defined as 'the mechanism whereby asexual unicellular organisms are capable of exchanging their genes'.
- The extinction of a species or subspecies in Nature can be due to a variety of factors, such as:
 - the survival of the fittest
 - climate change
 - loss of habitat
 - pollution
 - human predation
 - infectious diseases
 - asteroid strikes



- The modern evolutionary synthesis is maintaining a clear distinction between:
 - i) the **genotype** of a living organism, which can be defined as 'the inherited genetic make-up of that organism'
 - ii) the **phenotype** of a living organism, which can be defined as 'the non-inherited physiological and psychological characteristics of that organism'

In this regard, it is currently assumed that the phenotype of a living organism is the result of 'all of its interactions with its environment'. Thusly explaining why every member of a specific species / subspecies is known to exhibit not only its generic genotype but also its own phenotype (individualistic attitudes and behaviours).

As a whole then, if one were to detract from the modern evolutionary synthesis all of the unproven paleontological theories, then that modern evolutionary synthesis is actually consisting of neither more nor less than a detailed account of:

- i) the Darwinian means of natural selection
- ii) the two other evolutionary mechanisms in Nature (genetic drift and gene flow)
- iii) the genotypes of a wide variety of contemporary life forms (i.e. of their genetic make-ups and consequently also of their biological make-ups)
- iv) the phenotypes of a wide variety of contemporary life forms (i.e. of their physiological and psychological make-ups)

*Or to convey that same truth in different words. If the microbiologists and geneticists were to detract from their modern evolutionary synthesis all of the unproven paleontological theories, then they can only theorize / hypothesize / speculate as to when and how **in the long past** one major life form might or might not have evolved into another major life form. Hence that, because of such microbiologists and geneticists attaching much more importance to their own findings than to the assumptions of the palaeontologists, there are still many disagreements between them and the palaeontologists. And especially so with respect as to which of the three categorical life forms (the bacteria or the archaea or the eukaryotes) was the first to emerge and to then evolve into the other two.*

5.3. The Research Conducted by the Paleontologists

The primary aim of the paleontologists is to try to determine:

- i) the taxonomy (groupings and rankings) of all ancient life forms
- ii) the kinds of environments that such ancient life forms might have lived in
- iii) how such ancient life forms might have interacted with one another

Hence that the science of paleontology is not an exact science but a historical science, i.e. by reason that all paleontologists are only trying to formulate an overall theory of how all ancient life forms might have evolved throughout the ages.

Whether or not a particular paleontological theory is valid or invalid or partially valid depends on the extent whereto the relevant paleontologists are capable of correctly interpreting the characteristic features of a fossil find in the light of the opinions of other scientists, such as of:

- the microbiologists and the geneticists who can compare the biogenetic make-up of a newly discovered



fossil to the biogenetic make-up of a previously discovered fossil and / or of a contemporary life form
Yet bear in mind that this is applicable only in the extremely rare cases where the soft tissues of the fossil have been perfectly preserved, such as when a prehistoric animal was buried alive during a major mudslide.

- *the radiologists who can guesstimate the age of a newly discovered fossil*
- *the paleoclimatologists who can give some indication as to what kind of climate might have prevailed during a particular age or era*

Now, the general public is being led to believe that the course of natural evolution must have been 'as per the evidence of the paleontological record' without them also being informed of the current status of that paleontological record, which can be relayed as follows:

- ✓ *The greatest majority of the many thousands of so-called **body fossils** of the vertebrate prehistoric animals that have been unearthed to date are either grossly incomplete or of a very poor quality. That is, only on very rare occasions are complete skeletons being found and these are only of the more recent prehistoric species such as, for instance, the tyrannosaurus rex. All other body fossils are consisting of grossly incomplete skeletons such as of a few vertebrae or some fragments of a skull or even a single tooth or a single claw, which makes it extremely difficult to try to determine the kind of prehistoric animal that fossil might have belonged to.*

*In some other cases, a paleontologist might have found a so-called **trace fossil** of a prehistoric animal such as a fossilized imprint or a burrow or some faeces, which is then often found to be of a much earlier or a much later origin than the 'comparable' body fossil. In other words, in such a case, there is still no certainty as to over which period of time a particular prehistoric animal might have lived.*

As such, notwithstanding all of the latest fossil finds, the paleontological record of all vertebrate prehistoric animals is still nearly as incomplete as it was in Charles Darwin's time and especially so what all more ancient prehistoric life forms are concerned. So much so that, of the more than 30 phyla (major divisions) of animals that are presumed to have existed, only about 10 phyla have ever been found in fossil form. Mainly by reason that:

- i) *As is currently the case with all contemporary animals, the dead bodies of prehistoric animals were nearly always being devoured by other prehistoric animals and, if not so, then their dead bodies would have decomposed long before they could have turned into fossils.*
As previously mentioned, there are but few exceptions thereto such as when a prehistoric animal was buried alive during a major mudslide.
 - ii) *Throughout the past ages, nearly all of the layers of the earth became geologically so disarrayed and environmentally so eroded that there remain but very few complete skeletons to be unearthed.*
- ✓ *What all prehistoric vegetals is concerned, the paleontological record is even more incomplete by reason that such prehistoric vegetals left no body fossils but only trace fossils such as the imprint of a leaf in the interior of an ancient rock.*

In addition to the major challenges being imposed upon the paleontologists by that grossly incomplete fossil record, they have to also contend with a number of other major complications. Such as the past occurrence



of several mass extinction events, which appear to have been occasioned by as many catastrophic events (such as asteroid impacts and supervolcano eruptions and the outbreak of pandemics). In this regard, it cannot be denied that all paleontologists are still only guessing as to whether the extinction of nearly all dinosaur species about 65 million years ago was due to either an asteroid impact or the spread of a deadly virus.

In overall terms then, it is important for one to maintain a clear distinction between:

- i) the paleontological facts themselves in terms of the characteristic features of the discovered fossils
- ii) the paleontological theories, which are the various ways wherein the paleontologists are trying to interpret the interrelationships between all of such facts and which are therefore nothing more than all kinds of assumptions

To give but one example of how such paleontological facts have been grossly misinterpreted. Based on the so-called 'evidence of the paleontological record', it was assumed that the coelacanth (a prehistoric fish) became extinct many millions of years ago yet the very same creature was recently found to still be very much alive in nearly the same condition as it existed many millions of years ago. In other words, the so-called 'evidence of the paleontological record' is not precluding the fact that a certain life form could have existed long before or long after it is presumed to have existed, which kind of uncertainty is now being referred to by all paleontologists as *the Signor-Lipps effect*.

As such, it is because of these kinds of uncertainties seriously repudiating the so-called 'evidence of the paleontological record' that these teachings will be explaining the paleontological theories of natural evolution only after having explained at first the evolutionary theory known as abiogenesis and then the divinely-ordained course of natural evolution. For it is only after one has learned to profoundly understand the divinely-ordained course of natural evolution that one will be able to ascertain the either rightfulness or wrongfulness of a particular paleontological theory.

6. The Theories and Verities of Natural Evolution

While the previous section mainly conveyed the kinds of researches that have been conducted by the different kinds of scientists, this section serves to convey the extent whereto their theories are either reconcilable or not reconcilable with the mental and the spiritual realities of Life. Most of the forthcoming explanations thereof having been kept as generic as practically possible by reason that one is to first understand all of the major aspects of natural evolution before trying to understand all of the minor aspects of natural evolution.

6.1. The Theory of Abiogenesis

The term 'abiogenesis' is meant to collectively refer to all of the various processes whereby an organic life form could have chance-like evolved from inorganic substances.

6.1.1. The Assumptions Underlying that Theory

The theory of abiogenesis is based on the premise that so many billions of years ago the Earth must have consisted of naught but all kinds of inorganic elements and compounds. As such, it is assumed that in the watery environment of the primordial oceans some of these inorganic elements and



compounds must have somehow converted themselves into organic compounds whilst being subjected to one or other extraordinary event, such as a large dose of cosmic radiation or a lightning strike or a hydrothermal vent. And that, thereafter, some of these organic compounds must have somehow learned how to chemically combine themselves into all kinds of complex amino acids. And that, thereafter, some of these complex amino acids must have somehow learned how to chemically combine themselves into even more complex proteins. And that, thereafter, some of these even more complex proteins must have somehow learned how to attract to themselves other kinds of protein-like substances so as to enwrap themselves with a protective barrier (i.e. with a cell membrane). And that, thereafter, many of these now extremely complicated cells must have somehow learned how to configure themselves into an overall physical form.

6.1.2. The Major Shortcomings of that Theory

Needless to say that this theory is almost entirely based on all kinds of assumptions, by reason that:

- It fails to give any rational explanation of how such inorganic substances were capable of changing themselves into organic substances. It is merely being presumed that such enlivenments could only have chance-like occurred as a result of, for instance, the impact of a lightning strike.*
- It fails to give any rational explanation of how such then 'molecular life forms' gained the ability to replicate themselves.*
- It fails to give any rational explanation of how the first cellular life forms equipped themselves with their extremely complicated DNA molecules, i.e. without which it is utterly impossible for them to genetically replicate / reproduce themselves. The adherents to the theory of abiogenesis are once again presuming, in a decidedly non-scientific manner, that such DNA molecules must have somehow configured themselves during the course of a long series of chance-like events.*

Especially what this third point is concerned, let it be duly noted that:

- Every DNA molecule of every kind of bacterial and archaean and eukaryotic life form is consisting of many millions of individual atoms that are known to be arranged in such an intricate manner that not a single scientist has ever been able to artificially replicate even the most rudimentary DNA molecule.*
- When referring to a DNA molecule, the geneticists are using the word 'information' to convey the notion that every kind of DNA molecule is containing an enormous amount of genetically embedded data (i.e. of intelligently structured data). This in itself ought to be more than sufficient proof that every first kind of DNA molecule could only have been designed and fashioned by a Superintelligent Being.*
- Their theory is contrary to the interdependency of proteins and DNA. For it is known that proteins cannot form without DNA and that DNA cannot form without proteins. So which of these two were the first to emerge in the grand scheme of Life? Needless to say that that conundrum cannot be resolved for as long as one keeps on ignoring both the mental and the spiritual facts / realities of Life.*



- *The adherents to the theory of abiogenesis are merely presuming that the first cellular life forms must have somehow chance-like emerged in the watery environment of the primordial oceans. That presumption is fundamentally flawed by reason that, in the words of the chemical scientist Richard Dickerson, “It is hard to see how [the process of] polymerization could have proceeded in the aqueous environment of the primitive ocean, since the presence of water favours depolymerization rather than polymerization¹²” – with emphasis. In this regard, note that the keyword in that statement is the word ‘proceeded’ by reason that:*

A natural event – such as a lightning strike – can occasion some simple molecules to combine themselves into a larger molecule. Yet that larger molecule would then quickly defragment back into simple molecules in any kind of aqueous environment long before some other natural events – such as a series of other lightning strikes – could ever occasion such larger molecules to combine themselves at first into amino acids and then into proteins.

As such, because of the theory of abiogenesis being based on far too many assumptions and even on some blatant untruths, it is no longer being supported by any rationally-minded scientist. Instead, all bona fide scientists are now inclined to believe that about 3.5 billion years ago the advent of Life on planet Earth could only have been occasioned by the arrival of some alien bacteria in one or other asteroid that impacted the Earth. But which much more logical assumption is still failing to answer the pivotal question ‘Where did Life itself originate from?’. The answer whereto will have to be understood not from a human perspective but from a spiritual perspective, i.e. as cryptically relayed by Moses in the first Genesis chapter.

6.2. The Divinely Ordained Course of Natural Evolution

The truth that the whole of creation is a cosmological expression of God in His capacity as the Creator (the Holy Trinity) will always remain beyond the comprehension of those who are refusing to understand the quantum-physical realities of Life within the context of as well the mental as the spiritual realities of Life. In fact, these interrelationships become all too obvious when duly considering that:

- *every kind of energy in creation is always a lively energy*
- *every living creature in creation is:*
 - *consciously aware of its own existence*
 - *capable of mentally exerting itself*
 - *capable of spiritually experiencing at least some feelings, such as the feelings of peace*

This practically means that every such living creature is not just ‘a heap of atoms’ but is in fact a spiritual soul that is mentally expressing itself through the avenue of its bodily form. Which in turn practically means that, contrary to the opinion of some neurologists, the conscious awareness and the mental powers and the spiritual feelings of every such living creature do not have their origin in its physical brain but in its spiritual soul, which is God in His capacity as that spiritual soul.

¹² *Quoted from the article “Chemical Evolution and the Origin of Life”, Scientific American, September 1978, p.75*



The purpose of the following subsections then is to explain how the true origin and the evolutionary processes of Life ought to be understood within the context of as well the mental as the spiritual facts / realities of Life.

6.2.1. The True Meaning of ‘The Advent of Life’

From a mundane perspective, the term ‘the advent of Life’ is referring to the so-called dawning of Life on planet Earth, presumably in the form of one or other alien bacterium. From a spiritual perspective, that term is collectively referring to all of the processes wherewith God occasioned the appearance of at first every lively energy in creation and then of every lively creature in creation. Although it must be borne in mind that, from an exclusively spiritual perspective, the term ‘the advent of Life’ is actually a misnomer by reason that there can never be a beginning of life (advent) or an ending of life (cessation) to That what is eternally alive.

6.2.2. The Spiritual and the Mental Aspects of Life

The principles of Truth in Chapter 2 have clearly shown that all of the forces in creation are actually the mental forces of God and that, as such, every living creature is actually an integral part of God. This practically means that:

- the spirit of every living creature is actually an integral part of His spirit*
- the mind of every living creature is actually an integral part of His mind*
- the body of every living creature is actually an integral part of His cosmic body*

Yet, what every such living creature is concerned, one is to always maintain a clear distinction between:

- i) those mental powers that it is consciously and subconsciously utilizing to enact all of the relatively very simple physiological movements of its body*
- ii) those mental powers that it is superconsciously utilizing to manage and to control all of the relatively very complicated biological processes in its body*

*For that is exactly why Charles Darwin felt compelled to write in his *On the Origin of Species*:*

“In the distant future I see open fields for far more important researches. Psychology will be based on a new foundation, that of the necessary acquirement of each mental power and capacity by gradation” (page 488).

So, how is one to understand the divinely intended purpose of that gradation? Well, the only way thereto is for one to acknowledge the fact that, without that gradation, no living creature would be able to fulfil its divinely ordained purpose in creation. And how is one to understand the precise manner wherein God chose to impose that gradation? Well, if for ease of understanding only considering the human region of creation, then let it first be re-iterated that:

- i) every kind of earthly creature has been endowed with its own kind of natural instincts*
- ii) in addition to such natural instincts, all human beings have also been endowed with the capability to discern all kinds of spiritual intuitions (now including one’s spiritual conscience)*

Thusly requiring one to also maintain a clear distinction between a natural instinct and a spiritual intuition:



- *In the broadest terms, a natural instinct can be defined as 'a prompting that incentivizes a life form to behave itself without any consideration for the rightfulness or wrongfulness of its actions'.*

Such natural instincts do not change in a familiar environment but they can gradually change in an unfamiliar environment. Hence that, when some members of a subspecies of a major life form become isolated in a new environment, then their natural instincts are bound to gradually change whilst they are trying to adapt themselves to that new environment.

Special notes

- *It is the exposure of a living creature to a new kind of environment that is compelling it to change its **behavioural phenotype** (i.e. its behavioural tendencies). And it is such changes to its behavioural phenotype that can then occasion there to be certain changes to its **genetic genotype** (i.e. its genetic make-up), which will then in turn occasion there to be certain changes to its **physiological phenotype** (i.e. its physical appearance). All of which changes can thusly, over an extended period of time, result in the emergence of a new subspecies.*

In this regard, note that 'a new subspecies' can be defined as 'a group of organisms that can no longer produce any viable or fertile descendants when sexually or asexually interacting with any other subspecies'.

- *The natural instincts of a subspecies can also be gradually changed by way of the humanly imposed practice of selective breeding. But such artificially produced changes, although they were important to Charles Darwin in that they assisted him to formulate the various means of natural selection, will soon be understood to be irrelevant from a paleontological perspective.*
- *Despite the fact that naturalists amassed a huge amount of information about such natural instincts, they are still only guessing as to where they are coming / originating from. For instance, it is still unknown to them as to Who or What is occasioning all vegetals to engage in photosynthetic processes and as to Who or What is occasioning so many different kinds of animals to annually migrate across thousands of kilometers to their customary breeding and / or feeding grounds.*

- *Even so in the broadest terms, a spiritual intuition can be defined as 'a prompting that incentivizes a human being to intelligently engage in a creative or scientific or philosophical endeavour', which no other earthly creature is capable of or – more precisely – is not allowed to be capable of.*

To now continue with the explanation of how God is perpetuating that mental gradation. It has been scientifically proven that neither any natural instincts nor any spiritual intuitions are in and by themselves genetically encoded in the DNA structure of a living being. This practically means that such natural instincts and such spiritual intuitions can only be derived from an external source, which is not surprisingly the thought energies of God. Wherefrom can be surmised the following scientific reasons for the occurrence of all natural instincts and of all spiritual intuitions:



❖ *The Scientific Reasons for the Occurrence of all Natural Instincts*

*The different kinds of natural instincts of the different kinds of life forms are being triggered in their spiritual awareness by the different **energetic** functionalities of their different DNA structures. This means that there is a direct correlation between, on the one hand, the energetic functionalities of the **specific** DNA molecules of a **specific** kind of creature and, on the other hand, the capability of that **specific** kind of creature to discern a **specific** scope and range of God's thought energies. By reason that:*

*When a spiritual entity, consisting of a spiritual soul and its incumbent ego, decides to migrate from the angelic region to the human region – i.e. to inhabit a fertilized egg of its own kind – then the relatively very powerful energies of that fertilized egg will occasion that incumbent ego to increasingly identify itself with that fertilized egg. This practically means that all of its spiritual sensibilities will very soon after its conception be reduced to such an extent that it will **only** be capable of conceiving those kinds of thought energies that the energetic DNA molecules of that fertilized egg are equipped to conceive. Thusly resulting in that ego thereafter exhibiting **only** those kinds of biological and physiological growth patterns and **only** those kinds of behavioural modalities and **only** those kinds of mental powers and **only** those kinds of natural instincts as 'energetically enabled' by its genetic make-up. Or, to convey that same notion in terms of a straightforward analogy:*

*Every specific kind of DNA molecule can be likened to a specific radio set that can **only** receive a specific set of relatively-long radiowave energies (thought energies). Thusly resulting in every specific kind of creature exhibiting **only** its own kinds of mental powers (the acquisition of mental powers) and its own kinds of animalistic or humanistic capabilities (the capacity of such mental powers by gradation).*

From these explanations can be further surmised that:

➤ *If one insists on eating the corpses of dead animals, then one will quite naturally be ingesting their DNA molecules, whose energetic vibrations will then be having an impact on the energetic vibrations of one's own DNA molecules and which is thusly bound to result in:*

- i) the energetic functionalities of one's own DNA molecules being modified to the energetic functionalities of such animalistic DNA molecules and one thusly beginning to slowly but surely exhibit the animalistic tendencies of such animals*
- ii) one's predominant awareness to become all the more affixed to one of the three lowest chakras (the lumbar or sacral or coccygeal chakra) instead of to one of the four higher chakras (the heart chakra or throat chakra or cranial chakra or medulla chakra)*

Thusly resulting in one then living an all the more instinctively-driven lifestyle instead of an intuitively driven lifestyle

And that is why all major religions originally forbade the consumption of the flesh of land-dwelling animals. Including Christianity, until 'the church fathers' choose to



blatantly ignore the biblical injunction about the natural diet of man in Gen. 1:29.

- *The claim of some metaphysicists that a human being can reincarnate in the form of an animal is nothing more than a figment of their imagination. By reason that even those human beings who lived a demonic (*satanic*) lifestyle in a previous lifetime would never ever consider reincarnating in the form of an animal by reason that such would render it impossible for them to fulfil all of their remaining demonic (*satanic*) desires. The only variation thereto – which is not an exception but a different phenomenon – is when a disembodied demonically-minded (*satanically-minded*) entity manages to overpower the mind of an existing animal or an existing human being, which phenomenon is then known as the demonic (*satanic*) possession of such an animal or human being. As biblically relayed in Mark 5:1-20.*

❖ *The Scientific Reasons for the Occurrence of all Spiritual Intuitions*

*The DNA molecules of all human beings are known to be more sophisticated than the DNA molecules of any other earthly creature. It is that greater complexity that is enabling all human beings to mentally conceive all kinds of spiritual intuitions. But only if one learns to progressively re-sensitize oneself to them by way of one often mindfully (*soulfully*) engaging in the right kinds of contemplative (*meditative*) practices. As such, it is only by means of the acute discernment of such spiritual intuitions that one can elevate one's predominant awareness in the cerebrospinal axis at first to the heart chakra (the seat of one's Holy Ghost awareness) and then via the throat chakra and the cranial chakra (the seat of one's Christ awareness) to the medulla chakra (the seat of one's Cosmic awareness). Whereafter one will then be capable of voluntarily 'exiting' one's human form through the medulla oblongata so as to regain the utmost God-realization ¹³.*

Thusly explaining why all human beings only are capable of pursuing:

- *all kinds of scientific endeavours, i.e. wherewith to restore one's factual understandings of the science of Life*
- *all kinds of philosophical endeavours, i.e. wherewith to restore one's pragmatic understandings of the art of living*
- *all kinds of artistic endeavours, i.e. wherewith to restore all of one's innovative and creative capabilities*

This brings us to another main distinction that most people are not yet aware of and that is the distinction between, on the one hand, one's natural instincts and one's spiritual intuitions and, on the other hand, all of one's acquired habits:

- *one's natural instincts and one's spiritual intuitions are, as heretofore explained, the result of one's ability to mentally conceive the kinds of thought energies that one's DNA molecules are equipped to conceive*

¹³ *That final exit from the body is known to all Hindu followers as one's mahasamadhi, which literally means 'great (maha) ecstasy (samadhi)'*



- *an acquired habit is the result of one having adopted again and again and again the same kind of attitude or the same kind of behaviour until it became one's so-called 'second nature' (one's habitual nature)*

If such a habit be the right kind of habit, then it will be beneficial to one's spiritual growth. But if it be the wrong kind of habit, then it will be detrimental to one's spiritual growth and can even occasion one to suffer from one or other pernicious addiction (such as an alcohol addiction or a drug addiction).

As such, it is – for the most part of one's life – actually not one's natural instincts and neither one's spiritual intuitions but one's customary psychological desires that are occasioning one to habitually exhibit the same kinds of attitudes and the same kinds of behaviours. That is, in exact accordance with how such habits have been mnemonically imprinted – i.e. in the form of electrical charges – on the neurological pathways of one's 'physical' brain.

From an overall perspective then, if one is to actualize one's spiritual growth, then one will have to henceforth always maintain the clearest distinction between:

- *one's acquired habits which one will, in the seed-form of one's psychological desires, always carry forward from every previous lifetime to every next lifetime*
- *one's natural / earthly instincts, as brought to one's attention by the energetic operations of one's three lowest chakras*

These can be broadly categorized into:

- the automatic motor reflexes wherewith to protect oneself against bodily harms*
 - the evolutionary instincts (also known as the inborn behaviour patterns) such as the natural inclination of all little children to learn to walk and talk and count and read and so on*
 - the so-called gut feelings, each of which is actually not a feeling but a presentiment of one's ego that something might be happening or needs to be done and which are therefore, in most cases, nothing more than the outcome of one's either fearful or hopeful way of thinking (i.e. as prompted by one's subconsciously upheld fears and hopes).*
- *one's spiritual / heavenly intuitions, as brought to one's attention by the energetic operations of one's four higher chakras*

6.2.3. The Astonishing Complexity of the DNA Molecules

This subsection serves to conclusively show that, without the mental powers of an all-pervading Superintelligence, there could never have been any DNA molecules.

It was previously stated in subsection 6.1.2 that every kind of DNA molecule is actually consisting of many millions of atoms that are usually configured in what geneticists are referring to as a double helix DNA structure. The following illustration serves to give one a basic idea of the sheer complexity of such a DNA molecule:

[View Figure 11](#)



In addition to that sheer complexity, it needs to furthermore be duly acknowledged that:

- *As also stated in subsection 6.1.2, it is a proven fact that proteins cannot form without DNA and that DNA cannot form without proteins. So which of these two were the first to emerge in the grand scheme of Life? Well, that conundrum need not be resolved if one is only trying to understand the modus operandi of the DNA molecules. But it must be resolved if one aspires to regain the understanding of the true origin of Life, i.e. of Who or What could have superintelligently designed and fashioned the very first versions of all such extremely complicated DNA molecules.*
- *And it was also clearly stated in subsection 6.1.2 but now differently phrased that a fair number of scientists are still under the impression that the earliest versions of such extremely complicated DNA molecules could only have appeared in Nature due to a protracted series of all kinds of chance-like events. What these scientists are failing to accept is that the statistical probability of any such protracted series of chance-like events having produced even the least complicated DNA molecule anywhere in the entire universe is so insignificantly small that it can be equated to a practical impossibility. Or, to convey that same notion in the words of those who mathematically calculated that probability:*
 - *The biologist and zoologist Edwin Conklin: “The probability of life originating from accident is comparable to the probability of the unabridged dictionary resulting from an explosion in a printing shop ¹⁴”.*
 - *The professor [of applied mathematics and astronomy at the University College, Cardiff] Chandra Wickramasinghe: “For life to have been a chemical accident on earth is like looking for a particular grain of sand on all the beaches in all the planets in the universe – and finding it ¹⁵”.*
 - *The astronomer Fred Hoyle: “The chance that higher life forms might have emerged in this way is comparable to the chance that a tornado sweeping through a junkyard might assemble a Boeing 747 from the materials therein ¹⁶”.*

In other words, the claim that millions and millions and millions of ‘non-intelligent atoms’ could have somehow structured themselves into the first very complicated and fully operational DNA molecules without the assistance of a Superintelligence is an utterly irrational claim.

- *It cannot be disputed that the structural composition of the DNA molecule of a human being is not that different to the structural composition of the DNA molecules of many other earthly creatures. Yet every such difference is still more than sufficiently diverse to ensure that every kind of earthly creature has its own kind of genetic make-up and its own biological and physiological features. Hence that, although there is for instance a more than 98% compatibility between the DNA molecules of a chimpanzee and the DNA molecules of a human being, no*

¹⁴ Quoted from Reader’s Digest, January 1963, p.92

¹⁵ Quoted from “There must be a God”, Daily Express, August 14, 1981

¹⁶ Nature, 294 (1981), p.10



chimpanzee baby has ever been born to human parents inasmuch as no human baby has ever been born to chimpanzee parents.

As such, it can be conclusively stated that the so-called evidence of all genetic similarities:

- i) is to not be misconstrued to mean that all major life forms somehow naturally evolved from one another*
- ii) but ought to be correctly understood to mean that the first DNA molecules of all the different major life forms were, one after another, divinely designed and fashioned by one and the same Creator*

6.2.4. The Astonishing Complexity of the Cellular Activities

It is a well-known fact to all geneticists that, from a research perspective, the cellular activities of the bacterial and the archaean life forms are just as complicated as the cellular activities of the eukaryotic life forms. Therefore, in order to not overburden the student with too many technicalities, the following explanations are pertaining only to all eukaryotic cells:

- The **nucleus** of the cell, which is enveloped in a double membrane, serves to fulfil the function of a central computer in that it is governing all of the activities throughout the cell.*
- The **nucleolus** (the central core of that nucleus) and the **ribosomes** (the minute particles in the cytoplasm of the cell) are containing all kinds of RNA structures that are orchestrating and regulating the production of all the necessary kinds of protein (i.e. by way of synthesizing the right kinds of amino acids into the right kinds of proteins).*
- Every kind of eukaryotic cell (i.e. in terms of the different kinds of life forms) is characterized by its own **genes** and its own **chromosomes**. A gene can be defined as 'a recurring segment in a DNA molecule' and a chromosome can be defined as 'the combination of hundreds and hundreds of the replicated versions of such genes with their **nucleoproteins** (i.e. which are intricately linked to them)'.*

*In this regard, note that the differently configured chromosomes in a cell are altogether known as the **genome** of that cell, which is very specific for every kind of eukaryotic life form and which is thusly ensuring that, for instance, every kind of eukaryotic life form can only produce an offspring after its own kind.*

- The **endoplasmic reticula** of the cell are the tube-like and sheet-like extensions of the nuclear membranes of that cell. They are acting as fine networks that are capable of storing and deploying the proteins of the cell. While the so-called **Golgi bodies** serve to package and to distribute all of such proteins.*
- The **mitochondria** of the cell are manufacturing the chemical substance **adenosine triphosphate** (ATP). It is the source of energy that the cell is utilizing to perform many of its cellular activities.*
- The **outer membrane** of the cell serves to control the absorption of nutrients into the cell and the expulsion of waste products from the cell.*

In the words of a few scientists who meticulously researched all of the functionalities of a tiny human cell:

- In 'The Secrets of the Human Cell', Peter Gwynne and Sharon Begley and Mary Hager wrote:*



“Each of those 100 trillion cells [that every human body is on average consisting of] functions like a walled city. Power plants generate the cell’s energy. Factories produce proteins, vital units of chemical commerce. Complex transportation systems guide specific chemicals from point to point within the cell and beyond. Sentries at the barricades control the export and import markets, and monitor the outside world for signs of danger. Disciplined biological armies stand ready to grapple with invaders. A centralized genetic government maintains order ¹⁷” – with emphasis.

- In ‘The Awesome Worlds within a Cell’, Rick Gore wrote:

“The [genetic] instructions within the DNA of a living cell if written out would fill a thousand 600-page books. Each cell is a world brimming with as many as two hundred trillion tiny groups of atoms called molecules. Our [human] 46 chromosome ‘threads’ linked together would measure more than six feet. Yet the nucleus that contains them is less than four ten-thousandths of an inch in diameter¹⁸” – with emphasis.

To add to that complexity, it is a well-known fact amongst all molecular biologists that there are in Nature more than a hundred different types of so-called ‘left-handed’ and ‘right-handed’ amino acids. Yet the thousands and thousands of amino acids in every eukaryotic cell are all ‘left-handed’ and of no more than 20 different types. The aforementioned scientists Chandra Wickramasinghe and Fred Hoyle calculated the probability of such chemical coalition having chance-like occurred as being 1 in about $10^{40,000}$, which they regarded as ‘an outrageously small probability that could not be faced even if the whole universe consisted of organic soup ¹⁹’:

- In the [abridged] words of Chandra Wickramasinghe:

“From my earliest training as a scientist I was very strongly brainwashed to believe that science cannot be consistent with any kind of deliberate creation. That notion has had to be very painfully shed. I am quite uncomfortable in the situation, the state of mind I now find myself in. But there is no logical way out of it. Once we see ... that the probability of life originating at random is so utterly miniscule as to make it absurd, it becomes sensible to think that the favourable properties of physics on which life depends are in every respect ‘deliberate’, or created ²⁰”. Where to he added “I now find myself driven to this position by logic. There is no other way in which we can understand the precise ordering of the chemicals of life except to invoke the creations on a cosmic scale ... We were hoping as scientists that there would be a way around our conclusion, but there isn’t ²¹”

- In the words of Fred Hoyle:

“The notion that not only the biopolymer but the operating program of a living cell could be arrived at by chance in a primordial organic soup here on the Earth is evidently nonsense of

¹⁷ As published in *Newsweek*, August 20, 1979, p.48

¹⁸ As published in *National Geographic*, September 1976, pp.357-358, 360

¹⁹ Published in his 1982 / 1984 books “*Evolution from Space*”, co-authored by Chandra Wickramasinghe

²⁰ Quoted from “*There must be a God*”, *Daily Express*, August 14, 1981

²¹ Quoted from “*There must be a God*”, *Daily Express*, August 14, 1981



a high order ²²”. And “If one proceeds directly and straightforwardly in this matter, without being deflected by a fear of incurring the wrath of scientific opinion, one arrives at the conclusion that biomaterials with their amazing measure or order must be the outcome of intelligent design. No other possibility I have been able to think of ... ²³”

6.2.5. The Irrefutable Proof of the Verity of these Truths

When duly comparing the mundanely observed physiological movements of a so-called ‘dumb’ animal such as of a pig or a cow or a sheep or a chicken or a fish with its superintelligently managed biological functions, then one must surely become acutely aware of that odd disparity. So, could it be that every such ‘dumb’ animal is somehow cleverly refusing to outwardly express its innate superintelligence or could it be that a superintelligent Cosmic Being is divinely manifesting Itself as every such ‘dumb’ animal but is intentionally restricting Its expressions through every such ‘dumb’ animal? That is, by means of that Superintelligence having imposed upon every such ‘dumb’ animal certain genetic restrictions that are to ensure that it can only fulfil its intended purpose in the overall scheme of creation? And if that be so, which it undoubtedly is, then is that same principle not also applicable to every ‘even dumber’ vegetal life form and furthermore also to every ‘dumbest’ archaean and bacterial life form?

For it is precisely the recognition of that odd disparity that prompted Albert Einstein, who was not only a brilliant scientist but also a devout philosopher, to write:

“So many people today – and even professional scientists – seem to me like someone who has seen thousands of trees but has never seen a forest. A knowledge of the historic and philosophical background gives that kind of independence from prejudices of one’s generation from which most scientists are suffering. This independence created by philosophical insight is – in my opinion – the mark of distinction between a mere artisan or specialist and a real seeker after truth ²⁴”

For it needs to be duly acknowledged that:

From a human perspective, all atoms (consisting of electrons and quarks) have an exclusively objective nature. This practically means that, from that human perspective, such atoms can never ever subjectively express themselves. No matter how small or how big such a heap of atoms (electrons and quarks) might be. And this practically means that it is impossible for such objective atoms to ever structurally configure themselves in the extremely complicated form of any whichever living creature if it was not for the mental powers (mind) of the intelligent spirit (soul) of that living creature. And this practically means that, now from a spiritual perspective, every living creature must have not only a spiritual essence (be a spirit) but also an operational mind. Both of which, whilst appearing to be its own, are actually an integral part of – respectively – the all-pervasive essence of God and the all-powerful mind of God (i.e. in His capacity as the Creator). But Who, as heretofore explained, deliberately apportioned His expressions through all of such living creatures in exact accordance with their intended

²² Published in his 1982 / 1984 books “Evolution from Space”, co-authored by Chandra Wickramasinghe

²³ Published in his 1982 / 1984 books “Evolution from Space”, co-authored by Chandra Wickramasinghe

²⁴ A letter to Robert A. Thorton, Physics Professor at University of Puerto Rico, 7 December 1944



purpose within the overall scheme of His creation (i.e. by means of Him having differentiated all of their DNA structures).

As such, if one aims to succeed in one's quest to find the ultimate Truth, then one must learn to not only most profoundly but also most comprehensively understand the Truth. For it is only by way of such wholistic understandings of the Truth that one can come to realize the but one true answer to all of the following questions:

- ✓ *Whence did all of the objectified energies of creation come from? ... God alone*
- ✓ *Whence did all of the subjectified life forms in creation come from? ... God alone*
- ✓ *Whence emerged the spiritual awareness and the mental powers and the innate feelings of all living creatures? ... God alone*
- ✓ *Who superintelligently designed and fashioned every kind of extremely complicated DNA molecule? ... God alone*
- ✓ *Who is superintelligently sustaining all of the extremely complicated functionalities of all biological cells? ... God alone*
- ✓ *Who is superintelligently ensuring not only the preservation but also all of the intricate co-dependencies of the trillions and trillions of all such biological cells within the overall physiological form of every living creature? ... God alone*
- ✓ *Who is the true Source of all natural instincts and of all spiritual intuitions? ... God alone*

So that one may come to re-acknowledge one's true spiritual kinship with God in His capacity as the whole of creation. And thusly also with Him in His capacity as every other living creature, as in fact so relayed by:

- *the Judeo-Christian commandment 'Thou shalt love thy neighbour as thyself' (i.e. in Lev. 19:18 and in Matt. 22:39)*
- *the Hindu doctrine 'A true yogi is he who feels for others even as he feels for himself' Wherein the word 'yogi' is meant to refer to any devotee of God who is diligently practicing the scientifically valid methods of Truth.*
- *the Buddhist tenet 'Goodwill towards all beings is the true religion; cherish in your hearts boundless goodwill to all that lives'*
- *the Muslim saying 'All God's creatures are His family; and he is the most beloved of God who tries to do most good to God's creatures'*

6.3. The Paleontological Theories of Natural Evolution

The paleontological theories of natural evolution may well appear to be the most credible ones yet they are, as will soon be shown, actually the most untrustworthy ones. The main reason thereto is that, although such theories are based on the paleontological facts, each of them is nothing more than the way wherein some paleontologists are trying to 'squeeze / incorporate' all of such separate facts into the framework of their own beliefs / presumptions. In much the same way that the astrophysicists are trying to 'squeeze / incorporate' the various astrophysical facts into the framework of their own beliefs / presumptions. Therefore, inasmuch as the principles of Truth in Chapter 2 did expose the fallacies of the two most



prevalent astrophysical theories (the Big Bang Theory and The General Theory of Relativity), so will the forthcoming explanations also be exposing the fallacies of the two most prevalent paleontological theories.

6.3.1. Some Preliminary Notions

Prior to the relevant explanations, let the student first take due cognizance of the following notions:

❖ *The fraudulent claims of the pseudo-evolutionists*

A clear distinction needs to be maintained between:

- i) the valuable contributions being made by the paleontological scientists, each of whom can be regarded as a true expert in his / her own field of expertise*
- ii) the fraudulent claims being made by the pseudo-evolutionists, each of whom is always claiming to be an expert in every such field of expertise*

Such claims are all too often easily believable by the general public by reason that, as previously mentioned, the science of paleontology is not an exact science but a historical science. Thusly rendering it relatively very easy for such pseudo-evolutionists to sow all kinds of misconceptions in the minds of those who are not yet familiar with the subject of natural evolution.

In fact, the way wherein such pseudo-evolutionists are proselytizing their misconceptions about the course of natural evolution is not unlike to how the Christian doomsday prophets are proselytizing their misconceptions about the Book of Revelation. Both of their theories clearly evidencing the fact that both of them are still completely ignorant of the Truth.

❖ *The gross incompleteness of the paleontological record*

In this regard, let the student be reminded of the following statement made in subsection 5.3:

“As such, notwithstanding all of the latest fossil finds, the paleontological record of all vertebrate prehistoric animals is still nearly as incomplete as it was in Charles Darwin’s time and especially so what all more ancient prehistoric life forms are concerned. So much so that, of the more than 30 phyla (major divisions) of animals that are presumed to have existed, only about 10 phyla have ever been found in fossil form”

As such, the claim of many pseudo-evolutionists that the paleontological record can be regarded as complete is to be dismissed as a blatant lie.

❖ *The various fossil-dating methods*

The methods used to estimate the age of a fossil can be broadly categorized into:

- i) The carbon dating methods*

These methods are fairly reliable for the dating of fossils that are no older than about 60,000 years. The rationale for using them can be relayed as follows:

- A living plant is known to photosynthetically absorb radioactive C^{14} atoms from the Earth’s atmosphere at a ratio of about 1 radioactive C^{14} atom for every 1 trillion non-radioactive carbon atoms. Such C^{14} atoms can thusly also be found in all plant-eating animals and in all predatory animals.*



- *After such a plant or plant-eating animal or predatory animal has died, then its radioactive C^{14} atoms begin to decay at an exponential rate. This practically means that the number of C^{14} atoms in a dead organism are known to consistently halve over every period of about 5730 years.*

As such, by way of instrumentally measuring the number of the remaining C^{14} atoms in a fossil, it is possible for a radiologist to assess how long ago a life form might have died and by implication might have lived.

Special notes

- *The reason why the age of a fossil that is older than 60,000 years cannot be determined by means of the carbon-dating methods is that the then very few remaining C^{14} atoms in that fossil become almost completely obscured by, to mention but only one factor, the C^{14} atoms in and around the carbon-dating instrument.*
- *Nevertheless, those radiologists who are choosing to ignore that 60,000 year limit are adjusting the outcome of such carbon-dating measurements to what they believe to have been the prevailing concentration of C^{14} atoms in the Earth's atmosphere during the time period that a prehistoric life form is presumed to have lived. But which concentration could during the lifetime of that creature well have been very different from the norm, by reason that:*
 - *The conversion of normal carbon atoms into C^{14} atoms in the Earth's atmosphere is due to them being impacted upon by a variety of cosmic radiations. Yet the potencies and the concentrations of such conversions can be significantly different not only from one location to another (i.e. because of the relative altitudes) but also from one time period to another (i.e. because of the then different localized strengths of the Earth's magnetosphere). Thusly making it very difficult for such radiologists to try to assess the age of the fossil.*
 - *If the relevant creature lived nearby an active volcano, then the associated increase of non-radioactive C^{12} and C^{13} atoms in that environment would have significantly altered the concentration of the radioactive C^{14} atoms.*
 - *The C^{14} atoms are furthermore also being very differently absorbed (i.e. in different ratios) by the different oceans and different lakes and different water reservoirs. Thusly complicating the carbon-dating of those prehistoric animals whose partial or complete diet may have consisted of aquatic plants and of those prehistoric animals that preyed on such plant-eating animals.*

ii) Other radiometric dating methods

These methods, such as the uranium-thorium dating method, are being used to determine the age of fossils that were deeply embedded in very ancient rocks (i.e. in rocks that are older than 50 million years). They are reliable up to an accuracy of 0.5% yet they are hardly ever being used by reason that:

- *they can only date fossils that were embedded in volcanic rocks*



- *there are but very few such prehistoric volcanic sites*
- *such volcanic sites are hardly containing any fossils*

iii) The stratigraphic and biostratigraphic dating methods

The way wherein these dating methods are being utilized can be relayed as follows:

- *The stratigraphic dating methods are primarily being used to guesstimate the geological age of the sedimentary layers wherein the fossils are found. But which sedimentary layers can be somewhat compared to a jigsaw puzzle. By reason that, although during the course of the planet's evolution every younger sedimentary layer posited itself on top of an older sedimentary layer, nearly all of such layers became greatly disturbed (i.e. broken up into many no longer adjacent fragments due to all kinds of major and minor earthquakes and all kinds of erosions). These methods are however still useful in the sense that, if a fossil has been unearthed from in between two reasonably preserved layers whose geological ages can be guesstimated, then that particular life form must have lived in between such two geological ages.*
- *The biostratigraphic dating methods are primarily being used to try to match the age of a newly discovered fossil to the age of a so-called index fossil, i.e. which was previously found at another site in an identical kind of sedimentary layer whose geological age has already been guesstimated. These particular methods are however only reliable if the newly found fossil does have the same distinctive features as the index fossil and if it also has a similar global distribution pattern and if it also has a short fossil range²⁵. In other words, if that newly found fossil cannot be matched to such an index fossil, then its age cannot be guesstimated by means of these particular methods.*

As a whole then, these dating methods have their severe limitations by reason that:

- *they can only yield a so-called relative dating (i.e. not an absolute dating) of fossils*
- *there are but very few reliable index fossils in that there are but very few sedimentary layers, even across all of the different continents, that have exactly the same age and exactly the same composition*

iv) The incremental fossil-dating methods

If the age of a fossil cannot be determined by means of any of the aforementioned fossil-dating methods, then the paleontologists have no other choice than to resort to the incremental fossil-dating methods. The most prevalent of these are known as:

- *tree-ring dating, also known as dendrochronology*
- *the sampling of ice cores, to extract and to analyse annual snow layers*
- *varve analysis, to measure the changes in the thickness of the sedimentary layers (i.e. which various thicknesses are believed to have been the result of the Earth's orbital movements / seasonal patterns)*

²⁵ *This means that it must quickly decompose when being exposed to the normal atmosphere and to normal soil conditions.*



- *paleomagnetic dating, to measure the strength of the magnetic 'signatures' left behind in the sedimentary layers due to the polarity reversals of the Earth's magnetic field*
- *speleothems, the study of cave formations*
- *lichenometry, the guesstimating of the geochronological age of the lichen growth on rocks*

Last but not least, let it be specifically mentioned that the so-called molecular phylogenetic methods being used by the geneticists to compare the DNA structures of the contemporary life forms with one another (i.e. so as to try to 'reconstruct' their taxonomic family trees) cannot be classified as paleontological dating methods. That is, by reason that all of such methods are based on the assumption that all major life forms must have somehow naturally evolved from one another yet which assumption is soon exposed to be a fallacy in subsection 6.3.3.

- ❖ *A summary of the constraints to and the shortcomings of the paleontological research methods*
 - *the paleontological record is still grossly incomplete and especially so what all older prehistoric life forms are concerned*
 - *the carbon-dating methods can only be utilized to guesstimate the age of a fossil that is not older than about 60,000 years*
 - *there are but few fossils that can be dated with the other radiometric methods, i.e. only those smaller fossils that are occasionally found to be embedded in volcanic rocks that are older than 50 million years*
 - *the presumptions / theories based on the outcomes of the stratigraphic and the biostratigraphic dating methods are highly debatable*
 - *the incremental fossil-dating methods can only yield a relative dating, not an absolute dating*
 - *the Signor-Lipps effect that was mentioned in subsection 5.3 and a variety of other such uncertainties*

And, of course, also the unwillingness of the paleontologists to even try to interpret the paleontological facts within the context of the mental and the spiritual realities of Life.

6.3.2. The Two Prevailing Paleontological Theories

Because of the paleontological record still being grossly incomplete, there are still many disagreements amongst the paleontological scientists about even the most basic aspects of the course of natural evolution, such as:

Many of them are of the opinion that all avian birds must have somehow evolved from cold-blooded dinosaurs (i.e. that one or more species / subspecies of the cold-blooded dinosaurs firstly evolved into warm-blooded dinosaurs and then into avian birds). While others are remaining firmly opposed to that belief.

It is because of such differences of opinion that the greatest majority of paleontologists eventually decided to adopt either the one or the other of the following two most popular theories of the course



of natural evolution:

- The first theory, which is mainly based on the outcome of the molecular phylogenetic dating methods, is known as 'the constant rate scenario' in that its adherents are of the belief that the evolution of all life forms must have proceeded at a constant rate. And that, as such, the emergence of a 'subsequent' life form must have been the result of the evolutionary progress having been made by one or other species / subspecies of a 'preceding' life form.
- The second theory, which is mainly based on the outcome of the stratigraphic and biostratigraphic dating methods, is known as 'the sudden explosion scenario' in that its adherents are of the belief that there must have been a sudden explosion of vegetal and animal life forms during the first 10 million years of the Cambrian period. And that, thereafter, the evolutionary pace of all such life forms remained extremely slow but nevertheless still resulted in some species / subspecies of the primates having evolved into all human beings.

❖ The Constant Rate Scenario

In terms of this scenario, all terrestrial life forms are believed to have emerged in the following order:

[View Figure 12](#)

The falsity whereof will become apparently clear whilst studying subsection 6.3.3 entitled 'The Similarities and Dissimilarities of the Major Life Forms'.

❖ The Sudden Explosion Scenario

The paleontologists that are advocating this kind of scenario are at least trying to understand why the paleontological record is still so grossly incomplete and especially so in view of the following facts:

- not a single fossil has ever been found of a transitional or an intermediate life form between the pre-Cambrian and the Cambrian life forms

Or, in the words of the following scientists:

- Charles Darwin: "To the question why we do not find [fossiliferous] records of these vast primordial [pre-Cambrian] periods, I can give no satisfactory answer" (page 307 of his 'On the Origin of Species' – with emphasis).
- The biochemist D. B. Gower: "In the oldest rocks we did not find a series of fossils covering the gradual changes from the most primitive creatures to developed forms; but rather, in the oldest rocks, developed species suddenly appeared. Between every species there was a complete absence of intermediate fossils²⁶".
- The paleontologist Alfred S. Romer: "Below this [the sedimentary layers of the Cambrian period], there are vast thicknesses of sediments in which the progenitors of the Cambrian forms would be expected. But we do not find them; these older beds are almost barren of evidence of life, and the general picture could reasonably be said to

²⁶ D. B. Gower, "Scientists Rejects Evolution", Kentish Times, England, December 11, 1975, p.4



be consistent with the idea of a special creation at the beginning of Cambrian times²⁷”
– with emphasis.

- *there is no conclusive evidence of there ever having existed any transitional or intermediate life form after the emergence of the physiologically and biologically very distinct Cambrian major life forms:*

- *In 1970, professor of natural science and expert paleontologist John N. Moore publicized the outcome of a thorough study conducted by the Geological Society of London and the Paleontological Association of England:*

“Some 120 scientists, all specialists, prepared 30 chapters in a monumental work of over 800 pages to present the [then current status of the] fossil record for plants and animals divided into about 2,500 groups ... Each major form or kind of plant and animal is shown to have a separate and distinct history from all the other forms or kinds! Groups of both plants and animals appear suddenly in the fossil record ... The [prehistoric ancestors of] whales, bats, horses, primates, elephants, hares, squirrels, etc., all are as distinct at their first appearance as they are now. There is not a trace of a common ancestor, much less a link with any reptile, the supposed progenitor²⁸” – with emphasis.

- *Since then, a number of fossils have been found that some paleontologists are claiming to have been transitional or intermediate life forms but which are so incomplete and / or so poorly preserved that it requires not just a few imaginations to arrive at such presumptuous conclusions.*

As such, the paleontologists who are adhering to this particular scenario are of the belief that:

- i) *it cannot be any otherwise than that there must have been ‘a sudden explosion’ of the eukaryotic life forms in the first 10 million years of the Cambrian period (i.e. as evidenced by the paleontological record)*
- ii) *since then, all of the evolutionary changes in such life forms are always occurring at an extremely slow pace whenever such life forms are trying to adapt themselves to any significant changes in their natural environment*

As per the Darwinian premise of ‘the means of natural selection’ and as even so mentioned by Steven M. Stanley in the preface to his book ‘The New Evolutionary Timetable’²⁹:

“The [paleontological] record now reveals that species typically survive for a hundred thousand generations, or even a million or more, without evolving very much ... After their origins, most species undergo little evolution before becoming extinct” – with emphasis

Thusly explaining why the physiological and the biological features of many subspecies of life [such as the oak tree, the fly, the coelacanth, some whales, the crocodile] have hardly

²⁷ Alfred S. Romer, “Darwin and the Fossil Record”, *Natural History*, October 1959, pp.466-467

²⁸ John N Moore, “Should Evolution Be Taught?”, 1970, pages 9,14,24

²⁹ Steven M. Stanley, “The New Evolutionary Timetable”, Basic Books: First edition October 1981



changed at all over the last so many millions of years.

*That overall theory, now known as **The Theory of Punctuated Equilibrium**³⁰, is thusly presuming that something extraordinarily must have happened during the first 10 million years of the Cambrian period that somehow resulted in the occurrence of all kinds of genetic mutations and thusly in the diversification of all the then prehistoric life forms.*

To conclude this subsection, it ought to be evidently clear that:

- ✓ *the constant rate scenario is most definitely a wrong scenario in that no fossils have ever been found of any transitional or intermediate life forms*
- ✓ *the sudden explosion scenario is only partially right in that, as will hereafter be explained in subsection 6.3.3, the very distinctive differences between all of the major life forms could during that relatively very short geological period of time never have been occasioned by any naturally-occurring or any catastrophically-occurring genetic mutations*

6.3.3. The Similarities and Dissimilarities of the Major Life Forms

The following explanations will clearly show that the very distinctive differences between all of the major life forms could during that relatively very short geological period of time never have been occasioned by any naturally-occurring or any catastrophically-occurring genetic mutations. But that, instead, the emergence of every progressively more advanced major life form can only be attributed to a special act of creation, as relayed by Moses in the first Genesis chapter. In other words that, when God decided to progressively manifest Himself as all of the different major life forms in His creation He ensured that, notwithstanding their obvious similarities, all of them would also be distinctly dissimilar to one another.

So, before relaying their distinct dissimilarities, let the student first note all of their similarities. For, when duly comparing the genetic and the biological and the physiological features of every 'less advanced' major life form to those of every 'more advanced' major life form, then it cannot be denied that every such two major life forms do have:

- ✓ *a similar but not identical genetic make-up*
- ✓ *similar but not identical sensory organs*
- ✓ *similar but not identical biological organs*
- ✓ *similar but not identical natural instincts*
- ✓ *similar mental powers, yet always only in exact accordance with their genetic make-up*
- ✓ *similar spiritual feelings, yet again always only in exact accordance with their genetic make-up*

To now list the very distinct dissimilarities between all of such major life forms excepting, for obvious reasons, all bacterial and archaean and vegetal life forms:

- *Between **invertebrates** and **fish**:*

- ✓ *invertebrates have no spine*
- ✓ *fish have an elongated spine along which are aligned their spinal nerves*

³⁰ *The hypothesis that evolutionary development is marked by isolated episodes of rapid speciation between long periods of little or no change.*



○ *Between **fish** and **amphibians**:*

- ✓ *fish have a two-chambered heart while amphibians have a three-chambered heart*
- ✓ *fish have gills while amphibians have lungs*
- ✓ *fish have simple fins while amphibians have sophisticated limbs*
- ✓ *fish have no pelvis while amphibians do have a pelvis*
- ✓ *fish have scales while amphibians have no scales*
- ✓ *fish have no eyelids while amphibians do have eyelids*

Special note

Contrary to the claims of some evolutionary theorists, the paleontologists are no longer even considering the lungfish and the coelacanth and the tadpole to be transitional life forms (i.e. between fish and amphibians).

○ *Between **amphibians** and **reptiles**:*

- ✓ *amphibians have skins while reptiles have scales that are very different to fish scales*
- ✓ *the non-shelled eggs of amphibians are biologically very different to the shelled eggs of reptiles*

○ *Between **reptiles** and **birds**:*

- ✓ *reptiles have a three-chambered heart while birds, even as the hereafter mentioned mammalian animals, have a four-chambered heart*
- ✓ *reptiles are cold-blooded while birds are warm-blooded*
- ✓ *reptiles have a simple respiratory system while birds have a complicated respiratory system that is equipped with complementary air sacs*
- ✓ *reptiles have scales while birds have feathers*
- ✓ *reptiles have a 'mouth' while birds have a beak*
- ✓ *reptiles have vocal cords while birds have a syrinx*
- ✓ *reptiles have solid bones while birds have hollow bones reinforced with internal struts (not unlike the mechanical braces in the wing of an airplane)*

Special note

Most paleontologists are now conceding to the fact that the archaeopteryx was not the reptilian progenitor of all contemporary birds. By reason that:

- *the archaeopteryx had perfectly formed feathers, i.e. not semi-scales / semi-feathers*
- *even as all present-day birds, the archaeopteryx had hollow bones*
- *the fossils of modern-day birds have been found in the very same geological layers as the fossils of the archaeopteryx, thusly proving their co-existence at that time*



○ *Between **reptiles** and **mammals**:*

- ✓ *unlike all mammals, reptiles have no mammary glands*
- ✓ *unlike all mammals, reptiles have no diaphragm*
- ✓ *reptiles are cold-blooded while mammals are warm-blooded*
- ✓ *the skeletal ear bone of reptiles (one bone only) is completely different to the skeletal ear bones of mammals (three bones) and, unlike all mammals, reptiles do not have the auditory organ of Corti which is consisting of thousands of nerve rods and nerve endings*
- ✓ *the reptilian legs are positioned on the side of the body while the mammalian legs are positioned under the body*

Special notes

- *It is often claimed by the evolutionary theorists that, a long time ago, the mammary glands of mammals must have evolved from the modified sweat glands of their reptilian predecessors. That claim is nonsensical by reason that a cold-blooded reptile does not have any sweat glands.*
- *All mammals can be categorized into:*
 - i) *placentals, whose offspring remain in the uterus of the mother where they are deriving their nourishment via the placenta until they are born*
 - ii) *marsupials, whose offspring are born in an immature state but which are then continuing their growth in the so-called marsupium (such as in the case of the kangaroos)*
 - iii) *a few monotremes (egg-laying mammals), such as the platypuses*

All of which have been taxonomically categorized as genuine mammals, which is why neither the marsupials nor the monotremes can be regarded as transitional or intermediate life forms.

○ *Between **all mammalian animals** and **all human beings**:*

Although the biological functionalities of all human beings are fairly similar to those of all mammalian animals, the 'superior' genetic make-up of all human beings is allowing them to intelligently understand not only every aspect of Life but also every process of Life. As such, while all mammalian animals have been divinely restricted to live their lives as per the dictates of their natural instincts, all human beings have the freedom of choice to live their lives either as per the promptings of their natural / animalistic instincts or as per the promptings of their spiritual intuitions.

Hence that within the human region of creation all human beings only are capable of reasoning rationally, of coherent speech, of pursuing all kinds of artistic and scientific and philosophical



endeavours. Thusly rendering them the only earthly creatures capable of progressively regaining the utmost God-realization.

Special note

From a biological perspective, the capability of a human being to vary his / her modes of behaviour from the most instinctive to the most intuitive can also be understood in terms of the multi-layered structure of the human brain:

- the 'reptilian' part of the human brain, consisting of the brain stem and the so-called reptilian complex
- the 'early mammalian' part of the human brain, consisting of the so-called limbic system
- the 'later mammalian' part of the human brain, consisting of the neo cortex which is far more sophisticated in a human being than in any other mammal (such as in a primate)

In this regard, let it be duly noted that the evolutionary theorists are often referring to that compartmentalization of the human brain to try to substantiate their claim that all human beings must have naturally evolved from the animals and that, as such, no human being could ever have been a special creation of God. Yet which ludicrous claim is directly opposed to the fact that, when God started to manifest Himself in His capacity as all of the first human beings, He chose to incorporate into their genetic make-up all of the 'necessary' features of the genetic make-up of all the previously created major life forms. So that they would always have access to those natural instincts wherewith to ensure their everyday survival.

6.3.4. The Advent of Humankind

Because of their materialistic outlook on Life, the consensus amongst the paleontologists is that:

- i) the earliest evolutionary ancestor of man must have been a small rodent-like mammalian creature that is presumed to have lived about 70 million years ago and that is then thought to have evolved over a period of about 40 million years into all kinds of other mammalian animals and, subsequent thereto, also into all human beings
- ii) the more recent lineage of man must have been as follows:

View Figure 13

As can be surmised from the comments in that table, it is currently assumed by the paleontologists that the Archaic Homo sapiens species (the first human beings) must have somehow evolved from the Homo erectus species (the olden-day apes). That assumption being due, of course, to them as yet having no in-depth understandings of all the correlations between all of the physical (quantum-physical) aspects of Life and all of the mental aspects of Life and all of the spiritual aspects of Life.

As such, it ought to be duly acknowledged that, in stark contrast to their unsubstantiated presumptions, all human beings did most definitely not evolve from any animals but that the emergence of all first human beings can only be attributed to a special act of creation by God. As so narrated by Moses in the first three Genesis chapters.



7. Some Additional Notions that Need to be Borne in Mind

To correctly understand the subject of natural evolution within the overall context of the verity of spiritual creation, one has to also take due cognizance of:

✓ ***The universality of Life amongst all living creatures***

Irrespective of how diversely the awareness and the feelings and the volitions and the mental powers and the bodily vitalities of all sentient beings are being experienced and expressed, they are always of exactly the same kind. That is, an awareness is always an awareness, a feeling always a feeling, a volition always a volition and so on. Thusly endorsing the fact that there can ultimately be but only one omnipresent Spirit manifesting Itself in and through all of the different kinds of life forms.

✓ ***The fact that every living creature is a desire-driven creature***

It is because of the insistence to harbour and to nurture all kinds of worldly desires that a living creature is again and again compelling itself to be born in a worldly body, which it will again and again have to leave behind at the end of its every lifetime (i.e. at the time of its every mortal death). Wherefrom can be surmised that one's worldly body, which is exclusively consisting of objectified energies, can in and by itself not entertain any subjective desires and that – as such – every kind of desire is always a psychologically upheld desire (i.e. harboured and nurtured by the psyche / spirit of a sentient being).

With respect to oneself, all of such desires can be broadly categorized into:

- *those being triggered in one's awareness by the discernment of one's natural instincts*

These are the ones that are predisposing one to pursue a materialistic lifestyle and to accordingly often experience all kinds of frustrations that are then occasioning one to arouse within oneself all of the wrong kinds of sentiments (such as the sentiments of jealousy and anger and hate and spitefulness and vengefulness). And to thusly also arouse within oneself all of the wrong kinds of emotions.

- *those being triggered in one's awareness by the discernment of one's spiritual intuitions*

These are the ones that are predisposing one to pursue a spiritual lifestyle and to accordingly start re-perfecting – one after another – all of one's everyday attitudes and all of one's everyday behaviours.

Special note

It is because of many Christian clerics not yet understanding the psychological nature of all desires that they are proclaiming the spirit of man to be of God but the body of man to be of the Devil. That dogmatic belief is due to the misinterpretation of the verse “Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak” (Matt. 26:41). But which needs to be correctly understood in conjunction with the verse “Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?” (1 Cor. 6:19), i.e. which verse serves to:

- i) *explicitly convey the notion that one's body is actually consisting of God's subatomic particles (the Holy Ghost)*



ii) *implicitly convey the notion that it is not one's body but one's mind or, more precisely, the waywardness of one's mind that is occasioning one to pursue all kinds of avaricious and lustful desires (biblically referred to as 'but the flesh is weak')*

✓ ***There is a divine purpose to the existence of every kind of life form***

When duly comparing all of the different major kinds of life forms on this planet, then one will come to realize that:

- *The **bacterial** and the **archaeal** life forms are to ensure the organic viability of the planet.*
- *The **viruses** are to facilitate whichever evolutionary diversifications are necessary to ensure 'the survival of the fittest'.*
- *The **vegetal** life forms are to fulfil a dual purpose:*
 - i) *to extract the 'life-sustaining' oxygen from the 'poisonous' carbon dioxide gases*
 - ii) *to photosynthetically convert the right kinds of 'inorganic' substances into the right kinds of 'organic' nutrients for all **animal** life forms and for all **human** beings, as so narrated by Moses in Gen. 1:29-30*
- *The primary purpose of all **animal** life forms is to serve as 'a social help meet' for all human beings. For it is a well-known fact that one's therapeutic exposure to such animals can greatly assist one to alleviate all kinds of emotional stresses. Which is why so many people feel inclined to keep pets and / or to regularly visit the local zoo and / or to go on exotic safaris and / or to ride horses and / or to go scuba diving and so on.*
- *What all **human beings** themselves are concerned, their divinely ordained purpose is to support and to assist one another to progressively regain the utmost God-realization. This practically means that one is to never ever deem any other human being to be inferior or superior to oneself, i.e. by reason that every human being is actually an individualized expression of God.*

In terms of that hierarchy, let it be strongly re-iterated that no bacterial or archaean or vegetal or animal life form has ever been able to raise its level of intelligence to the human level of intelligence. And such despite the fact that all of such 'lower' life forms already existed for millions and even billions of years before the advent of man and that they would, as such, have had plenty of opportunity to win the so-called intelligence race against man. But which they could of course never do because of their 'less advanced' genetic make-up. Wherefrom can be deduced that the emergence of the first human beings was most definitely not due to any evolutionary processes but actually due to a special act of creation by God.

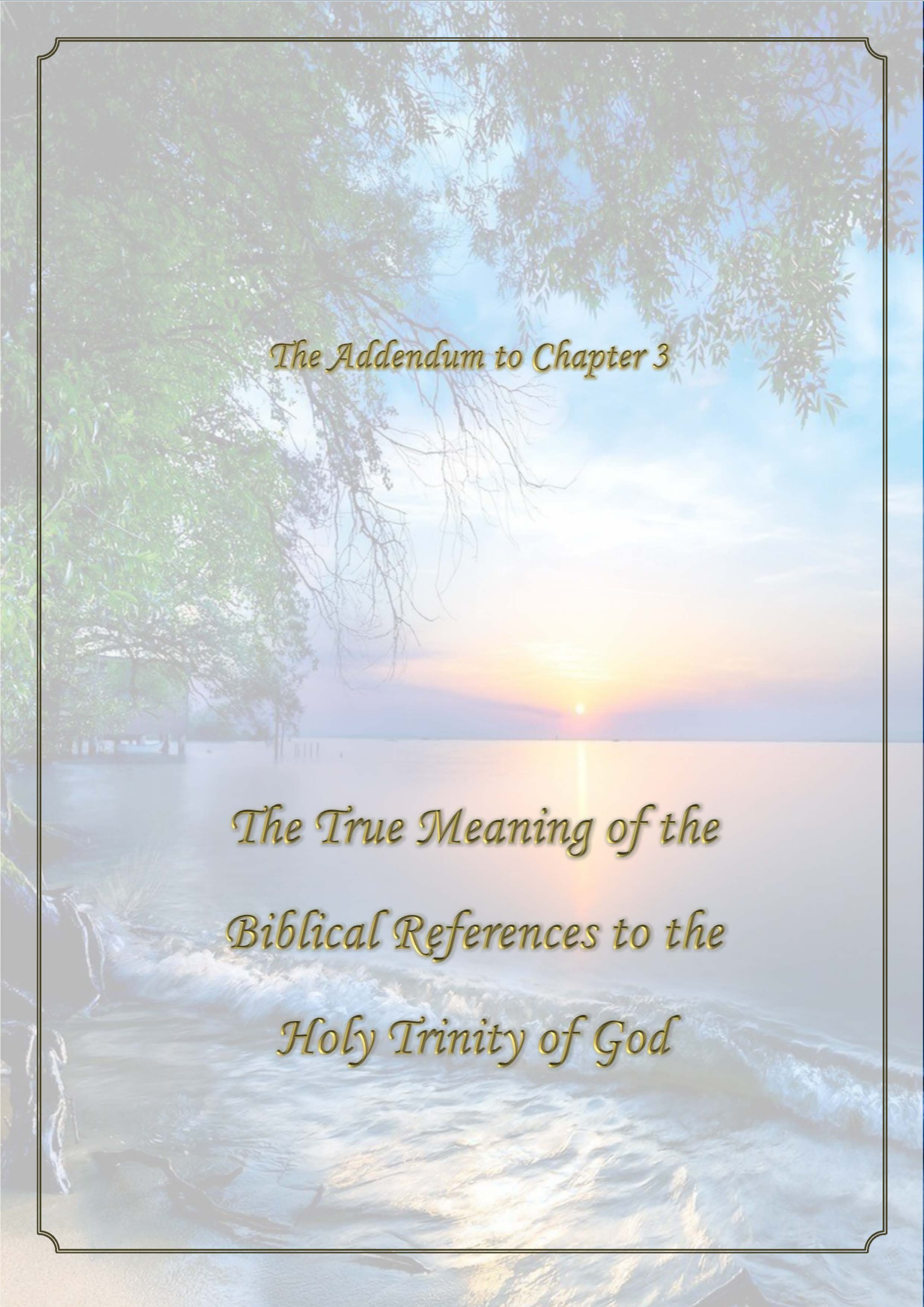




To Conclude this Third Chapter

This third chapter has shown the biblical story of creation to be perfectly reconcilable with all of the principles of Truth in the second chapter of these teachings. It also showed the way wherein the various processes of natural evolution are to be correctly understood within the context of the verity of spiritual creation. Thusly allowing one to factually understand how God came to cosmologically express Himself as the whole of creation and thusly, by implication, also as oneself.



A serene sunset scene over a body of water. The sun is low on the horizon, creating a bright orange and yellow glow that reflects on the water. The sky is a mix of blue and white clouds. In the foreground, there are green trees and a small wooden pier or dock on the left side. The entire scene is framed by a thin black border with decorative corner pieces.

The Addendum to Chapter 3

*The True Meaning of the
Biblical References to the
Holy Trinity of God*



This addendum serves to convey the true-to-Life significances of all the verses in the Holy Bible that are directly referring to either one or two or all three aspects of the Holy Trinity of God.

❖ *“For he [Jesus] shall be great in the sight of the Lord, and shall drink neither wine nor strong drink; and he shall be filled with the Holy Ghost, even from his mother's womb” (Luke 1:15).*

“And the angel answered and said unto her [Mary], The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God” (Luke 1:35).

“Now the birth of Jesus Christ was on this wise: When as his mother Mary was espoused to Joseph, before they came together, she was found with child of the Holy Ghost. Then Joseph her husband, being a just man, and not willing to make her a public example, was minded to put her away privily. But while he thought on these things, behold, the angel of the Lord appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife; for that which is conceived in her is of the Holy Ghost” (Matt. 1:18-20)

These verses are all referring to the immaculate conception of the Lord Jesus:

During one of her nightly meditations, the Virgin Mary re-expanded her human awareness to the fullest extent of her Holy Ghost awareness (the Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee). Thusly allowing God in His capacity as the Holy Ghost to divinely re-configure and re-vitalize and fertilize the tiny embryonic cell (that holy thing) in her womb so as to render it absolutely perfect for the immaculate conception (incarnation) of the Lord Jesus.

Special notes

- *The subsequent growth of that embryonic cell at first into the foetus and then the baby body of Jesus had to necessarily follow the normal evolutionary course of such events.*
- *After his birth, the baby Jesus had yet to master all of his bodily movements. But, by reason that his conception had been occasioned by the Holy Ghost awareness of his mother Mary, the magnetic affectations of his baby body were already so potent that they were capable of telekinetically healing those that came near him.*
- *As and when Jesus grew into boyhood, he learned from his mother Mary how to meditatively re-expand his human awareness to the fullest extent of his Holy Ghost awareness. As can also be surmised from the extraordinary wisdom that he already possessed at that boyish age.*
- *At the age of thirty-three, Jesus asked John the Baptist to baptize him. That particular event enabled him to re-expand his Holy Ghost awareness to the fullest extent of his Christ awareness. Thusly earning him the honorary title of Christ, as biblically endorsed by the verse “He said unto them, But whom say ye that I am? Peter answering said, The Christ of God” (Luke 9:20).*
- *It was only when he chose to spiritually re-ascend to his Father that the Lord Jesus regained the fullest extent of his Cosmic awareness. As biblically endorsed by the verse, “Jesus saith unto her [Mary Magdalene], Touch me not; for I am not yet [fully] ascended to my Father: but go to my brethren, and say unto them, I ascend unto my Father, and your Father; and to my God, and your God” (John 20:17).*



- ❖ *“And, behold, there was a man in Jerusalem, whose name was Simeon; and the same man was just and devout, waiting for the consolation of Israel: and the Holy Ghost was upon him. And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord’s Christ. And he came by the Spirit into the temple: and when the parents brought in the child Jesus, to do for him after the custom of the law, then took he him up in his arms, and blessed God, and said, Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; a light to lighten the Gentiles, and the glory of thy people Israel” (Luke 2:25-32)*

Let it first be duly acknowledged that, besides their historical significance, these verses need to also be understood from a metaphorical perspective. By reason that:

- *the man ‘Simeon’, whose name literally means ‘he who listens to God’, serves to represent any person having regained his / her Holy Ghost awareness but not yet his / her Christ awareness*
- *the ‘baby Jesus’ and the ‘Lord’s Christ’ serve to respectively represent one’s re-emerging Christ awareness and the fullest extent of one’s Christ awareness*
- *the ‘people Israel’ are all of the subatomic particles of one’s earthly body*
- *the mentioning that the parents of the baby Jesus brought him to the temple to do for him after the custom of the law (to be circumcised) serves to convey the following notion:*

It is only by means of the recultivation of one’s true motherly love and one’s true fatherly wisdom (the parents), whilst introspectively meditating (in the bodily temple), that one can occasion (bring about) the re-emergence of one’s Christ awareness. Which will then result in the spiritual circumcision of one’s awareness, in one’s then ability to always maintain a clear distinction between:

- i) *the delusive appearances of all worldly things*
- ii) *their true inner energetic natures*
- *the word ‘Jerusalem’ can for now – i.e. until more extensively explained in Chapter 5 (The Spiritual Ascent of Man) – be understood to refer to all of the heavenly energies that one is willfully occasioning to flow from one’s medulla oblongata into and through one’s seven cerebrospinal chakras*
Which is why the Lord Jesus chose to proclaim, “Man shall not live by bread alone [the earthly sources of sustenance], but by every word [heavenly energy] that proceedeth out of the mouth of God [one’s medulla oblongata]” (Matt. 4:4).
- *the word ‘Gentiles’, which literally means ‘unbelievers’, serves to represent all of one’s still materialistic (not yet re-spiritualized) notions*

As such, the true-to-Life significance of the above verses can now be relayed as follows:

Because of the exemplary purity of his heart (the same man was just and devout), Simeon had already regained his Holy Ghost awareness, which relayed to him the promise that he would not die a mortal death before he had:

- i) *discerned the heavenly energies comprising the subatomic particles of his earthly body (had seen the Lord’s Christ)*
- ii) *learned to understand how to righteously manage all of such heavenly energies so as to effectuate the consolation (liberation / ascension) of his earthly body (Israel)*



So, when his Holy Ghost awareness guided him into the temple (he came by the Spirit into the temple), Simeon instantly recognized the awesome spiritual status of Jesus. And, by way of touching him (he took him up in his arms), he partook of the vitalizing energies and the associated wisdom and love of Jesus. Which enabled him to elevate his predominant awareness in his cerebrospinal axis to such an extent that he could clearly discern in his spiritual awareness the resplendent lights of his bodily energies. Hence that, when Simeon began to discern all of such resplendent lights, he at first gave thanks to God and then described his spiritual salvation as follows:

My spiritual insights (mine eyes) have clearly discerned (have seen) the manner wherein I am being spiritually enlightened (the way of salvation), which each and every person is capable of experiencing (which thou hast prepared before the face of all people). That spiritual enlightenment (light) is allaying (lightening) all of my disbeliefs (the Gentiles) because of it exposing the heavenly glory of all the subatomic particles of my earthly body (of thy people Israel).

Special note

This description of how Simeon experienced his spiritual enlightenment is perfectly reconcilable with the true-to-Life significance of the verse, “The light of the body is the eye [the spiritual eye]: if therefore thine eye be single, thy whole body shall be full of light” (Matt. 6:22).

- ❖ *“John [the Baptist] answered, saying unto them all, I indeed baptize you with water; but one mightier than I cometh, the latchet of whose shoes I am not worthy to unloose: he shall baptize you with the Holy Ghost and with fire” (Luke 3:16)*

One’s baptism with water is a ceremonial rite that the ancient masters instituted to help one to re-acknowledge the analogy between all mundanely-observed waterwaves and God’s invisible energywaves. Although most Christians are still unaware of that analogy, they are nevertheless deriving at least some benefit from that ceremonial rite by reason that the experience thereof or the observation thereof often motivates them to thenceforth live a more spiritual lifestyle.

Special note

The literal meaning of the term ‘to be baptized with’ is ‘to be introduced to’. Therefore, if such a baptism not be ritualistically performed but spiritually experienced, then it serves to signify ‘one’s re-introduction to That which one was no longer esoterically aware of’.

The characteristic features of one’s three spiritual baptisms, i.e. as opposed to any kind of ritualistic baptism, can be relayed as follows:

- *During the course of one’s profound meditations, one’s spiritual baptism with (introduction to) God in the name of (in His capacity as) the Holy Ghost will restore one’s ability to acutely hear in one’s spiritual awareness the vibratory movements of His subatomic particles. That is, at first in the body and then all the more expansively throughout the entire human region. Thusly allowing one to progressively re-expand one’s human awareness to the fullest extent of one’s Holy Ghost awareness.*
- *During the course of one’s more profound meditations, one’s spiritual baptism with (introduction to) God in the name of (in His capacity as) the Son will restore one’s ability to acutely hear in one’s spiritual awareness the oscillatory movements of His intermediate energies. That is, again at first in*



the body and then all the more expansively throughout as well the entire human region as the entire angelic region. Thusly allowing one to progressively re-expand one's Holy Ghost awareness to the fullest extent of one's Christ awareness.

- *During the course of one's profoundest meditations, one's spiritual baptism with (introduction to) God in the name of (in His capacity as) the Father will restore one's ability to acutely hear in one's spiritual awareness the oscillatory movements of His thought energies. That is, once again at first in the body and then all the more expansively throughout all creation. Thusly allowing one to progressively re-expand one's Christ awareness to the fullest extent of one's Cosmic awareness.*

That the sounds of the vibrations and of the oscillations of the cosmological Word of God can indeed be audibly discerned in one's spiritual awareness during the course of one's daily meditations is biblically endorsed by the verse, "These things saith the Amen, the faithful and true witness of the beginning of the creation of God" (Rev. 3:14).

The phrase 'he shall baptize you with the Holy Ghost and with fire' practically means that, while the Lord Jesus was at that time already capable of assisting any other person to regain his / her Holy Ghost awareness, he would after his second baptism then also be capable of assisting any other person to regain his / her Christ awareness. The reason why John equated that second baptism to 'the baptism with fire' is because of it then yielding the pragmatic experience of the fire-like (luminous, glaring) nature of God's intermediate energies.

The manner wherein the Lord Jesus himself experienced that second spiritual baptism is being relayed by the verse "And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him" (Matt. 3:16), wherein:

- *the phrase 'and Jesus, when he was baptized, went up straightway out of the water' serves to convey the following notion:*

That second spiritual baptism occasioned his awareness to be elevated from his Holy Ghost awareness to his Christ awareness and to thusly be raised above the so-called 'sea of cosmic delusion (out of the water)'. The basic concept thereof also being relayed by St John in his Book of Revelation.

- *the phrase 'And, lo, the heavens were opened unto him' serves to convey the notion that Jesus then began to all the more clearly discern in his spiritual awareness the fire-like brilliancy of all intermediate energies*
- *the phrase 'And he saw the Spirit of God descending like a dove, and lighting upon him' serves to convey the following two notions:*
 - i) *as and when he began to discern the fire-like brilliancy of such intermediate energies, they appeared to descend upon him much like a dove having two brilliant wings (descending like a dove), as symbolically portrayed by the Caduceus Emblem*
 - ii) *he continued to experience that spiritual enlightenment (and lighting upon him) until he regained the fullest extent of His Christ awareness, until he became that light itself*

Which he later confirmed by way of saying "I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life" (John 8:12).



Wherefrom can be straightly surmised that every ritualistically performed Hindu baptism in or with the waters of the river Ganges is actually analogous to every ritualistically performed Christian baptism. By reason that the 'physical waterwaves' of the river Ganges are also meant to be representative of the 'metaphysical energywaves' of God.

- ❖ *"Wherefore I say unto you, All manner of sin and blasphemy shall be forgiven unto men: but the blasphemy against the Holy Ghost shall not be forgiven unto men. And whosoever speaketh a word against the Son of man, it shall be forgiven him: but whosoever speaketh against the Holy Ghost, it shall not be forgiven him, neither in this world, neither in the world to come" (Matt. 12:31-32)*

These two verses serve to impart the following truths:

- i) *All blasphemies spoken against God in His capacity as the Son by those who are still spiritually ignorant are deemed to be forgivable / excusable in that such ones are, spiritually speaking, still tiny little babies that do not know any better. But this does not mean that such ones are then being exonerated from all the consequences of such blasphemies, as biblically endorsed by the verse "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap" (Gal. 6:7).*
 - ii) *Every blasphemy spoken against God in His capacity as the Holy Ghost, who is the very first 'spiritual catalyst' wherewith to start actualizing one's spiritual growth, is said to not be forgivable / excusable in that every such blasphemy is then actually constituting a declaration of war against that first catalyst. And thusly, in effect, a declaration of war against the very first whispers of one's spiritual conscience. That kind of attitude then often being so deeply ingrained in the psychological make-up of such blasphemers that they are bound to carry it forward from their present lifetime to their next lifetime (it shall not be forgiven him, neither in this world, neither in the world to come).*
- ❖ *"For the Holy Ghost shall teach you in the same hour what ye ought to say" (Luke 12:12) and "But when they shall lead you, and deliver you up, take no thought beforehand what ye shall speak, neither do ye premeditate: but whatsoever shall be given you in that hour, that speak ye: for it is not ye that speak, but the Holy Ghost" (Mark 13:11)*

With these words, the Lord Jesus cautioned Peter and James and John and Andrew – who had already regained some extent of their Holy Ghost awareness – to nevermore ignore the conscientious and the intuitive notions being relayed to them by that Holy Ghost awareness. As such, the true-to-Life significance of these two verses can be relayed as follows:

That what separates one's conscious awareness (human awareness) from one's superconscious awareness (divine awareness) is one's subconscious awareness, which is that portion of one's awareness that keeps on canvassing that portion of one's brain wherein all of one's mundane experiences are mnemonically stored. Therefore, if one aspires to superconsciously re-experience God, then one will have to:

- i) *totally ignore all of such mundane experiences in that they can be altogether referred to as 'the materialistic baggage that one psychologically acquired due to one having lived under the spell of cosmic delusion'*



ii) reason and speak and act only in exact accordance with all of the conscientious and intuitive notions being relayed to oneself by one's innate Holy Ghost awareness

Special note

The divine intelligence in man is not of man but of God. Hence that those having re-expanded their human awareness to their Holy Ghost awareness are capable of relaying the wisdom of God in any whichever language (tongue). As biblically endorsed by the verse, "And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance" (Acts 2:4).

- ❖ "For David himself said by the Holy Ghost, the LORD said to my LORD, Sit thou on my right hand, till I make thine enemies thy footstool" (Mark 12:36)

In this verse:

- the phrase 'the LORD said to my LORD' practically means 'my Holy Ghost awareness relayed (said) to my spiritualized ego awareness'
 - the phrase 'Sit thou on my right hand' practically means that one is to always maintain the right kind of spiritual composure, so as to enable oneself to always righteously express oneself
 - the phrase 'Till I make thine enemies thy footstool' practically means 'until I have taught you how to conquer / overcome / rise above all worldly temptations (thine enemies) and to thusly make them, so to speak, your footstool'
- ❖ "But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you" (John 14:26)

This verse serves to emphasize the successive relationships between the three aspects of God's Holy Trinity. That is, one's Holy Ghost awareness is an integral part of one's Christ awareness (God the Son awareness) and one's Christ awareness (God the Son awareness) is an integral part of one's Cosmic awareness (God the Father awareness). Hence that the Lord Jesus also proclaimed, "Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise" (John 5:19).

The phrase 'he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you' thusly serves to convey the notion that one must first regain the fullest extent of one's Holy Ghost awareness (the Comforter) before one can regain the fullest extent of one's Christ awareness (God the Son awareness).

- ❖ "Until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the apostles whom he had chosen [to teach]" (Acts 1:2)

This verse serves to relay the truth that, ever since his spiritual ascension to his Father, the Lord Jesus continued and will continue to spiritually guide / teach / instruct all of his receptive disciples on how to meditatively re-expand their human awareness to, at the very least, their Holy Ghost awareness.

In this regard, note that the main reason why the Lord Jesus chose to re-ascend to his Father was that his disciples were becoming too emotionally attached to his human personality instead of to his divine



individuality (i.e. which divine individuality reached far beyond the boundaries of his human form). As biblically relayed by the verse:

“Nevertheless I [Jesus] tell you the truth. It is expedient for you that I go away [that I withdraw my human personality from you]: for if I go not away, the Comforter [the Holy Ghost] will not come unto you; but if I depart [withdraw my human personality from you], I will [in my capacity as the universal Christ] send him unto you” (John 16:7).

Wherefrom can be surmised that, if one is to spiritually advance oneself, then one is to not become emotionally attached to any whichever human personality but to instead focus all of one’s attention only on how to righteously practice as well all of the basic as all of the advanced methods of Truth.

- ❖ *“Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual [things]” (1 Cor. 2:13)*

The secular knowledge taught by those who are still materialistically-minded is occasioning one to continue believing in the separateness of all worldly things while the divine knowledge taught by those who are spiritually-minded is allowing one to re-acknowledge the but one true spiritual essence / substance of all worldly things.

- ❖ *“What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?” (1 Cor. 6:19)*

This verse serves to impart two important truths:

- i) that one’s human body is actually consisting of God’s subatomic particles (the temple of the Holy Ghost)
- ii) that its overall human shape is actually being maintained not by one’s human ego but by God in His capacity as one’s spiritual soul (which ye have of God)

Which is why one is to not regard one’s human body to be one’s own until such time that one has regained the utmost God-realization.

- ❖ *“For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and these three are one” (1 John 5:7)*

In this verse, John chose to refer to the Son as the Word by reason that he had at that time already regained the fullest extent of his Holy Ghost awareness but not yet the fullest extent of his Christ awareness. In other words, he knew that – from a methodical perspective – he had to continue listening to the oscillations of the intermediate energies of God (i.e. of the universal Christ) if he was to regain the fullest extent of his Christ awareness.

Furthermore note that this verse serves to confirm the fact that, in His capacity as the Father, God is indeed residing in His creation in the form of all His unmodified and modified heavenly thought energies (for there are three that bear record in heaven). The truth whereof can also be surmised from the verse “In the beginning was the Word, and the Word was with God, and the Word was God” (John 1:1) whose true-to-Life significance can now be relayed as follows:

- The phrase ‘In the beginning was the Word’ serves to convey the notion that God firstly made His



creation to appear in the form of all His thought energies (the Father). A large portion whereof He then strengthened into all of His intermediate energies (the Son). The strongest whereof then became all of His subatomic energies (the Holy Ghost). Thusly giving credence to the biblical saying 'and these three are one'.

- The phrase 'And the Word was with God' serves to convey the notion that, although these unmodified and modified thought energies are appearing to manifest themselves as separate entities, they cannot be separated from the but one underlying spiritual essence (spirit) of God.
- The phrase 'And the Word was God' serves to convey the notion that every one of such unmodified and modified thought energies (electromagnetic energies) is in fact a lively expression of God.

❖ *"But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name" (John 1:12)*

The true meaning of this verse is to be understood within the context of the following concepts and notions:

- In this verse, the term 'the sons of God' is referring to those having successfully regained the fullest extent of their Christ awareness. That universal Christ awareness is, in its totality, neither male nor female but genderless. As biblically endorsed by the verse "There is ... neither male nor female: for ye are all one in Christ Jesus" (Gal. 3:28), wherein the term 'Christ Jesus' is actually referring to 'the Christ awareness that the Lord Jesus regained'.
- The easiest way to expunge from one's mind the false belief that the Lord Jesus is the one and only Son of God is to profoundly contemplate one's own true spiritual Origin, as relayed by the verse "And no man hath ascended up to heaven, but he that came down from heaven" (John 3:13). That is, one's original descent from God into creation was not as a human being but as an archangelic being. Whereafter one became spellbound by the allures (delusive appearances) of the angelic region and thusly decided to further descend into creation as an angelic being. Whereafter one became spellbound by the allures (delusive appearances) of the human region and thusly decided to even further descend into creation as a human being. There accordingly being but one way to reverse that three-stage descent into creation and that is for one to at first regain one's Holy Ghost awareness and then one's Christ awareness (i.e. to become the Son of God) and then one's Cosmic awareness and finally one's Infinite awareness.
- Another way to discard that false belief that the Lord Jesus is the only Son of God is to learn to accept the true significance of the verse "Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God" (1 John 3:1)
- And yet another way of realizing that the Christ awareness of the Lord Jesus is in fact also one's own innate Christ awareness is to profoundly contemplate the true meaning of the verse "I [Paul] am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me" (Gal. 2:20).

Thusly requiring one to always maintain a clear distinction between one's worldly personality and one's spiritual individuality, i.e. by reason that:

- ✓ Within the human region of creation, every human being is an individualized spirit of God expressing itself through the avenue of a human body as a person. Which human body is



actually consisting of God's earthly subatomic particles and angelic intermediate energies and archangelic thought energies (i.e. of God's modified and unmodified thought energies).

- ✓ *Within the angelic region of creation, every angelic being is an individualized spirit of God expressing itself through the avenue of an angelic body as a person. Which angelic body is actually consisting of angelic intermediate energies and archangelic thought energies (i.e. of God's modified and unmodified thought energies).*
- ✓ *Within the archangelic region of creation, every archangelic being is an individualized spirit of God expressing itself through the avenue of an archangelic 'body' as a personality. Which archangelic 'body' is actually consisting of naught but archangelic thought energies (i.e. of God's unmodified thought energies).*
- *Although hardly ever so recognized by the average Christian, the Lord Jesus gave an exact account of how to re-expand one's human awareness to one's Christ awareness:*

"Verily, verily, I [Jesus] say unto you. The hour is coming, and now is, when the dead [the so-called spiritually dead] shall hear the voice of the Son of God [at first the vibrations of God's subatomic energies and then the oscillations of God's intermediate energies]. And they that hear [continue to listen to such vibrations and oscillations during the course of their daily meditations] shall live [are bound to become all the more aware of all such energies and will thusly be re-expanding their human awareness at first to their Holy Ghost awareness and then to their Christ awareness]" (John 5:25)
- *Whether one considers oneself to be an earthly being or an angelic being or an archangelic being or a purely spiritual being is entirely dependent on the extent whereto one regained one's spiritual wisdom. As partly relayed by the verse, "As is the earthly, such are they also that are earthly [earthly-minded]: and as is the heavenly, such are they also that are heavenly [heavenly-minded]" (1 Cor. 15:48). The factual significance thereof to be understood as follows:*
 - *From a transcendental perspective, one's human body can be deemed to consist of an intricate combination of three seemingly separate bodies. That is, of an earthly body consisting of subatomic particles and of an angelic body consisting of intermediate energies and of an archangelic body consisting of thought energies. Which is why, from a Hindu perspective, these three kinds of bodies are also known as the physical body and the astral body and the causal body.*
 - *From a non-transcendental perspective, one's human body is in its entirety a spiritual body by reason that all of its energies are the mental powers of God in His capacity as the Creator and thusly in His capacity as the Holy Trinity. Which is why the Holy Bible is emphatically stating, "It is sown a natural body; it is raised a spiritual body. There is a natural body, and there is a spiritual body" (1 Cor. 15:44).*

In this regard, specifically note that these explanations are once again confirming the fact that the often-perceived 'distance' between oneself and God is not a matter of cosmic space but of the extent of one's God-realization.



- ❖ *“Now when the sun was setting, all they that had any sick with divers [diverse] diseases brought them unto him [unto Jesus]; and he laid his hands on every one of them, and healed them. And devils also came out of many, crying out, and saying, Thou art Christ the Son of God. And he rebuking them suffered them not to speak: for they knew that he was Christ [that he had regained his universal Christ awareness]” (Luke 4:40-41)*

By way of laying his hands upon the sick, the Lord Jesus transferred into them such powerful jolts of energies of such perfect compositions that no devil could withstand such energies and thusly had to flee. The phrase ‘And he rebuking them suffered them not to speak’ serves to confirm the fact that the voice of the Lord Jesus was filled with such an extraordinary authority and conviction that the fleeing devils became utterly speechless. As can also be surmised from the verse, “The officers [who captured Jesus] answered, Never man spake like this man [heard they anyone else speak with such authority]” (John 7:46).

- ❖ *“Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fullness of Christ” (Eph. 4:13)*

In this verse, the word ‘faith’ is meant to signify ‘the truthfulness of the substantive spirit of God’. As even so relayed by the verse, “Now faith [the substantive spirit of God] is the substance [the true Essence] of [all] things hoped for, the evidence [proof] of [all] things not seen” (Heb. 11:1).

The intended meaning of the phrase ‘Till we all come in the unity of the faith, and of the knowledge of the Son of God’ is therefore ‘until we all regain the same understandings and the same experiences of the spirit of God in His capacity as the Christ (the Son of God)’. While the subsequent portion of that phrase, i.e. ‘unto a perfect man, unto the measure of the stature of the fullness of Christ’, serves to convey the notion that all those having regained the fullest extent of their Christ awareness (the stature of the fullness of Christ) will then no longer discern there to be any separation between themselves. For remember that there is in spirit and in truth but only one universal Christ awareness that every practitioner of Truth is to transcendently regain.

- ❖ *“But these are written, that ye might believe that Jesus is the Christ, the Son of God [that he has regained his Christ awareness]; and that believing ye might have life through his name [the Word]” (John 20:31)*

The words ‘believe’ and ‘believing’ in this verse are not referring to any kind of blind belief but to the true knowing in body and mind and soul of all the relevant facts. As such, this verse serves to convey the notion that one’s true faith in God can only be recultivated by way of one at first learning how to rightfully understand every aspect of the science of Life (the principles of Truth) and of one then learning how to rightfully practice every modality of the art of living (the methods of Truth).

Thusly rendering it spiritually mandatory for one to maintain a clear distinction between an imagined belief and a proven fact. For all those who are believing something without them knowing the relevant facts of that something are not realists but dogmatists. Which is why one is to always put one’s every belief to the test, to either prove it right and to accept it as a truth or to prove it wrong and to discard it as a falsity.

What the term ‘through his name’ is concerned, that term is clearly indicative of one having to transcendently regain one’s Christ awareness.



- ❖ *“And we know that the Son of God is come, and hath given us an understanding, that we may know him [God] that is true, and we are in him [God] that is true, even in his Son Jesus Christ. This is the true God, and eternal life” (1 John 5:20)*

In this verse, John chose to specifically write ‘and we are in him [God] that is true, even in his Son Jesus Christ’. Wherewith he tried to emphasize the impersonality of one’s universal Christ awareness so as to implicitly convey the notion that the composite term ‘Jesus Christ’ is actually referring to the universal Christ awareness that the man Jesus regained and which one is also capable of regaining.

The last phrase of that verse ‘This is the true God, and eternal life’ is meant to serve as a reminder that, if one is to spiritually re-awaken oneself to the ultimate truth / reality / goodness of God, then one is to:

- i) not only progressively overcome all of one’s human susceptibilities to the dualities of Nature*
- ii) but also eradicate from one’s mind all of the relative notions of good and evil*

- ❖ *“But that ye may know that the Son of man hath power on earth to forgive sins” (Matt. 9:6)*

Prior to conveying the true meaning of this verse, let it first be mentioned that nearly all Christian clerics are still proselytizing the false belief that the Lord Jesus died for the atonement of the sins of all Christians. In stark contrast thereto, let it be duly acknowledged that a spiritual master is only willing to bestow that kind of absolution upon a truly devoted disciple and thusly most definitely not upon any person who is claiming to be spiritually-minded but who is unwilling to live a spiritual lifestyle.

The correct interpretation of the above verse is therefore ‘But that ye may know that a spiritual master is only willing to forgive the sins of those who are genuinely trying to live an all the more spiritual lifestyle’. That is to say, only of those having fully committed themselves to the righteous practice of as well all of the basic as all of the advanced methods of Truth.

In this regard, let it be clearly understood that one’s every past sin / wrongdoing occasioned there to be an emotional blockage in the brain that is preventing the heavenly energies of God from flowing through that particular area of the brain into the spinal cord and thence through the relevant efferent nerves into the relevant bodily cells, which is why:

- i) the steady accumulation of sins will be increasingly perturbing one’s mind and thusly also one’s body*
- ii) the resultant mental ailments and physical diseases will eventually occasion one to die a premature mortal death, as biblically endorsed by the verse, “For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord [referring to one’s own innate Christ awareness]” (Rom. 6:23)*

As such, it is time for all Christians to acknowledge the fact that, if one not be a truly devoted disciple (i.e. if one still be living a materialistic lifestyle instead of an exclusively spiritual lifestyle), then one will have to oneself make all of the necessary efforts wherewith to remove all of such emotional blockages from the brain.

- ❖ *“For the Son of man is Lord even of the sabbath day” (Matt. 12:8)*

If one be genuinely inspired by one’s innate Christ awareness (the Son of man) to try to righteously practice the Truth during one day of the week, then one will also be trying to righteously practice the Truth during every other day of the week.

In stark contrast thereto, there are those who are pretending to be ‘church angels’ during but one day of the



week but who are atrociously behaving themselves as 'street devils' during all of the other days of the week. So, always bear in mind that fundamental difference between 'a true religionist' and 'a fake religionist'.

- ❖ *"Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me. For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it. For what is a man profited, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul? For the Son of man shall come in the glory of his Father with his angels; and then he shall reward every man according to his works" (Matt. 16: 24-27)*

These verses serve to at first emphasize the difference between a spiritual lifestyle and a materialistic lifestyle and to then emphasize the fact that one will have to experience all of the consequences of one's past wrongdoings:

- *The first verse 'If any man will come after me, let him deny himself, and take up his cross, and follow me' practically means that, if one is to re-experience one's innate Christ awareness (come after me), then one will have to let go of one's human ego (let him deny himself), which in turn practically means that one will have to learn how to:*

- i) *psychologically resist all worldly temptations (take up his cross)*
- ii) *meditatively re-expand one's human awareness to that Christ awareness (and follow me)'*

For it is the only way wherein one can begin to re-experience oneself as an immortal being instead of a mortal being (for whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it)

- *The two questions 'For what is a man profited, if he shall gain the whole world, and lose his own soul?' and 'Or what shall a man give in exchange for his soul?' serve to respectively convey the following two notions:*
 - i) *It is to no avail (profit) to one's spiritual growth to try to materialistically gain control over all of the delusive appearances of the world. For such will occasion one to become all the more oblivious / forgetful / unaware of one's spiritual soul (to lose one's own soul).*
 - ii) *It is impossible for one to purchase any whichever soul quality with any whichever worldly currency or worldly commodity.*
- *The last of the above verses is often misinterpreted to mean that the Lord Jesus will at some future date be returning to planet Earth with all of his angels to reward (punish) every good-doer (wrongdoer). Yet, if that belief were to be hypothetically true, then such would of course be of no avail to oneself if that future date were to be after one's mortal death (thusly confirming the irrationality of that false belief). Instead thereof, the true-to-Life significance of that phrase is much closer to home than what most people are inclined to believe:*
 - *The biblical term 'the Son of man' is meant to refer to the spiritualized ego of every bona fide practitioner of Truth. As can also be surmised from the following Old Testament verse:*

"And he [the likeness of the glory of the LORD, referring to God in His capacity as the spiritual soul] said unto me, Son of man, stand upon thy feet [i.e. learn ye to all the more uprightly express yourself as your true Self], and I will speak unto thee" (Eze. 2: 1).



- *The process of one's spiritual re-awakening will always be unfolding itself in exact accordance with one's willingness to conceive the right kinds of notions (the Son of man shall come in the glory of his Father). For it is these kinds of notions (truthful notions) that will then be dispelling all contrary notions (untruthful notions) from one's mind.*

As such, it is during the first phases of that renewal of one's mind that one's brain will begin to release those excessive electrical charges that are the true reasons for all one's emotional blockages. Thusly allowing the heavenly energies of God to then more freely flow from the medulla oblongata through the brain into the spinal cord and thence into all of one's bodily cells (the Son of man shall come with his angels, i.e. with his heavenly energies). Which practically means that one will then have to experience:

- i) all of the psychosomatic effects thereof in one's body*
- ii) all of the psychological effects of all such bodily changes on one's mind, i.e. because of the so-called biofeedback mechanisms of one's body*

In other words, as will straightly hereafter be explained in much more detail, it is the gradual release of such excessive electrical charges from the brain that will then be occasioning one to temporarily experience all of the so-called adverse physiological and psychological symptoms of one's spiritual re-awakening. The mildness or the severity of these symptoms then being appropriated to the extent whereto one theretofore lived a righteous lifestyle or an unrighteous lifestyle (the Son of man shall reward every man according to his works).

- ❖ *“And Jesus went out, and departed from the temple: and his disciples came to him for to show him the buildings of the temple. And Jesus said unto them, See ye not all these things? Verily I say unto you, There shall not be left here one stone upon another, that shall not be thrown down. And as he sat upon the mount of Olives, the disciples came unto him privately, saying, Tell us, when shall these things be? And what shall be the sign of thy coming, and of the end of the world? And Jesus answered and said unto them, Take heed that no man deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many. And ye shall hear of wars and rumors of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers [diverse] places. All these are the beginning of sorrows. Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake. And then shall many be offended, and shall betray one another, and shall hate one another. And many false prophets shall rise, and shall deceive many. And because iniquity shall abound, the love of many shall wax cold. But he that shall endure unto the end, the same shall be saved. And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come. When ye therefore shall see the abomination of desolation, spoken of by Daniel the prophet, stand in the holy place, (whoso readeth, let him understand). Then let them which be in Judea flee into the mountains. Let him which is on the housetop not come down to take any thing out of his house. Neither let him which is in the field return back to take his clothes. And woe unto them that are with child, and to them that give suck in those days! But pray ye that your flight be not in the winter, neither on the sabbath day: For then shall be great tribulation, such as was not since the beginning of the world to this time, no, nor ever shall be. And*



except those days should be shortened, there should no flesh be saved: but for the elect's sake those days shall be shortened. Then if any man shall say unto you, Lo, here is Christ, or there; believe it not. For there shall arise false Christs, and false prophets, and shall show great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect. Behold, I have told you before. Wherefore if they shall say unto you, Behold, he is in the desert; go not forth: behold, he is in the secret chambers; believe it not. For as the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be. For wheresoever the carcass is, there will the eagles be gathered together. Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken. And then shall appear the sign of the Son of man in heaven. And then shall all the tribes of the earth mourn, and they shall see the Son of man coming in the clouds of heaven with power and great glory. And he shall send his angels with a great sound of a trumpet, and they shall gather together his elect from the four winds, from one end of heaven to the other. Now learn a parable of the fig tree; When his branch is yet tender, and putteth forth leaves, ye know that summer is nigh: So likewise ye, when ye shall see all these things, know that it is near, even at the doors. Verily I say unto you, This generation shall not pass, till all these things be fulfilled. Heaven and earth shall pass away, but my words shall not pass away. But of that day and hour knoweth no man, no, not the angels of heaven, but my Father only. But as the days of nōë [Noah] were, so shall also the coming of the Son of man be. For as in the days that were before the flood they were eating and drinking, marrying and giving in marriage, until the day that nōë [Noah] entered into the ark, and knew not until the flood came, and took them all away; so shall also the coming of the Son of man be. Then shall two be in the field; the one shall be taken, and the other left. Two women shall be grinding at the mill; the one shall be taken, and the other left. Watch therefore: for ye know not what hour your Lord doth come. But know this, that if the goodman of the house had known in what watch the thief would come, he would have watched, and would not have suffered his house to be broken up. Therefore be ye also ready: for in such an hour as ye think not the Son of man cometh" (Matt. 24:1-44)

Foreword to the Forthcoming Explanations

Those who are maintaining a realistic outlook on Life know that these verses need to be primarily understood from a metaphorical perspective. And indeed so, the majority of all these verses are actually describing the kinds of understandings and sensations and feelings that one is bound to experience during the unfoldment of the process of one's spiritual re-awakening (i.e. during the return of the Son of man).

So, when the disciples desired to show him all of the buildings of the temple, Jesus decided to use the concept of that temple as a starting point to metaphorically explain the most important aspects of the process of one's spiritual re-awakening. During which explanations he likened:

- *the many congregations of one's true notions and of one's false notions to 'nations of men'*
- *every false notion and every very persistent false notion to, respectively, 'a false prophet' and 'a false Christ'*
- *every set of healthy bodily cells and every set of diseased bodily cells to 'a kingdom'*
- *every nutritional deficiency to 'a famine'*



- every biological affliction to 'a pestilence'
 - every severe psychological affliction to 'a [mental] earthquake'
 - one's heart chakra to 'the holy place'
 - one's cranial chakra to 'the housetop'
 - one's universal Christ awareness to 'the field'
 - the delusive appearance of every worldly object to 'a carcass' and the foci of one's attention thereupon to 'the eagles'
 - the fading allure (lustre, brilliancy) of one's worldly desires to 'the fading of the sun [collectively referring to all of one's earthly desires] and of the moon [collectively referring to all of one's angelic desires] and of the stars [collectively referring to all of one's archangelic desires]'
- As in fact even so cryptically relayed by St John in his Book of Revelation (i.e. in Rev. 8:12).*
- the heavenly energies that will, during the process of one's spiritual re-awakening, be all the more abundantly flowing from one's medulla oblongata through one's brain into all of one's bodily cells to 'the angels of the Son of man'
 - the resultant deluge (great outpouring) of all such heavenly energies to 'Noah's flood'

Therefore, provided that all of the above verses be correctly understood within the context of these metaphors, then their true-to-Life significances can be relayed as follows:

Matt. 24:1-2

"And Jesus went out, and departed from the temple: and his disciples came to him for to show him the buildings of the temple. And Jesus said unto them, See ye not all these things? Verily I say unto you, There shall not be left here one stone upon another, that shall not be thrown down"

When Jesus exited and distanced himself from the temple, the disciples stopped him for they desired to show him all of the outbuildings of the temple. But Jesus asked them instead, 'Do you not understand all of these things?' When they did not reply, he explained:

For truly, inasmuch as the worldly appearance of this temple cannot withstand the coming of time and the stones thereof will eventually crumble, so can the delusive appearance of your bodily temple also not withstand the coming of the Son of man and will eventually crumble (disappear into the nothingness where it belongs). For, the more you accelerate the process of your spiritual re-awakening, the sooner you will come to esoterically experience as well the true energetic nature as the true spiritual Essence of all worldly things, thusly occasioning all of such delusive appearances to be obliterated from your mind (torn asunder / thrown down).

Matt. 24:3

"And as he sat upon the mount of Olives, the disciples came unto him privately, saying, Tell us, when shall these things be? And what shall be the sign of thy coming, and of the end of the world?"

Some time thereafter, when Jesus was seated on the mount of Olives, his disciples privately asked him the following questions:

- When will all of such events occur?



- *How are we to prepare ourselves for thy coming?*

For the disciples did, at that particular time, not yet know that the term 'the second coming of Christ' was actually referring to the re-emergence of their own innate Christ awareness.

- *What will the signs thereof be?*
- *How will we be perceiving the end of the world as we presently know it?*

Matt. 24:4-6

"And Jesus answered and said unto them, Take heed that no man deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many. And ye shall hear of wars and rumors of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet"

"Firstly understand that, during the initial stages of the process of your spiritual re-awakening (i.e. when you begin to re-expand your conscious awareness through your subconscious awareness to your superconscious awareness), you will be re-exposed to all of the thought energies and all of the emotional energies that you theretofore mnemonically stored in your brain. So let us first consider your re-exposure to all of such subconsciously-stored thought energies and then your re-exposure to all of such subconsciously-stored emotional energies. But remain aware of the fact that there will always be a strong correlation between these two aspects of your spiritual re-awakening.

By far the greatest majority of your subconsciously-stored thought energies are those mundane notions that you chose to conceive whilst interacting with the delusive appearances of this world. All of which mundane notions occasioned you to, so to speak, become firmly entangled in the sticky web of cosmic delusion.

Therefore, when you begin to re-expand your conscious awareness through your subconscious awareness (the storehouse of all your memories) to your superconscious awareness, then you will be re-exposed to all of such mundane notions that can in and by themselves never reveal the ultimate Truth. These are the false notions that are lying to you, that are trying to deceive you, that are trying to keep you firmly entangled in that sticky web of cosmic delusion. Which is why you are to then always remain spiritually vigilant so that such false notions can no longer deceive you (that no man deceive you).

All of these false notions have, even as one's true notions, an energetic nature (they shall come in my name) and will thusly appear to come from your Christ awareness (saying, 'I am Christ'). But refuse to be misled by them by way of you then constantly reminding yourself of the all-important distinction between that what only appears to be true (cosmic delusion) and That what is actually true (the ultimate Truth, God alone).

As and when you continue to meditate, you will find the true notions that are then emerging from your superconscious mind to try to dislodge the false notions from your subconscious mind. It is because of these two kinds of notions being contradictory to one another that you will feel as if you are at war within yourself (ye shall hear of wars and rumors of war). So, whenever you do become aware of such inner conflicts during the course of your meditations, then do not allow yourself to be psychologically disturbed by them (see that ye be not troubled) but strictly maintain an impartial



attitude towards all of such conflicts, as if you were watching some staged war drama from a comfortable seat.

Provided that you are strictly maintaining that impartial attitude towards all of such inner conflicts, then you will begin to entertain all kinds of doubts because of you then not knowing which of such warring notions are false and which of such warring notions are true. Do not dismiss such doubts because they are meant to facilitate the process of your spiritual re-awakening. That is, their true purpose is to urge you to start reconciling all of the scientific realities of Life with all of the spiritual truths of Life and to thusly systematically expel from your mind all false beliefs (these things must come to pass). For remember that every one of such doubts must be resolved if you are to regain the supreme peace of mind wherewith to all the more profoundly meditate (but the end is not yet) ”.

Matt. 24:7-8

“For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers [diverse] places. All these are the beginning of sorrows”

“During that unfoldment of the process of your spiritual re-awakening, you will not only become aware of all such warlike notional conflicts (for nation shall rise against nation) but you will also begin to recall all of your past emotional experiences. All of which you even so mnemonically stored in the form of electrical charges in the neurological pathways of your brain.

Special note

In the average kind of person, only some of such emotionally-instigated electrical charges are normalized charges while by far the greatest majority of them are excessive charges. This practically means that, in most people, all of such excessive charges are now altogether constituting an almost impregnable energetic barrier between their conscious mind and their superconscious mind (thusly preventing them from freely accessing their superconscious mind).

Now, it is because of every such excessive electrical charge always gradually discharging itself from your brain that there will always be a commensurate flow of energies from your brain through your nervous system into all of your bodily cells. This practically means that you are then bound to experience:

- *all of the psychosomatic effects thereof in your body (hereafter referred to as the adverse physiological symptoms of one’s spiritual re-awakening)*
- *all of the then resultant psychological effects thereof on your mind, i.e. due to the biofeedback mechanisms of your body (hereafter referred to as the adverse psychological symptoms of one’s spiritual re-awakening)*

As such, when now metaphorically equating i) every set of healthy bodily cells and every set of diseased bodily cells to a kingdom and ii) every nutritional deficiency to a famine and iii) every biological affliction to a pestilence and iv) every severe psychological affliction to a mental earthquake, then it can be stated that:

During the first stages of the process of your spiritual re-awakening, one kingdom will rise against another and that there shall be famines and pestilences and earthquakes in diverse



places. All of these thusly being the first sorrowful pangs of your spiritual re-birthing process. Wherefrom can be surmised that the more you should be delaying that process of your spiritual re-awakening, the more diverse and the more distressing all of such adverse symptoms will be. Even to the point that you might then have to die an agonizing premature mortal death due to, for instance, a cancerous growth.

So, the way wherein you are to psychologically respond to the re-emergence of your past emotions is to:

- i) if they be positive / wholesome emotions, then try to intently yet very calmly (i.e. without any kind of mental strain) focus your attention on them until you begin to feel the associated (underlying) spiritual feelings*
- ii) if they be negative / unwholesome emotions, then do not become mentally upset by them but simply allow their electrical charges to slowly dissipate themselves*

This practically means that you are to then assume the role of an aloof witness instead of to try to re-suppress such negative / unwholesome emotions back into your subconscious mind”.

Matt. 24:9-14

“Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake. And then shall many be offended, and shall betray one another, and shall hate one another. And many false prophets shall rise, and shall deceive many. And because iniquity shall abound, the love of many shall wax cold. But he that shall endure unto the end, the same shall be saved. And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come”

“Whilst witnessing the aforementioned notional conflicts during the course of your meditations, numerous false notions will try to overpower you (afflict you) and thusly try to kill your ambition to regain your Christ awareness (kill you). When metaphorically referring to these numerous false notions as so many nations, then it can be said that all of them shall hate you for my name's sake. Yet, if you persist with your spiritual efforts, then they will – because of their divergent opinions – become all the more upset with one another (then shall many be offended), all the more disagree with one another, all the more betray one another, all the more despise and hate one another. During all of which mayhem, many of the relatively much stronger false notions will then be trying to exalt themselves by way of misleading all of the weaker ones (and many false prophets will rise, and shall deceive many). Yet rest assured that the unrighteousness (iniquity) of all such infighting cannot but then eventually result in the decimation of all such false notions, i.e. in all of them eventually having to relinquish their mental attachments to your re-spiritualized awareness (their love will wax cold). Yet know that the dissolution of all such notional conflicts can of course not happen overnight but only over the course of many protracted contemplations during the course of one's daily meditations (but he that shall endure unto the end, the same shall be saved).

Now, it is only after all of such notional mayhem and all of such emotional mayhem has ended that the adverse physiological and psychological symptoms of your spiritual re-awakening will have



abated and that you will begin to experience what can be referred to as the minimum level of your spiritual wellbeing.

And this gospel (good message) of how to start re-experiencing the highest kingdom of God will then gradually spread (be preached) throughout the inner world of your conscious and subconscious mind (in all the world) as a declaration of the Truth (for a witness) unto all of your notions (unto all nations). And then shall the end of the world come. Not as it is factually existing but as you are falsely believing it to exist. It is in that context and in no other context that you are to understand the true-to-Life significance of my second coming, i.e. as the dawning of your own innate Christ awareness that will then be all the more dispelling the spell of cosmic delusion from your mind”.

A Foreword to the Remainder of the Matt. 24:1-44 Verses

After having explained the generic process of one’s spiritual re-awakening, the Lord Jesus continued to convey:

- *at first what to do and what not to do during the process of one’s spiritual re-awakening*
- *then some of the progressive signs (indicators) that one is bound to become aware of during the process of one’s spiritual re-awakening*

Matt. 24:15-21

“When ye therefore shall see the abomination of desolation, spoken of by Daniel the prophet, stand in the holy place, (whoso readeth, let him understand). Then let them which be in Judea flee into the mountains. Let him which is on the housetop not come down to take any thing out of his house. Neither let him which is in the field return back to take his clothes. And woe unto them that are with child, and to them that give suck in those days! But pray ye that your flight be not in the winter, neither on the sabbath day: for then shall be great tribulation, such as was not since the beginning of the world to this time, no, nor ever shall be”

“After having made some reasonable spiritual progress, you will – even as Daniel the prophet – begin to recultivate a keen aversion to the sentiments of misery and emptiness (the abomination of desolation), which all still materialistically-minded persons are bound to experience at some time after having fulfilled an unwholesome desire. It is such always delayed sentiments of misery and emptiness that are occasioning so many people to again and again and again indulge themselves in the same kinds of morbid pleasures and to thusly become all the more enslaved / addicted to such iniquitous habits. Let those who are enslaved / addicted to such iniquities habits affix their predominant awareness to the heart chakra (stand in the holy place), which will then be experienced as if it were the epicentre of one’s spiritual feelings. For, with practice, you will then soon find all of the sentiments of misery and emptiness to flee and with them all of the selfish desires (altogether metaphorically referred to as ‘Judea’) that are prompting you to indulge yourself in such iniquitous habits. As such, let those who are still harbouring and nurturing such selfish desires (which be in the land of Judea) seek and find their refuge in the lofty domain of their heart chakra (flee into the mountains).



And let those who are spiritually somewhat more advanced, i.e. who are trying to then further elevate their predominant awareness via the throat chakra to the cranial chakra (the housetop), not lower that predominant awareness to partake of any unwholesome pleasures (not come down to take any thing out of his house). Neither let those who are spiritually even more advanced, who already managed to successfully reclaim the fullest extent of their Christ awareness (him which is in the field), not lower their predominant awareness (turn back) to savour any kind of mental attachment to any whichever delusive appearances / veils / cloaks (to take his clothes).

So always keep on reminding yourself of the fact that you are to successfully sublimate every worldly desire into the but one ultimate desire for God alone. Because, if you keep on conceiving and nurturing any lesser desires (are with child, give suck in those days), then the inherent miseries / woes thereof will still befall you (woe unto them). This practically means that you are to thenceforth keep on relating absolutely everything back to God. So as to ensure that you do not abandon (take flight of) your re-spiritualized awareness, neither during any temporary period of spiritual stagnation (pray ye that your flight be not in the winter) nor during any sabbath day³¹ (neither on the sabbath day). For if you succumb to the temptation to take such flight, then you will occasion yourself to experience even greater upheavals (great tribulation) than you theretofore experienced or will ever experience (such as was not since the beginning of the world³² to this time, no, nor ever shall be)".

Matt. 24:22

"And except those days should be shortened, there should no flesh be saved: but for the elect's sake those days shall be shortened"

"It is only when you greatly shorten the duration of that process of your spiritual re-awakening (except those days should be shortened), by way of your ongoing practice of all the basic and advanced methods of Truth, that you can prevent yourself from having to die a mortal death (lest no flesh should be saved)".

Special note

In this verse, the mentioning of 'there should no flesh be saved' does not apply to those who are already advanced in age and neither to those who are terminally ill. Yet such a ones should be comforted by the fact that they will be carrying forward to their next lifetime all of their psychological inclinations (such as the desire to re-spiritualize oneself) and all of their habitual tendencies (such as the daily habit of meditation).

Matt. 24:23-24

"Then if any man shall say unto you, Lo, here is Christ, or there; believe it not. For there shall arise false Christs, and false prophets, and [they] shall show great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect"

³¹ A knowingly committed wrongdoing during the sabbath day will have more dire consequences than an unknowingly committed wrongdoing during any other day of the week.

³² Here referring to the first time that one allowed oneself to be misled and deceived by the spell of cosmic delusion.



“If, during the aforementioned notional conflicts, any false notion is suggesting any other false notion to be real and true (shall say unto you, Lo, here is Christ, or there), believe it not. For many such false notions – the persistent ones and the very persistent ones being metaphorically referred to as false prophets and false Christs – will be trying to convince you that you are already experiencing all of the signs and all of the wonders of your spiritual edification (they shall show great signs and wonders). Which is why, as mentioned on a previous occasion, you are to at all times remain extremely vigilant during all of your meditation sessions. And especially so after you have already made some significant progress. By reason that the deceptiveness of the suggestions proffered by such false prophets and Christs can be so subtle that you might still succumb to their treacheries if not most profoundly understanding every factual aspect of the science of Life (insomuch that, if it were possible, they shall deceive the very elect)”.

Special note

These verses are also implicitly cautioning one to never engage in any kind of personality worship by reason that the individuality of one’s innate Christ awareness is vastly greater than the personality of any whichever person. Hence that no bona fide spiritual master will ever limit the awareness of his / her disciples to his / her own personality but will always assist them to progressively re-expand their awareness to the infinitude of God.

Matt. 24:25-27

“Behold, I have told you before. Wherefore if they shall say unto you, Behold, he is in the desert; go not forth: behold, he is in the secret chambers; believe it not. For as the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be”

“Let me strongly emphasise these important truths. If your false notions are suggesting your Christ awareness to be in some forsaken place (in the desert), then do not go there; or in some hidden quarters (in secret chambers), then believe it not. For your Christ awareness will eventually make itself known by the inner sensations of light that you are bound to acutely experience whilst intently focusing your attention on the single / spiritual eye. All of which light energies will then appear to be streaming forth to you from that single / spiritual eye (that shineth unto the west) yet all of which are actually dawning upon you from your medulla oblongata (cometh out of the east)”.

Special notes

- *The term ‘the spiritual west’ is to therefore be understood to refer to the direction wherefrom one’s spiritual enlightenment appears to be proceeding (i.e. from the single / spiritual eye) while the term ‘the spiritual east’ is to be understood to refer to the direction wherefrom one’s spiritual enlightenment is actually proceeding (i.e. from the medulla oblongata).*
- *Hence that only the clearest discernment of the opal-blue disk of one’s single / spiritual eye is to be acknowledged as the incontestable proof of the second coming of Christ within oneself (the coming of the Son of man).*

Matt. 24:28

“For wheresoever the carcass is, there will the eagles be gathered together”

“Let us now consider the impact of your everyday desires on the unfoldment of your spiritual re-



awakening:

All of your desires can be broadly categorized into all of your earthly desires and all of your angelic desires and all of your archangelic desires and all of your spiritual desires. The first three of which thusly being – from a human perspective – all of one's sensorial desires and all of one's emotional desires and all of one's intellectual desires. Especially what such intellectual desires are concerned, make sure to at all times maintain a clear distinction between your human intellect and your spiritual wisdom. For your human intellect is only the extent whereto you are capable of conceiving God's thought energies while your spiritual wisdom is the far more important extent whereto you are capable of correctly configuring such thought energies into the right kinds of notions. Thusly explaining why some people, such as all con-artists for instance, are known to be highly intelligent but devoid of almost all spiritual wisdom.

It is only by way of you appraising the either righteousness or unrighteousness of your every sensorial and emotional and intellectual desire that you will be able to determine whether or not you are actually living a spiritual lifestyle.

In that regard, it can be said that 'For wheresoever the carcass is, there will the eagles be gathered together'. By reason that, from the perspective of a materialistically-minded person:

- i) every worldly object will appear to be a dead object (an object that is not alive) and that can thusly be metaphorically likened unto a carcass*
- ii) while the sharp foci of his / her attention on any such seemingly valuable carcass (such as an expensive piece of jewellery or a fancy cellphone) can then be metaphorically likened unto eagles*

As such, the important lesson to be learned from that metaphor is that, instead of one to focus one's attention on the delusive appearance of any worldly object, one is to focus one's attention only on That what it is actually consisting of: the mental powers and the substantive essence of God".

Matt. 24:29-31

"Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken. And then shall appear the sign of the Son of man in heaven: and then shall all the tribes of the earth mourn, and they shall see the Son of man coming in the clouds of heaven with power and great glory. And he shall send his angels with a great sound of a trumpet, and they shall gather together his elect from the four winds, from one end of heaven to the other"

"Straightly after having sublimated all of your earthly and angelic and archangelic desires to the but one spiritual desire for God alone (immediately after the tribulation of those days), you will:

- i) no longer be harbouring and nurturing any worldly desires*

For it will then be re-acknowledged that they can never yield any permanent joys but only transitory pleasures. Therefore, when now metaphorically likening all of the allures / lustres / brilliancies of all such worldly sensorial and emotional and intellectual desires unto – respectively – the brighter light of the sun and the weaker light of the moon and the faint light of the stars, then it can be stated that:



When all of their brilliancies will have faded, then the sun shall be darkened and the moon shall not give her light and all of the stars will have fallen from heaven.

ii) *feel strongly compelled to all the more profoundly meditate*

For it is during such meditations that you will then become all the more acutely aware of the lively / oscillatory nature of all the heavenly intermediate energies in your human body (the powers of the heavens shall be shaken). And thusly also of your true status as the Son of man (then shall appear the sign of the Son of man in heaven)

As such, it is only when the Son of man begins to powerfully (with power) and magnificently (with great glory) burst through the dark regions of your subconscious mind into your conscious mind (coming in the clouds of heaven) that all of your remaining materialistic notions (the tribes of the earth) will be repenting themselves (mourn).

And, when you keep on profoundly meditating each and every day, then he (the Son of man) will be increasingly bestowing upon you his heavenly / angelic energies (send his angels). The reverberating sounds thereof then resembling the great sound of a trumpet. It is these heavenly / angelic energies that will then be increasingly re-vitalizing / re-energizing all of your bodily cells until such time that they are no longer in need of any external energies. Thusly enabling you to at least temporarily experience a state of suspended animation ³³. And the Son of man will then also assist you to withdraw all of the surplus energies from your bodily cells (to gather together his elect from the four winds / quarters of the body, from the one end of heaven) towards and into your medulla oblongata (the other end of heaven) ³⁴”.

Matt. 24:32-33

“Now learn a parable of the fig tree; When his branch is yet tender, and putteth forth leaves, ye know that summer is nigh: So likewise ye, when ye shall see all these things, know that it is near, even at the doors”

“The way wherein God, in His capacity as a fig tree, is growing new leaves on its tender branches at the advent of summer can be likened to the way wherein God, in His capacity as one’s spiritual soul, is bestowing upon one’s human ego all kinds of intuitive understandings during the course of one’s spiritual re-awakening.

Therefore, if you are not yet experiencing the blissful feelings of God, then know that you are still living your life in the wintry milieu of cosmic delusion. But, if you are already experiencing such blissful feelings, then know that your spiritual salvation is near.

As such, learn to acknowledge the fact that there is no other way to effectuate your spiritual re-awakening than to introspectively elevate your predominant awareness through the seven portals (doors) of your seven cerebrospinal chakras to your medulla oblongata (when ye shall see all these things, know that it is near, even at the doors)”.

³³ *The first prerequisite for one to regain one’s Cosmic awareness*

³⁴ *The second prerequisite for one to regain one’s Cosmic awareness*



Matt. 24:34-36

“Verily I say unto you, This generation shall not pass, till all these things be fulfilled. Heaven and earth shall pass away, but my words [the truths I am telling you] shall not pass away. But of that day and hour knoweth no man, no, not the angels of heaven, but my Father only”

“Verily I say unto you that the whole of creation (this generation / creation of God) shall not pass away until such time that its ultimate purpose has been fulfilled (till all these things be fulfilled). This practically means that God is allowing all of His electromagnetic energies to extremely slowly convert themselves back into His potential energies (heaven and earth shall pass away, but all of the truths thereof shall not pass away). As to when exactly that entire creation will have been dissolved, no ordinary human being and no ordinary angelic being can ever know. For that is only known to God in His capacity as the Father (i.e. in His capacity as all of the modified and unmodified thought energies of creation)”.

Matt. 24:37-44

“But as the days of nōē [Noah] were, so shall also the coming of the Son of man be. For as in the days that were before the flood they were eating and drinking, marrying and giving in marriage, until the day that nōē [Noah] entered into the ark, and knew not until the flood came, and took them all away; so shall also the coming of the Son of man be. Then shall two be in the field; the one shall be taken, and the other left. Two women shall be grinding at the mill; the one shall be taken, and the other left. Watch therefore: for ye know not what hour your Lord doth come. But know this, that if the goodman of the house had known in what watch the thief would come, he would have watched, and would not have suffered his house to be broken up. Therefore be ye also ready: for in such an hour as ye think not the Son of man cometh”

“Now, let me first remind you of the mythological events that are altogether comprising the story of Noah’s flood and only then convey the metaphorical significances of all such events within the context of your own spiritual re-awakening (i.e. within the context of the coming of the Son of man).

The story of Noah’s flood, as narrated by Moses, is basically recounting that, excepting for Noah and his kindred, the people at that time deemed their materialistic experiences to be of far greater importance than their spiritual experiences and thusly kept on foolishly delaying their spiritual growth. That is, they not only foolishly continued to indulge themselves in all kinds of unrighteous activities (allegorically referred to as them eating and drinking) but they also foolishly continued to espouse all kinds of bad habits (allegorically referred to as them marrying and giving in marriage). So, when Noah began to build the ark, all of such materialistically-minded people considered him to be a madman because of him suggesting that there would soon occur a huge flood wherein all of those who refused to join him in the ark would surely perish. Whereafter that huge flood is said to have occurred, with only Noah and his kindred surviving that flood.

The true-to-Life significance of that biblical story of Noah’s flood, as applicable to your own spiritual re-awakening, can be relayed as follows:

- *Noah himself and his kindred serve to collectively represent that portion of your ego that has already been re-spiritualized. While the materialistically-minded people serve to collectively*



represent that portion of your ego that has not yet been re-spiritualized.

- *The flooding of the earth serves to represent the progressively stronger and stronger inflow of God's heavenly energywaves into your earthly body, i.e. from your medulla oblongata through your seven cerebrospinal chakras into all of your bodily cells. That inflow at first consisting of but a mere trickle of such energywaves but then steadily escalating into a mighty deluge (even as Noah's flood).*
- *The ark serves to represent the safe haven of your human heart wherein you are to preserve the integrity of every archetypical pair of human qualities. That is, of all those 'male' and 'female' qualities wherewith you are to maintain a perfect balance between your spiritual wisdom and your spiritual love.*

Therefore, as and when you start to live an all the more spiritual lifestyle, then such will quite naturally result in the ongoing purification of as well your body as your mind. Thusly rendering them all the more fit for an ever greater inflow of God's heavenly energies (for the coming of the Son of man). During which purification processes all bodily diseases and all mental disorders will be gradually purged from your body and from your mind.

But if you contrarily insist on maintaining a materialistic lifestyle, then that can only result in you then contaminating your body and your mind with all the more impurities. Thusly rendering your body and your mind all the more unfit for the inflow of God's heavenly energies (for the coming of the Son of man). During which contamination processes all of your bodily diseases and all of your mental disorders are bound to steadily worsen until such time that you are forced to die a premature mortal death.

As such, those having diligently prepared their human hearts for the inflow of such heavenly energies will – even as Noah and his kindred built and prepared the ark – only experience the mild adverse symptoms of their spiritual re-awakening (they will survive that flood). But those who did not prepare their human hearts for the inflow of such heavenly energies will – even as the materialistically-minded people in the story – perish because of them then having to experience the very severe adverse symptoms of their spiritual re-awakening (they will not survive that flood). In which case, they can then be said to be steadily receiving an overdose of the otherwise beneficial 'medicines' of God, which is bound to result in the gradual collapsing of their vital organs until they are forced to die a mortal death.

From an overall perspective then, these two kinds of human beings (those who are still materialistically-minded and those who are spiritually-minded) will be differently affected by the coming of the Son of man. Because, although the awareness of both of them is intrinsically linked to their innate Christ awareness (two be in the field), the materialistically-minded ones will be forced to die a premature mortal death (the one shall be taken) while the spiritually-minded ones will only be subjected to the mild adverse symptoms of their spiritual re-awakening (the other shall be left).

Or to convey these same truths in a different way. Because of these two kinds of people then differently arousing within themselves their archetypically feminine emotions (two women shall be grinding at the mill):



- *the materialistically-minded ones will tend to die sooner than the spiritually-minded ones (the one shall be taken), because of them then often energetically arousing within themselves the wrong kinds of emotions*
- *the spiritually-minded ones will tend to live longer than the materialistically-minded ones (the other shall be left), because of them then no longer arousing within themselves the wrong kinds of emotions*

Therefore, by reason that you cannot predict exactly when and how the process of your spiritual re-awakening will be unfolding itself (for in such an hour as ye think not the Son of man cometh), the best strategy in life is to all the more re-spiritualize each and every aspect of your everyday lifestyle. Lest you will have to experience the severe instead of the mild adverse physiological symptoms of your spiritual re-awakening (your bodily temple / house to then be ravaged / broken up by the intrusive coming of the Son of man)".

The Overall Significance of Matt. 24:1-44 can therefore be relayed as follows:

The more spiritual one's everyday lifestyle, the more one will be restoring the harmonious flow of God's heavenly energies from one's medulla oblongata through one's seven cerebrospinal chakras into all of one's bodily cells. Whilst those who are opting to continue living a materialistic lifestyle instead of a spiritual lifestyle should know for sure that they are then bound to experience a very prolonged and often very traumatic process of their spiritual re-awakening (i.e. of the coming of the Son of man).

- ❖ *"And no man hath ascended up to heaven, but he that came down from heaven, even the Son of man which is in heaven" (John 3:13)*

Whenever a spiritual soul becomes entirely disembodied, then it is perfectly capable of instantaneously transmigrating itself across the spiritual substance / essence of God. Such as from the angelic region to the human region at the time of one's human conception and such as from the human region to the angelic region at the time of one's mortal death.

What all human beings are concerned, that repetitive cycle of being humanly conceived and humanly dying is known to all Buddhist and Hindu followers as the revolving wheel of reincarnation in the sense that one will have to again and again and again reincarnate in the human region of creation until such time that one has relinquished all of one's earthly desires.

In subsection 2.1.4 of Chapter 1 (One's Spiritual Initiation), it was mentioned that the subphrase 'even the Son of man which is in heaven' can be understood to mean that the Lord Jesus never lost the awareness of all earthly subatomic particles to actually consist of heavenly electromagnetic energies. However, now that the concept of the Son of man has been duly explained, that subphrase is to now be understood to mean that one is also innately capable of regaining that very same Christ awareness.

- ❖ *"The people answered him, We have heard out of the law that Christ abideth forever: and how sayest thou, The Son of man must be lifted up? Who is this Son of man? Then Jesus said unto them, Yet a little while is the light with you. Walk while ye have the light, lest darkness come upon you: for he that walketh in darkness knoweth not whither he goeth. While ye have light, believe in the light, that ye may be the children of light" (John 12:34-36).*



From these verses can be surmised that the Lord Jesus was actually referring to his universal Christ awareness, which is also one's own universal Christ awareness. As such, if one is to reclaim that universal Christ awareness, then one will have to re-spiritualize (spiritually uplift) each and every aspect of one's human ego (to uplift the Son of man) until one be fully enlightened (that ye may be the children of light).

- ❖ *“And every one that hath forsaken houses, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my name's sake, shall receive a hundredfold, and shall inherit everlasting life” (Matt. 19:29)*

This verse is often being misinterpreted by those who are claiming to be spiritually-minded but who are in fact still very materialistically-minded. Such as by those cult leaders who are ordering their followers to at first forsake their family ties and to then forsake all of their worldly possessions (i.e. so as to defraud them of their worldly possessions). On the contrary, there are many verses in the Holy Bible that are encouraging one to recultivate and to maintain a strong family spirit. And it would of course also be contrary to one's spiritual growth if one were to divest oneself of those possessions that one is genuinely in need of (such as, to mention but two typical examples thereof, a modest house and a modest car).

As such, that verse does not mean that one is to forsake one's family members and neither that one is to forsake any of one's necessary worldly possessions but it does mean that one is to forsake all of one's mental attachments to all of their delusive appearances. This practically means that, instead of one to focus one's attention on their outer appearances, one is to focus one's attention on their spiritual Essence, which one will then find to be the very same spiritual Essence in all worldly objects and in all worldly subjects (ye shall receive a hundredfold of them).

As such, to start adopting that exclusively spiritual outlook on Life is an absolutely prerequisite if one is to ensure one's spiritual salvation (and ye shall inherit everlasting life).

- ❖ *“Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. For my flesh is meat [food] indeed, and my blood is drink indeed. He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him” (John 6:54-56)*

After having re-expanded his human awareness via his Holy Ghost awareness to his Christ awareness, the Lord Jesus knew his then universal body to actually consist of all the lively subatomic particles in creation (his flesh) and of all the lively intermediate energies in creation (his blood). As biblically endorsed by the verse “All power is given unto me in heaven and in earth” (Matt. 28:18).

This practically means that:

- *the true meaning of one 'eating the body of Christ' is to all the more re-identify oneself with all of the seemingly-solid subatomic particles in creation (for my flesh is food indeed) until one has regained the fullest extent of one's Holy Ghost awareness (which is an integral part of one's Christ awareness)*
- *the true meaning of one 'drinking the blood of Christ' is to all the more re-identify oneself with all of the seemingly-liquid intermediate energywaves in creation (and my blood is drink indeed) until one has regained the fullest extent of one's Christ awareness*

This in turn practically means that one will then have to meditatively elevate one's predominant awareness in the cerebrospinal axis at first to the heart chakra (the seat of one's Holy Ghost awareness) and then to the cranial chakra (the seat of one's Christ awareness). For it is only by means of these two



consecutive spiritual ascensions (I will raise him up at the last day) that one can ever come to re-experience – even as the Lord Jesus did – the fullest extent of one's Christ awareness

This being the true meaning of the phrase 'he that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him).

Wherefrom can be further surmised that, until one has learned to realistically understand what it actually means 'to eat the body of Christ' and 'to drink the blood of Christ', then there are no spiritual benefits to be gained from any ritualistically performed eucharistic sacrament.

- ❖ "All things are delivered unto me of my Father: and no man knoweth the Son, but the Father; neither knoweth any man the Father, save the Son, and he to whomsoever the Son will reveal him" (Matt. 11:27)

This verse is clearly confirming the fact that one's innate Christ awareness (the Son) is an integral part of one's innate Cosmic awareness (the Father).

- ❖ "Suppose ye that I am come to give peace on earth? I tell you, Nay; but rather division: For from henceforth there shall be five in one house divided, three against two, and two against three. The father shall be divided against the son, and the son against the father; the mother against the daughter, and the daughter against the mother; the mother in law against her daughter in law, and the daughter in law against her mother in law" (Luke 12:51-53)

These verses serve to allegorically convey the metaphysical nature of creation. As such, the term 'divided against one another' does not mean 'in conflict with one another' but 'differently appearing to one another'. By reason that:

- the 'father' and the 'son' serve to represent the two causative (relatively more masculine) kinds of forces in creation, i.e. all of the electric and all of the therewith affiliated magnetic forces in creation
- the 'mother' and 'daughter' and 'daughter in law' serve to represent all of the resultant (i.e. relatively more feminine) electromagnetic energies in creation:
 - i) all subtlest 'motherly' thought energies
 - ii) all relatively less subtle 'daughterly' intermediate energies
 - iii) all relatively least subtle 'daughter-in-law-like' subatomic energies

As can in fact also be surmised from the verse "The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened" (Matt. 13:33).

Hence that, because of all these forces and energies being of the same household but appearing to be different to one another (there shall be five in one house divided), it can be said that all of such 'feminine' energies ('masculine' forces) and 'masculine' forces ('feminine' energies) are three against two (two against three).

- ❖ "But the hour cometh, and now is, when the true worshipers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him" (John 4:23)

To worship the Father in spirit requires one to re-acknowledge His substantive essence (spirit) and to worship the Father in truth requires one to re-acknowledge His true energetic nature (all of the modified and unmodified thought energies of creation).



- ❖ *“Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise” (John 5:19)*

Although the true meaning of this verse has already been conveyed in the commentary on John 14:26, let it nevertheless be emphasized that with this statement the Lord Jesus endorsed the fact that the intermediate energies of God are the strengthened thought energies of God. And that, as such, the existence of God in His capacity as the Son is actually consequential to the existence of God in His capacity as the Father.

- ❖ *“For the Father judgeth no man, but hath committed all judgment unto the Son” (John 5:22) and “Ye judge after the flesh; I judge no man” (John 8:15)*

Neither in His aspect as the Father nor as the Son nor as the Holy Ghost does God ever pass any judgment upon any man, ever punishes any man, ever commits even the slightest cruelty against any man. As such, whosoever chooses to wittingly or unwittingly engage in the wrong kinds of activities – i.e. to misapply the righteous operation of God’s cosmic law of cause and effect – is thereby condemning himself / herself to personally experience all of the consequences of such wrongdoings.

Hence that, as already mentioned on a previous occasion, the so-called ‘wrath of God’ is not referring to any vindictiveness of God but is actually referring to His righteousness as exacted by the ever-righteous operation of His cosmic law of cause and effect.

- ❖ *“No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day” (John 6:44)*

Every aspect of one’s spiritual growth is being triggered by the notional inspirations that God in His capacity as the Father is bestowing upon one’s human ego (no man can come to me, except the Father which has sent me draw him). It is such notional inspirations and the associated intuitive revelations that are then enabling one to elevate (raise) one’s predominant awareness in the cerebrospinal axis towards one’s medulla oblongata (and I will raise him up at the last day).

- ❖ *“Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by [through] me” (John 14:6)*

One cannot regain one’s Cosmic awareness unless one first regains one’s Christ awareness (no man cometh unto the Father, but through me) and one cannot regain one’s Christ awareness unless one first regains one’s Holy Ghost awareness. Thusly requiring one to first elevate one’s predominant awareness in the cerebrospinal axis to the heart chakra (the seat of one’s Holy Ghost awareness) and then to the cranial chakra (the seat of one’s Christ awareness) and then to the medulla chakra (the seat of one’s Cosmic awareness).

- ❖ *“Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? He that hath seen me hath seen the Father; and how sayest thou then, Show us the Father?” (John 14:9)*

At that time, Philip was still failing to understand that all of the intermediate energies of God are in fact the strengthened thought energies of God. And he was also still failing to understand the important difference



between the human personality of the Lord Jesus (the man Jesus) and the divine individuality of the Lord Jesus (the universal Christ).

- ❖ *“A little while, and ye shall not see me: and again, a little while, and ye shall see me, because I go to the Father” (John 16:16)*

As already mentioned in the commentary on Acts 1:2, the Lord Jesus clearly noticed that his disciples were becoming too emotionally attached to his human personality and that they were, as such, starting to neglect their daily meditations. Which is why he decided to withdraw his human personality from them (a little while and ye shall not see me) by way of him at first regaining the fullest extent of his Cosmic awareness (to spiritually ascend to his Father) and by way of him then energetically de-materializing his human body. Thusly prompting his disciples to resume all of the meditative efforts wherewith they were to regain at first the fullest extent of their Holy Ghost awareness and then of their Christ awareness and then of their Cosmic awareness (and again, a little while, and ye shall see me).

Special note

In his Book of Revelation, Saint John recorded the vast array of spiritual experiences that he himself encountered during the process of his spiritual re-awakening. The true-to-Life significance of every verse thereof being duly conveyed in the fifth chapter of these teachings (The Spiritual Ascent of Man).

- ❖ *“These things have I spoken unto you in proverbs: but the time cometh, when I shall no more speak unto you in proverbs, but I shall show you plainly of the Father” (John 16:25)*

These words, spoken by the Lord Jesus about 2,000 years ago from the perspective of his universal Christ awareness, serve to relay the promise that those who are appropriately preparing themselves to receive the Truth (the time cometh) will be taught that Truth no longer in proverbial terms but in factual terms (I shall show you plainly of the Father).





An Overview of the Contents of the Fourth Chapter

The next chapter of these teachings at first explains how one is to regain the remembrance of one's true spirituality³⁵. It then conveys the true-to-Life significance of every parable of the Lord Jesus, which will enable one to assess whether or not one is actually living a spiritual lifestyle. And it lastly conveys the scientific mod operandi of all so-called spiritual miracles, as the means for one to re-acknowledge the fact that one is also capable of performing such miracles³⁶.

Part I: How to Remember Your Divine Status

1. The Factual Truths about Oneself

1.1. The True Origin of One's Spirit

1.2. The True Origin of One's Awareness

1.3. One's Three Cognitive Modes of Awareness

1.4. The Correlation between One's Common Sense and One's Spiritual Sense

1.5. The True Origin of One's Mind

1.6. The True Origin of One's Will

1.7. The True Origin of One's Spiritual Feelings and Mental Sentiments

1.8. The True Origin of One's Conceptual Notions

1.9. The True Origin of One's Energetic Emotions

1.10. The True Origin of One's Sensorial Experiences

1.11. The Truth about One's Freedom of Choice

1.12. The Truths Pertaining to One's Human Body

1.13. The Experience of Pain is the Acute Discernment of the Sentiment of Fear

1.14. The Fundamental Difference between One's Mind and One's Brain

1.15. One's Seven Cerebrospinal Levels of Awareness

1.16. Some Notions Pertaining to the Science of Astrology

2. How to Recultivate One's Spiritual Desires

³⁵ One's need thereto being biblically relayed by the verse, "But he [Jesus] turned, and rebuked them [his disciples James and John], and said, Ye know not what manner of spirit ye are of" (Luke 9:55).

³⁶ One's innate capability thereto is biblically endorsed by the verse "Verily, verily, I [Jesus] say unto you, He that believeth on me [referring to his Christ awareness, which is also one's own innate Christ awareness], the works that I do [inclusive of the performance of miracles] shall he do also; and [even] greater works than these shall he do; because I go unto my Father" (John 14:12).



2.1. The Importance of Maintaining the Right Kinds of Desires

2.1.1. The True Origin of One's Desires

2.1.2. How One Is Shaping One's Destiny

2.1.3. The Conventional Classification of One's Desires

2.1.4. How to Assess the Righteousness or Unrighteousness of One's Desires

2.1.5. The Correlation between One's Everyday Desires and One's Everyday Behaviours

2.1.6. How to Manage and Control One's Desires

2.1.7. The Classifications of One's Spiritual Feelings and Mental Sentiments

2.1.8. The Sentimental Moods of Man

2.1.9. A Noteworthy Analogy

2.1.10. One's True Purpose in Life

2.2. The Magnetic Fields of One's Notional and Emotional Energies

3. The Transmigration of Souls across the Vastness of Creation

3.1. Why the Concept of Reincarnation is no longer a Christian Doctrine

3.2. The Modi Operandi of a Spiritual Transmigration

3.3. The True Purpose of One's Reincarnations

3.4. The Correlation between One's Worldly Desires and One's Recurring Incarnations

3.5. The Spiritual Truths Pertaining to Every Human Conception

3.6. The Spiritual Truths Pertaining to Every Human Death

3.7. The Spiritual Significance of the Last Rites

3.8. The Truth about Ghosts

Part II: The Metaphorical Significances of the Parables of the Lord Jesus

4. The True Purpose of the Parables of the Lord Jesus

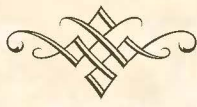
5. The Parables Peculiar to the Gospel of Matthew

6. The Parables Peculiar to the Gospel of Mark

7. The Parables Peculiar to the Gospel of Luke

8. The Parables Peculiar to the Gospel of John

9. The Parables Common to the Gospels of Matthew and Luke



10. The Parables Common to the Gospels of Matthew and Mark and Luke

Part III: The Scientific Modi Operandi of Spiritual Miracles

11. One's Innate Capability to Perform Miracles

12. The Various Definitions of a Miracle

13. The Basic Modi Operandi of Exoteric Miracles

14. The Basic Modi Operandi of Esoteric Miracles

15. The Categorization of Miracles in Terms of their Observed Outcome

15.1. Materializations and De-materializations

15.2. Metamorphoses

15.3. Exorcisms

15.4. Witchcraft

15.5. The Raising of the Dead

15.6. Faith Healings

15.7. Synchronicities

15.8. The Discernment of the Auras of a Sentient Being

16. How the Lord Jesus Performed His Miracles

16.1. The Various Definitions of the Word 'Master'

16.2. Some of the Miracles that the Lord Jesus Historically Performed

16.3. A Variety of Affiliated Notions

16.3.1. The Esoteric Relationship between the Lord Jesus and John the Baptist

16.3.2. To Emphasize the Difference between a Ritualistic Baptism and a Real Baptism

16.3.3. The Spiritual versus the Religious Practice of Christianity

16.3.4. The Truths Pertaining to the Unrecorded Years of the Lord Jesus

16.4. How to Understand the Metaphorical Significances of the Miracles of the Lord Jesus

17. One's Own Capability to Perform Supernatural Miracles

17.1. The Miracles that Were Historically Performed by the Disciples of the Lord Jesus

17.2. The Most Important Rule with respect to the Performance of Miracles

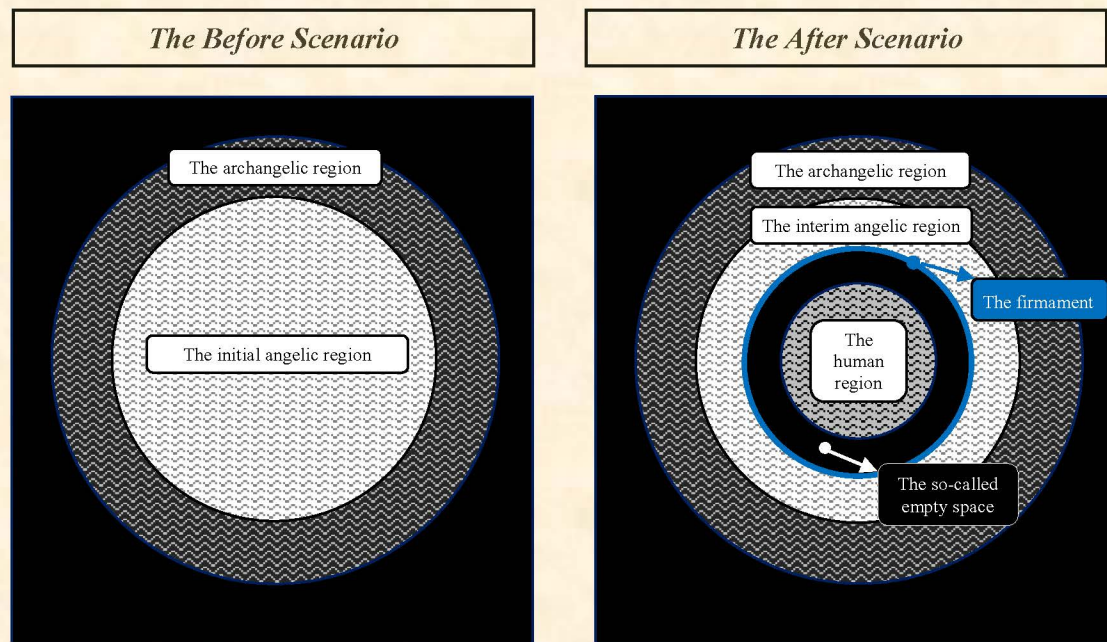


The Illustrations in Chapter 3

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<i>Figure 2: How a Variety of Electromagnetic Energies Can be Made to Manifest Themselves</i> <i>as a Globular Pulse Wave</i>	118
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The Before and After Scenario at that Particular Stage of Creation



Note that the above illustrations are not drawn to scale by reason that they are only intended to portray the relevant energetic changes.

The archangelic region was consisting of:

- Relatively-long radiowave energies (thought energies)

The initial angelic region was consisting of:

- Relatively-long radiowave energies (thought energies)
- Relatively-short radiowave energies
- Microwave energies
- Infrared energies
- 'Visible' light energies
- Ultraviolet light energies

The archangelic region is consisting of:

- Relatively-long radiowave energies (thought energies)

The interim angelic region is consisting of:

- Relatively-long radiowave energies (thought energies)
- Relatively-short radiowave energies
- Microwave energies
- Infrared energies
- 'Visible' light energies
- Ultraviolet light energies

The so-called empty space is no longer containing any electromagnetic energies

The human region is consisting of:

- Relatively-long radiowave energies (thought energies)
- Relatively-short radiowave energies
- Microwave energies
- Infrared energies
- 'Visible' light energies
- Ultraviolet light energies
- But not yet any X-ray and gamma ray energies

Specifically note that, at this particular stage of creation, all of the above electromagnetic energies were still uniformly dispersed throughout every respective region.

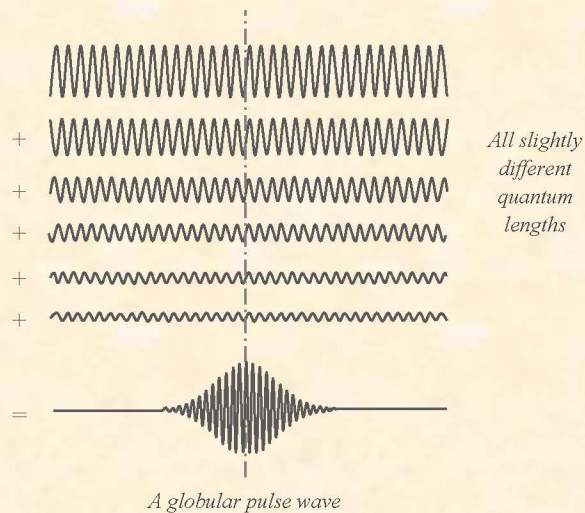
As such, there were three sequential stages to the establishment of the angelic region of creation:

- the initial angelic region (the above before scenario)
- the interim angelic region (the above after scenario)
- the final angelic region, i.e. in its present form as a holographically structured region (the practicalities whereof are soon conveyed under the subtitle 'How God Energetically Structured the Holographic Galaxies in the Angelic Region of Creation')

Figure 1

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How a Variety of Electromagnetic Energies Can be Made to Manifest Themselves as a Globular Pulse Wave



Special notes

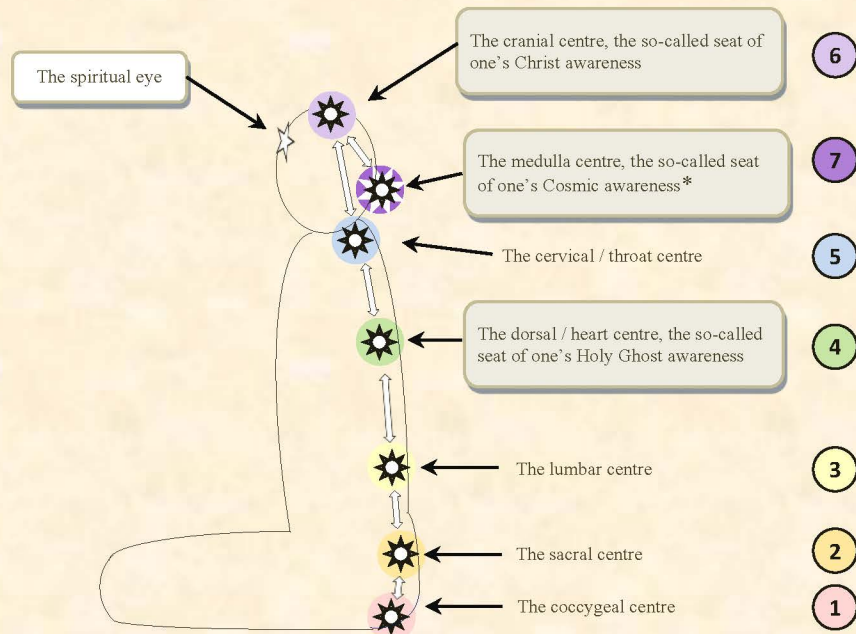
To form a globular pulse wave, several electromagnetic energies have to be combined that are:

- having nearly the same frequencies
- consisting of different magnetic energy contents
- phase-shifted in such a way that their amplitudes are strengthening one another in the required pulse wave area whilst cancelling each other out in all other areas

Figure 2

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The Vertical Alignment of the Seven Cerebrospinal Centres of Awareness

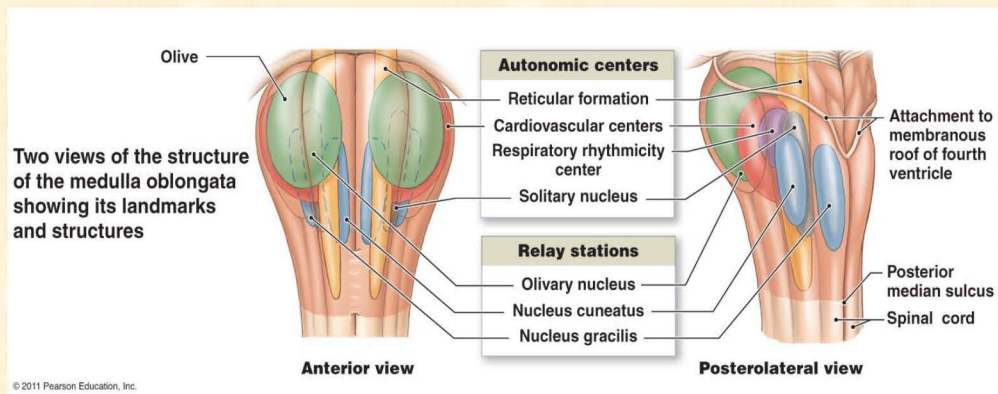


* Biblically referred to as the mouth of God in Man

Figure 3

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The Structural Composition of the Medulla Oblongata

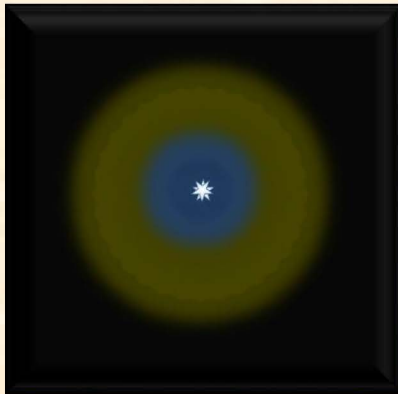


Note that the various descriptions in this illustration only serve to give one an overall idea of the structural composition of the medulla oblongata.

Figure 4

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The Semblance of the Spiritual Eye

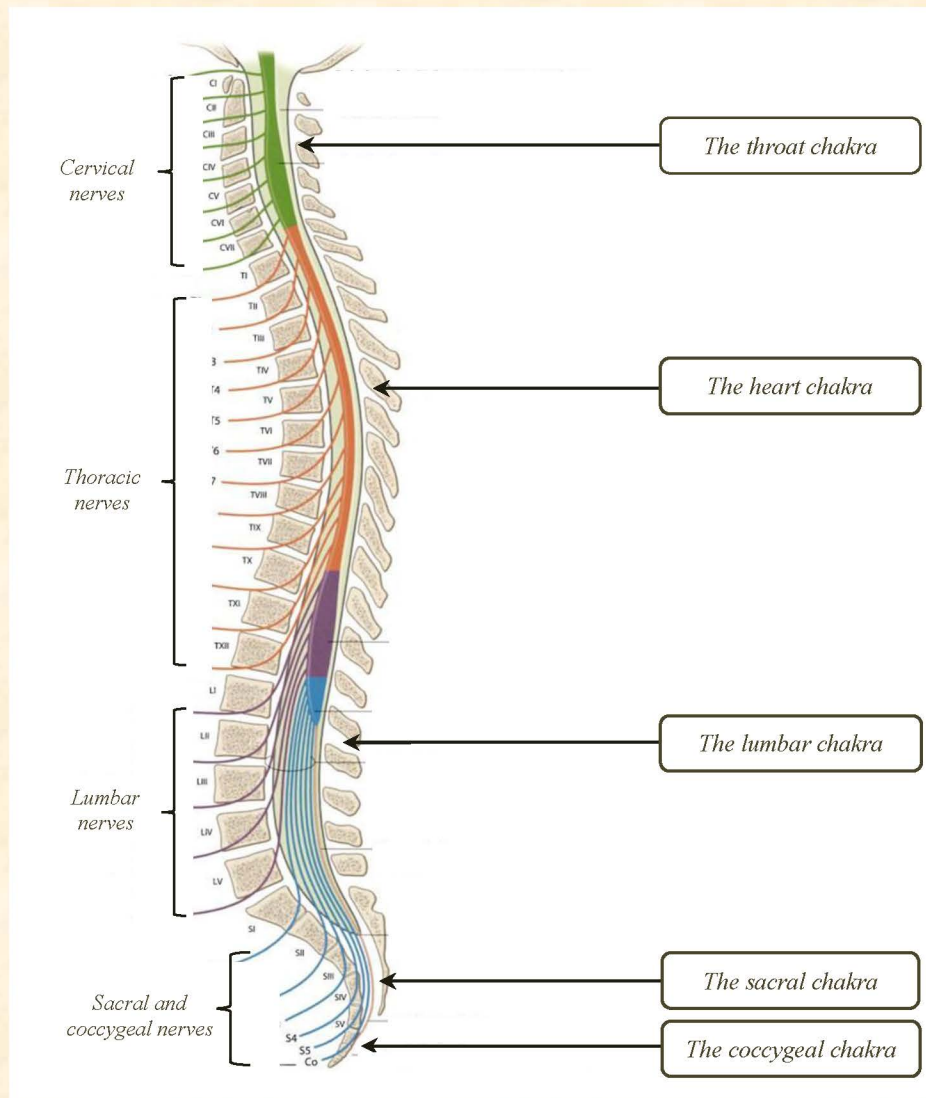


Note however that, depending on the current extent of one's spiritual growth, the overall appearance of that spiritual eye can significantly differ from the above illustration. That is, in the beginning, one might only be able to perceive a faint golden glow but which will then, during one's subsequent meditation sessions, become all the more transparent so as to reveal at first the blue disk and then the central white star.

Figure 5

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The Positioning of the Five Lower Chakras Along the Cerebrospinal Axis



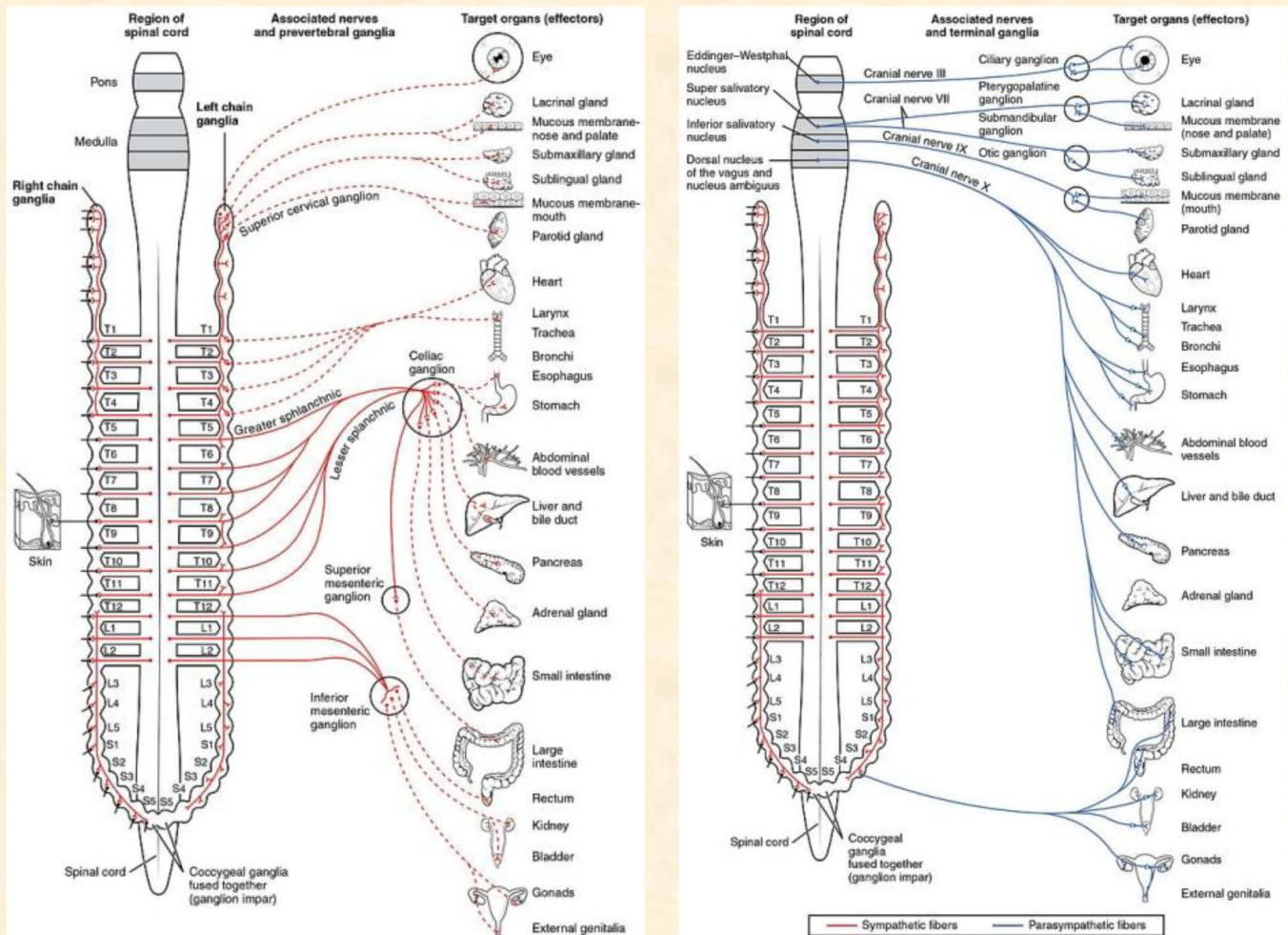
Special note

The introspective discernment of the energetic operation of a chakra is always appropriated to the extent whereto one elevated one's predominant level of awareness in the cerebrospinal axis towards that chakra.

Figure 6

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The Sympathetic and Parasympathetic Nervous System of Man



With respect to those images, note that the sympathetic nervous system can be defined as 'those portions of one's nervous system that are primarily under the control of one's human ego' while the parasympathetic nervous system can be defined as 'those portions of one's nervous system that are primarily under the control of one's spiritual soul'. Which is why they are respectively also known as the voluntary nervous system and the involuntary nervous system.

Figure 7

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The Four Streams of Energies Flowing from the Two Cerebral Hemispheres into the Five Lower Chakras



Legend

- 1 The stream of conventional energies
- 2 The stream of unconventional energies
- 3 A stream of positively (clockwise) polarized energies
- 4 A stream of negatively (anti-clockwise) polarized energies

Special note

The term 'polarized' needs to be understood in terms of how every electromagnetic energy can be circularly or elliptically polarized, as explained in subsection 4.2.5 in Chapter 2 (*The Principles of Truth*).

The relative positioning of the spinal cord and the two sympathetic nerve trunk ganglions (metaphysically also known as the ida ganglion and the pingala ganglion)

A more detailed view thereof at the dorsal vertebrae

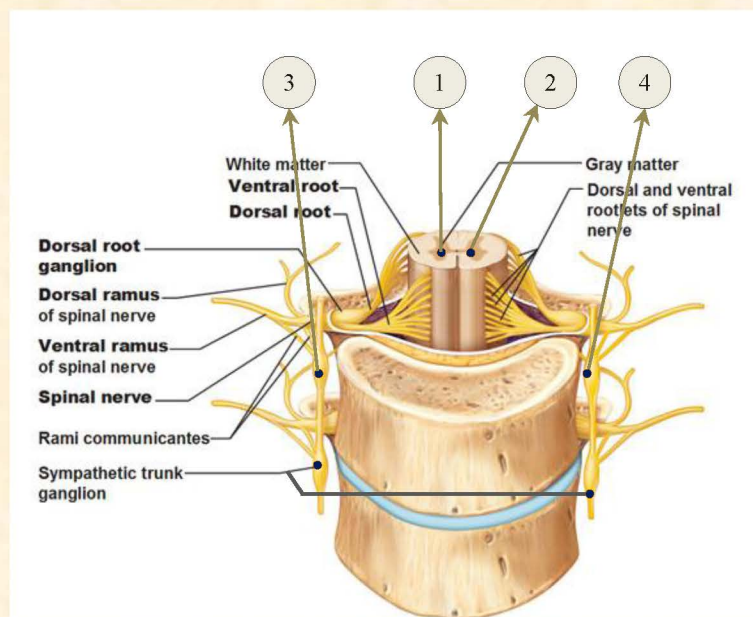


Figure 8

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The Flow of Energies into and out of the Spinal Cord

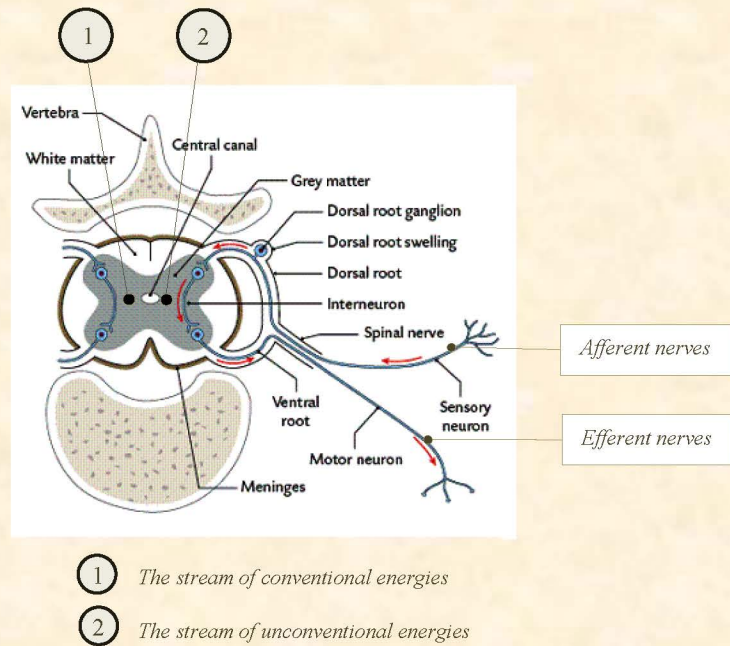
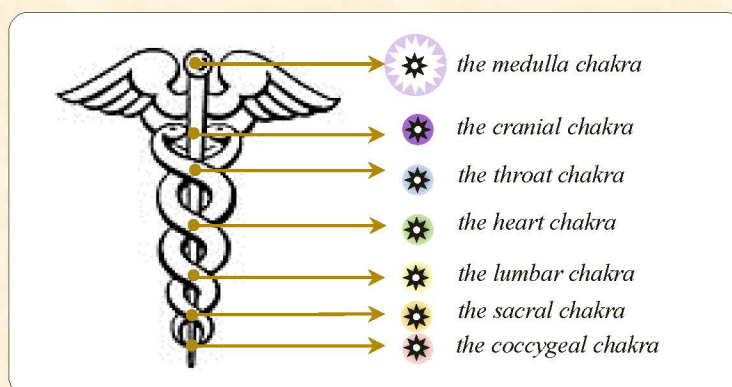


Figure 9

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The Symbolic Significance of the Caduceus Emblem



All in all, the Caduceus Emblem is portraying not only the relative positioning of one's seven chakras but also how they are energetically interacting with one another. That is:

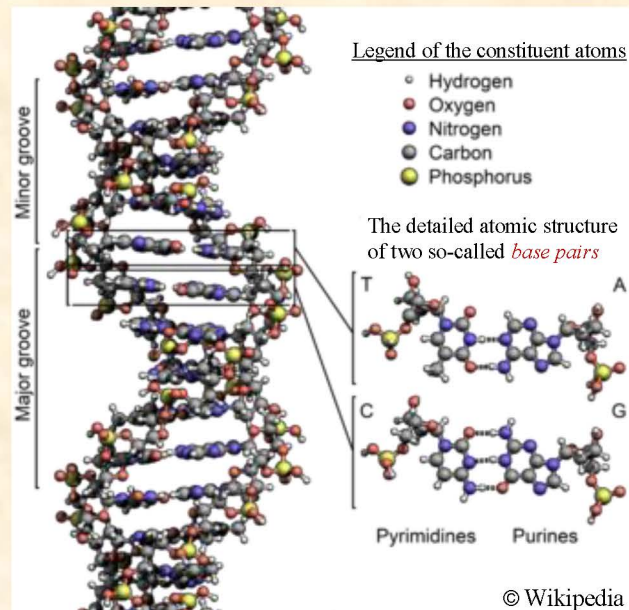
- 1) *The central staff serves to represent one's entire cerebrospinal axis (biblically referred to as 'the tree of Life').*
- 2) *The spherical knob on top of that vertical staff serves to represent one's medulla chakra, which is receiving its energies from one's medulla oblongata (not shown).*
- 3) *The two wings serve to represent the two main streams of energies (the conventional and unconventional energies) flowing from one's medulla oblongata (not shown) to and through one's seven chakras.*
- 4) *The two snakes (serpents) that are crisscrossing the chakras (from the coccygeal chakra all the way up to the cranial chakra) are meant to make one aware of the fact that:
For as long as one is still living under the spell of cosmic delusion (the serpent), then the energetic operations of one's six lower chakras are bound to remain corrupted / perverted to the extent that one is still living the wrong kind of lifestyle.*

Hence that, in the Book of Revelation, St John chose to refer to all of the fourfold streams of energies flowing through all of one's six lower chakras ($4 \times 6 = 24$) as 'the 24 elders sitting on the 24 seats'.

Figure 10

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An Extremely Tiny Fraction of a Typical DNA Molecule



Special note

Let the student be reminded of the fact that, unlike the above academic representation, every such DNA molecule is in reality invisible.

Figure 11

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The 'Constant Rate Scenario' of the Course of Natural Evolution

<i>The Estimated Timeframe</i>	<i>The Assumed Earliest Appearance of ...</i>	<i>Comments</i>
3.8 billion years ago	primordial bacteria	relatively less complicated unicellular organisms
3.5 billion years ago	primordial archaea	relatively more complicated unicellular organisms
3 billion years ago	photosynthesizing bacteria	oxygen-releasing bacteria
1.8 billion years ago	primordial eukaryotes	relatively even more complicated unicellular organisms
1.2 billion years ago	simple marine plants	the first multicellular organisms
580 million years ago	simple marine animals	
570 million years ago	arthropods	the ancestors of insects, arachnids, and crustaceans
560 million years ago	simple aquatic fungi	
550 million years ago	comb-jellies, sponges, corals, etc.	
500 million years ago	fish and proto-amphibians	
485 million years ago	the first vertebrates	such as the jawless species of fish
475 million years ago	the first land plants and fungi	
400 million years ago	the first insects and seeds	
360 million years ago	the first amphibians	
300 million years ago	the first reptiles	
225 million years ago	the first dinosaurs	
215 million years ago	the first mammals	
150 million years ago	the first birds	
130 million years ago	the first flowers	
60 million years ago	the first primates	
2.5 million years ago	the first hominid primates	
200,000 years ago	the first modern human beings	

Special note

The term 'hominid' is meant to refer to a primate that is morphologically resembling a human being (such as all present-day gorillas and chimpanzees).

Figure 12

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The Currently Assumed Lineage of all Human Beings

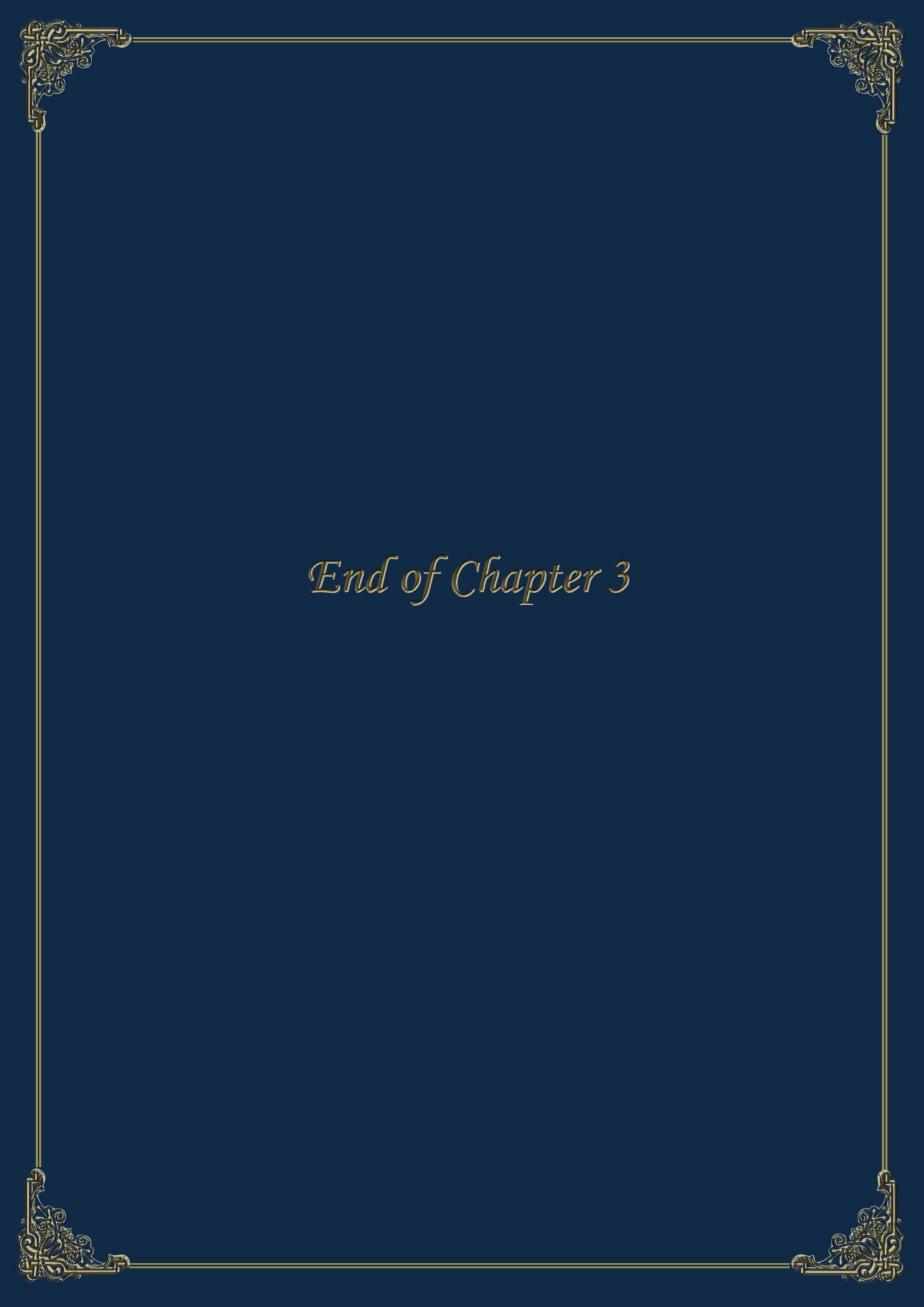
<i>The Estimated Timeframe</i>	<i>The Scientific Classification</i>	<i>Comments</i>
36-32 Ma	Genus: <i>Apidium</i>	<i>The oldest known types of monkeys, also known as 'the old world monkeys'</i>
ca. 33 Ma	Genus: <i>Aegyptopithecus</i>	<i>Assumed to have lived prior to the emergence of the so-called 'ape-like monkeys'</i>
27-14 Ma	Genus: <i>Proconsul</i>	<i>Various species of the 'ape-like monkeys'</i>
ca. 13 Ma	Genus: <i>Pierolapithecus</i>	<i>The earliest species of 'genuine apes' (in this context, not yet referred to as hominids)</i>
4.4-2.0 Ma	Genus: <i>Australopithecus</i>	<i>One specific species of this genus, known as <i>Australopithecus afarensis</i>, is assumed to have been the ancestor of the earliest hominids</i>
2.5-1.5 Ma	Species: <i>Homo habilis</i>	<i>Believed to have been the ancestors of all subsequent hominids</i>
2.0-1.0 Ma	Species: <i>Homo erectus</i>	<i>Might have evolved from <i>Homo habilis</i> and is currently assumed to have been the ancestor of Archaic <i>Homo sapiens</i></i>
500 Ka-recent	Species: <i>Archaic Homo sapiens</i> and <i>Homo sapiens</i>	<i>It is currently assumed that about half a million years ago the Archaic <i>Homo sapiens</i> species (including the Neanderthal and <i>Floresiensis</i> subspecies) must have somehow evolved from the <i>Homo erectus</i> species and that such Archaic <i>Homo sapiens</i> species must then have evolved into all modern-day human beings (<i>Homo sapiens</i>).</i>

Special notes

- The abbreviations 'Ma' and 'Ka' serve to respectively denote 'millions of years ago' and 'thousands of years ago'.
- The word 'genus' is defined as 'a taxonomic grouping of species that appear to have the same kinds of traits and / or qualities and / or features'.
- The term 'ape' is defined as 'a primate with a very short tail or no tail'.
- The prefix 'Homo' was assigned to the *Homo habilis* and the *Homo erectus* species because of their physiological features resembling the physiological features of a human being.
- The affix 'erectus' was assigned to the *Homo erectus* species because of their ability to walk upright but which erect posture is of course also a common feature amongst all modern-day primates.
- The student will have noted that there is a major discrepancy between these timeframes and the timeframes in Figure 12.

Figure 13

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End of Chapter 3